



TVCCA CAFÉ MENU ~ SEPTEMBER 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 <u>Labor Day Holiday</u> <i>Program closed</i> </p>	<p>3 Stuffed Shells w/ Marinara Diced Carrots Waxed Beans Applesauce Cup</p>	<p>4 Pub Burger w/ Bun Herb Roasted Potatoes Peas & Pearl Onions Sweet Treat Grape Juice</p>	<p>5 Pineapple Glazed Ham Glazed Sweet Potatoes Green Beans Diced Pears</p>	<p>6 Meatballs Marinara Penne Pasta Broccoli Fresh Fruit Or: Salad Choice: Waldorf Chicken Salad</p>
<p>9 Pork Stir-Fry Steamed Rice Asian Vegetable Blend Applesauce Cup</p>	<p>10 <u>Birthday Celebration</u> French Style Chicken w/ Wine Sauce Garlic Mashed Potatoes Broccoli Birthday Treat Orange Juice</p>	<p>11 Western Omelet Sweet Potato Tater Tots Squash Mix w/ Carrots & String Beans Fresh Orange</p>	<p>12  American Chop Suey Snap Peas Carrot Coins Tropical Fruit Cup</p>	<p>13 Crispy Cod w/ Bun Macaroni & Cheese Mixed Vegetables Medley Mixed Fruit Cup Or: Salad Choice: Tuscan Beef Salad</p>
<p>16 Stuffed Chicken Kiev Herb Roasted Potatoes Broccoli Sweet Treat Apple Juice</p>	<p>17 Beef Stroganoff Gemelli Pasta Zucchini, Peas, & Carrots Fresh Orange</p>	<p>18 <u>"MOVING DAY" LUNCHEON</u> Assorted Flavors of Pizza Tossed Salad Chips Cake Can of Soda/Bottle of Water Ticket Cost: \$9.00</p>	<p>19 Cod w/ Lemon Dill Sauce Rice Pilaf Cauliflower, Carrots, & Snap Peas Mandarin Oranges</p>	<p>20 Salisbury Steak w/Gravy Buttermilk Mashed Potatoes Corn w/ Peppers & Onions Diced Peaches Or: Salad Choice: Chef Salad</p>
<p>23  Beef Hot Dog w/ Bun Baked Beans Green & Yellow Squash Fresh Fruit</p>	<p>24 Whole Grain Fish Sticks Tater Tots Broccoli, Peppers, & Mushrooms Diced Pears</p>	<p>25 Beef and Bean Chili Parsley Steamed Potatoes Snap Peas Diced Peaches</p>	<p>26  Cheese Omelet Home Fries Mixed Vegetables Medley Mixed Fruit Cup</p>	<p>27 <u>Ethnic Celebration</u> Chicken Taco w/ Flour Tortilla & Cheddar Cheese Spanish Rice Peas & Pearl Onions Sweet Treat Orange Juice Or: Salad Choice: Rhode Island Seafood Salad</p>
<p>30  Vegetarian Lasagna Carrot Coins Green Beans Mandarin Oranges</p>	<p></p>	<p>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.</p>	<p><u>TVCCA Senior Nutrition Program</u>  81 Stockhouse Road Bozrah, CT 06334 860-886-1720 (24hr voice mail available) www.tvcca.org</p>	<p>FOOD ALLERGY WARNING Please be advised that our food may have come in contact or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumptions of meals.</p>