



TVCCA CAFÉ MENU ~ SEPTEMBER 2024


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p><u>Labor Day Holiday</u></p> <p><i>Program closed</i></p> 	<p>3</p> <p>Stuffed Shells w/ Marinara Diced Carrots Waxed Beans Applesauce Cup</p>	<p>4</p> <p>Pub Burger w/ Bun Herb Roasted Potatoes Peas & Pearl Onions Sweet Treat Grape Juice</p>	<p>5</p> <p>Pineapple Glazed Ham Glazed Sweet Potatoes Green Beans Diced Pears</p>	<p>6</p> <p>Meatballs Marinara Penne Pasta Broccoli Fresh Fruit <u>Or: Salad Choice:</u> Waldorf Chicken Salad</p>
<p>9</p> <p>Pork Stir-Fry Steamed Rice Asian Vegetable Blend Applesauce Cup</p>	<p>10</p> <p><u>Birthday Celebration</u> French Style Chicken w/ Wine Sauce Garlic Mashed Potatoes Broccoli Birthday Treat Orange Juice</p>	<p>11</p> <p>Western Omelet Sweet Potato Tater Tots Squash Mix w/ Carrots & String Beans Fresh Orange</p> 	<p>12</p> <p>American Chop Suey Snap Peas Carrot Coins Tropical Fruit Cup</p>	<p>13</p> <p>Crispy Cod w/ Bun Macaroni & Cheese Mixed Vegetables Medley Mixed Fruit Cup <u>Or: Salad Choice:</u> Tuscan Beef Salad</p>
<p>16</p> <p>Stuffed Chicken Kiev Herb Roasted Potatoes Broccoli Sweet Treat Apple Juice</p>	<p>17</p> <p>Beef Stroganoff Gemelli Pasta Zucchini, Peas, & Carrots Fresh Orange</p> 	<p>18</p> <p><u>"MOVING DAY" LUNCHEON</u> Assorted Flavors of Pizza Tossed Salad Chips Cake Can of Soda/Bottle of Water Ticket Cost: \$9.00</p>	<p>19</p> <p>Cod w/ Lemon Dill Sauce Rice Pilaf Cauliflower, Carrots, & Snap Peas Mandarin Oranges</p>	<p>20</p> <p>Salisbury Steak w/Gravy Buttermilk Mashed Potatoes Corn w/ Peppers & Onions Diced Peaches <u>Or: Salad Choice:</u> Chef Salad</p>
<p>23</p> <p>Beef Hot Dog w/ Bun Baked Beans Green & Yellow Squash Fresh Fruit</p> 	<p>24</p> <p>Whole Grain Fish Sticks Tater Tots Broccoli, Peppers, & Mushrooms Diced Pears</p>	<p>25</p> <p>Beef and Bean Chili Parsley Steamed Potatoes Snap Peas Diced Peaches</p> 	<p>26</p> <p>Cheese Omelet Home Fries Mixed Vegetables Medley Mixed Fruit Cup</p>	<p>27</p> <p><u>Ethnic Celebration</u> Chicken Taco w/ Flour Tortilla & Cheddar Cheese Spanish Rice Peas & Pearl Onions Sweet Treat Orange Juice <u>Or: Salad Choice:</u> Rhode Island Seafood Salad</p>
<p>30</p> <p>Vegetarian Lasagna Carrot Coins Green Beans Mandarin Oranges</p> 		<p>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.</p>	<p>TVCCA Senior Nutrition Program</p> <p>81 Stockhouse Road Bozrah, CT 06334 860-886-1720</p> <p>(24hr voice mail available) www.tvcca.org</p> 	<p><u>FOOD ALLERGY WARNING</u></p> <p>Please be advised that our food may have come in contact or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish.</p> <p>Please advise a staff member of any food allergies prior to consumptions of meals.</p>