

Conscious Discipline Workshop

Skill of Empathy for Dads

Tuesday, April 1st, 6:00 - 7:30 PM

Colchester Elementary School (CES) Conference Room
Free Childcare Available



**Accepting the upset
as it is, without the
need to change it.**

**Participants will gain an
understanding of how to
acknowledge their child's feelings
and perspectives, promoting
emotional connection and fostering
a safe and supportive environment
for problem-solving.**



**Growing
Stronger
Together**

Registration NOW open!
ColchesterC3.jumbula.com/#/caregiver-programs