



&

**HALLELUJAH
SPORTS**

NO COST TO ATHLETE

SPORTS

CONDITIONING

NEXT LEVEL

PERFORMANCE

CAMP
9AM-3PM

SPORTS CONDITIONING CAMP
WITH RELATIONSHIP SKILLS COURSE

S.A.Q. & POWER

**SPEED AGILITY & QUICKNESS
& NUTRITION TRAINING**

JULY • AUG
18-22 01-05



FOR ATHLETES AGES 12-19 FROM ALL SPORTS & LEVELS

SIGN UP @ ETFCT.ORG

85 SKINNER RD • COLCHESTER, CT



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