



TVCCA SENIOR CAFÉ MENU ~ JUNE 2022








MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><u>TVCCA</u> Senior Nutrition Program 81 Stockhouse Road Bozrah, CT 06334 860-886-1720</p> <p>(24hr voice mail available)</p>		<p>1 Country Style Chicken Buttermilk Mashed Potatoes Mixed Vegetables Medley Sweet Treat Orange Juice</p>	<p>2 Whole Grain Fish Sticks Tater Tots Broccoli, Peppers, & Mushrooms Diced Pears</p> 	<p>3 <u>Ethnic Celebration</u> Latin Style Chopped Steak Spanish Rice Green Beans Fresh Orange</p> <p><u>Or Salad Choice:</u> Grilled Chicken Caesar Salad</p>
<p>6 Sloppy Joe w/ Bun Tater Tots Peas & Pearl Onions Mandarin Oranges</p> 	<p>7 Beef and Bean Chili Pasta Shells w/ Herbs Broccoli Fresh Fruit</p>	<p>8 Baked Cod w/ Lemon Dill Sauce Rice Pilaf Zucchini, Peas, & Carrots Applesauce Cup</p>	<p>9 Cheese Omelet Home Fries Mixed Vegetables Medley Mixed Fruit Cup</p>	<p>10 <u>Birthday Celebration</u> Creamy Chicken Dijon Herb Roasted Potatoes Squash Mix w/ Carrots & String Beans Birthday Treat Grape Juice</p> <p><u>Or Salad Choice:</u> Tuscan Beef Salad</p>
<p>13 Chicken Cacciatore Farfalle Pasta w/ Marinara Green & Waxed Beans Fresh Fruit</p>  <p>HAPPY FATHER'S DAY</p>	<p>14 Pork Sausage & Gravy Home Fries Mixed Vegetables Medley Applesauce Cup</p>	<p>15 <u>Something Old, Something New</u> Beef Tips w/ Mushroom Sauce Herb Roasted Potatoes Garden Salad, Cornbread White Chocolate Macademia Nut Cookies, Grape Juice Cost: \$9.00</p>	<p>16 Pesto Grilled Chicken Rice Pilaf Zucchini & Yellow Squash Mandarin Oranges</p> 	<p>17 Crispy Cod Macaroni & Cheese Broccoli Diced Pears</p> <p><u>Or Salad Choice:</u> Chef Salad</p>
<p>20 Western Omelet Sweet Potato Tate Tots Mixed Vegetable Medley Sweet Treat Orange Juice</p>	<p>21 Baked Cod w/ Herbs & Tomatoes Roasted Garlic Rice Zucchini Tropical Fruit Cup</p> 	<p>22 Stuffed Chicken w/ Broccoli & Cheese Parsley Potatoes Green Beans Fresh Orange</p>	<p>23 Swedish Meatballs Egg Noodles Corn w/ Onions & Peppers Applesauce Cup</p>	<p>24 BBQ Pulled Pork w/ Bun Baked Beans Peas & Carrots Diced Peaches</p> <p><u>Or Salad Choice:</u> Rhode Island Seafood Salad</p>
<p>27 Stuffed Shells w/ Marinara Lima Beans Carrot Coins Applesauce Cup</p>	<p>28 Salisbury Steak w/ Gravy Garlic Mashed Potatoes Green & Yellow Squash Sweet Treat Apple Juice</p>	<p>29 Beef Hot Dog w/ Bun Baked Beans Cauliflower, Carrots, & Snap Peas Mandarin Oranges</p>	<p>30 Italian Pork Sausage & Peppers Penne Pasta w/ marinara Zucchini Fresh Fruit</p> 	<p>1% milk and whole grain bread are served with each meal.</p> <p>Menu is subject to change without notice.</p>