



**Colchester Land Trust**

**P.O. Box 93 Colchester, CT 06415**

**ColchesterLandTrust.org** [info@colchesterlandtrust.org](mailto:info@colchesterlandtrust.org)

---

## **FOR IMMEDIATE RELEASE**

**Press Contact:** Liza Sivek, Marketing Outreach [lizasivek@gmail.com](mailto:lizasivek@gmail.com) or 203-278-5492

The Colchester Land Trust is hosting the following upcoming events. We hope to see you there! Please visit [ColchesterLandTrust.org](http://ColchesterLandTrust.org) for all details on upcoming 2025 events so far.

We also have an opportunity for business sponsorships for a big event in June!

### **A Trail of Two Cities - and post hike Gathering!**

**When:** Sunday, May 18<sup>th</sup> 9:00 AM to Noon

**Where:** Meet at Bulkeley Hill Preserve, Bulkeley Hill Road, Colchester

**Contact:** Liza Sivek [lizasivek@gmail.com](mailto:lizasivek@gmail.com) or text/call 203-278-5492

**Register:** <https://www.colchesterlandtrust.org/hikes-and-events>

Join board members Scott and Liza Sivek on Sunday May 18, 2025 as Scott takes you on two local trails. This hike will start at Bulkeley Hill Preserve, Colchester, covering all three miles of the trails. Then walk a mile on Bulkeley Hill Road and O'Connell Road into East Haddam. There, hike the two miles of trails at Hayward Reserve, an East Haddam town property with views of a horse farm.

Finally walk back to The Sivek's on Bulkeley Hill Road for a light lunch and informal discussion about the local trails and Land Trust efforts with other CLT board members and volunteers, or just to socialize. The gathering is optional and also open to non-hikers.

The total hike distance is approx. 6-7 miles including walking between properties. Approx. 2 hours on trails. The walk back to the Preserve lot from gathering is approx. a quarter mile.

Rain date 5/25. Registration is strongly recommended. All ages. Leashed dogs welcome.

CLT Members free / Non-members \$5 / All kids under 18 years old are free.

All hiking levels welcome. Easy terrain, moderate elevation, non-groomed dirt trail with rocks and roots. Please dress for the weather and wear appropriate boots or sneakers. Bug and tick protection is strongly suggested.

**Directions:** From Rt 16/Middletown Road in Colchester, turn on to Bulkeley Hill Road, follow approx. 2 miles to CLT's Bulkeley Hill Preserve. The wood signpost and the entrance to the gravel parking lot will be

on your right. (The preserve does not have an address. For GPS use the private mailbox across the street: 243 Bulkeley Hill Road, Colchester.)

## **Forest Bathing - Connecticut Trails Day**

When: June 08, 2025, 10:00 AM – 11:00 AM EDT

Where: Meet at the Hairpin Turn Parking Lot, 280 Bull Hill Rd, Colchester

Contact: Liza Sivek [lizasivek@gmail.com](mailto:lizasivek@gmail.com) or text/call 203-278-5492

Register: <https://www.colchesterlandtrust.org/hikes-and-events>

Connecticut Trails Day Event! Join us for a moderately slow-paced three-mile hike with the practice of Forest Bathing. This meditative, quiet hike involves the engagement of all our senses, with stopping points along the way for re-centering and observation. Come release stress and get focused on nature and peace of mind.

The hike will take place at Salmon River Forest and we will meet at the Air Line Trail South/ "Hairpin Turn" Parking Lot at 280 Bull Hill Road, Colchester (see directions below). From there we will walk to the Salmon River Forest trail nearby.

### To Know

- The fee for this hike is FREE for all Connecticut Trails Day
- Rain postpones to date TBA
- Not suggested for smaller children, not stroller friendly.
- About 1 mile on trails with rocks and roots.
- Advanced registration strongly suggested.
- Wear appropriate footwear and clothing for the weather and terrain.
- Bug and tick protection strongly suggested.
- No dogs for this hike, sorry.

Directions: From Rt. 16, turn onto Comstock Bridge Road (*go past the covered bridge!*), it will turn into Bull Hill Road. From the turn off Rt. 16 it is 1.3 miles to a hairpin turn where you will see the Air Line Trail South/Hairpin Turn parking lot at 280 Bull Hill Rd, Colchester.

NOTE: *DO NOT take a right at the fork onto River Road (dirt road) stay on Comstock/Bull Hill.*

**The Summer Solstice Fairy Trail Event Needs Volunteers and Sponsors!**

## **We need community members to make this work!**

Contact Liza Sivek at email [lizasivek@gmail.com](mailto:lizasivek@gmail.com) or call/text 203-278-5492

- *Want to build a fairy house for the trail? All ages and skill levels welcome!*
- *Are you a business and want to sponsor a place on the trail map or the event?*
- *Can you volunteer to help with this event?*

## **Limited tickets for this fundraiser event go on sale April 21<sup>st</sup>.**

Date: Jun 21, 2025, 10:00 AM EDT

Meet at Bulkeley Hill Preserve, Bulkeley Hill Rd, Colchester

Contact: Liza Sivek [lizasivek@gmail.com](mailto:lizasivek@gmail.com) or text/call 203-278-5492

See more details: <https://www.colchesterlandtrust.org/hikes-and-events>

Near the Summer Solstice the fae appear, and their fairy houses magically appear! All ages, boys and girls - and dogs: fairy garb is optional and welcome! This event has something for everyone. Meet Aurora, Queen of the Fairies, and she will give you your fae name – from princess fairies to warrior elves!

Come walk the trail at Bulkeley Hill Preserve on June 21, 2025. Limited tickets for timed trail groups. There will be activities at the new outdoor classroom all day, and special lighted fairy house tours at night. Fairy house "Best of" contests by public vote at the end of the trail!