

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2023

Colchester Senior Center

					<p>9:00- 3:00 Open Enrollment, by appt. 10:00 Sit & Be Fit 10:30 Tree Trim Party 10:30 Choral Group 11:00 Yoga 1:30 Bingo</p>	
<p>3 9:00 Making Memories 9:00 Exercise w/ Anne 10:00 Sittersize 11:00 Learn to Sign 11:15 TVCCA Potassium Presentation 12:30 Mah Jongg 12:30 Bridge 12:45 Setback</p>	<p>4 9:00 Making Memories 9:45 Tai Chi 10:30 Snowflake Snowman Craft 12:30 Pinochle 12:30 AARP Holiday Meeting @Papa Z's 1:30 Bingo</p>	<p>5 9:00 Making Memories 9:00 Walking Group 10:00 Adult Coloring 10:00 Sit & Be Fit 10:00 Senior Serenaders depart for Harrington Ct. 1-3 Backus Stroke Survivors Program 1:30 Line Dancing</p>	<p>6 9:00 Exercise w/ Anne 10:00 Sittersize 10:00 Wii Bowling 11:00 Yoga 12:00 Chair Massage 12-3 Senior Benefits Counseling 12:30 Dominoes 1:00 Knit & Crochet Hanukkah Begins</p>	<p>7 10:00 Sit & Be Fit 10:00 Card Making 10:30 Choral Group 10:45 Blood Pressure Clinic 11:00 Yoga 11:15 Chatham Health Presentation 1:00 Tech Time w/ Harry 1:30 Bingo 2:00 Ham Radio Club</p>	<p>8</p>	
	<p>10 9:00 Making Memories 9:00 Exercise w/ Anne 9:00 COA Meeting (TH) 10:00 Sittersize 10:30 Hanukkah Party 11:00 Learn to Sign 12:30 Mah Jongg 12:30 Bridge 12:45 Setback</p>	<p>11 9:00 Making Memories 9:45 Tai Chi 10:00 LTC Ombudsman Mtg 10:30 Scotland & Iceland Trip Presentation 12:30 Pinochle 12:30 Choices Counseling 1:30 Bingo 3:30 Cookie Decorating 7:00 SCBC Meeting (Z)</p>	<p>12 9:00 Making Memories 9:00 Walking Group 9:30 Free Prize Bingo 10:00 Adult Coloring 10:00 Sit & Be Fit 1:30 Cardio Drumming 2:00 Sewing Circle 2:30 Staff Meeting</p>	<p>13 9:00 Exercise w/ Anne 9:30 Newport Trip departs 10:00 Sittersize 10:00 Wii Bowling 10:30 Shopping Trip 11:00 Yoga 12:00 Chair Massage 12-3 Senior Benefits Counsel. 12:30 Dominoes 1:00 Knit & Crochet 1:00 Cookie Baking</p>	<p>14 10:00 Sit & Be Fit 10:30 Cookies, Cocoa, & Choir Holiday Show 11:00 Yoga 1:00 Tech Time w/ Harry 1:30 Bingo</p>	<p>15 16</p>
	<p>17 9:00 Making Memories 9:00 Exercise w/ Anne 10:00 Sittersize 11:00 Learn to Sign 12:30 Mah Jongg 12:30 Bridge 12:45 Setback</p>	<p>18 9:00 Making Memories 9:45 Tai Chi 10:30 Book Club 12:30 In the Know 12:30 Pinochle 1:30 Bingo 4:00 Holiday Lights Evening Trip departs</p>	<p>19 9:00 Making Memories 9:00 Walking Group 10:00 Adult Coloring 10:00 Sit & Be Fit 11:00 Sugar and Spice Holiday Luncheon 1:30 Line Dancing</p>	<p>20 9:00 Exercise w/ Anne 10:00 Sittersize 10:00 Wii Bowling 11:00 Yoga 12:00 Chair Massage NO Senior Benefits Counseling 12:30 Dominoes 1:00 Knit & Crochet Winter Begins</p>	<p>21 10:00 Holiday Box Deliveries 10:00 Sit & Be Fit 10:30 Choral Group 11:00 Yoga 11:00 Lunch Served CSC Closing at Noon</p>	<p>22 23</p> 
	<p>24 25</p> <p>CSC Closed for Christmas Day</p> <p>Christmas</p>	<p>26 9:00 Making Memories 9:45 Tai Chi 10:00 Stitch & Fix 12:00 Subway Lunch 12:30 Pinochle 1:30 Bingo 7:00 SCBC Meeting (Z)</p> <p>Boxing Day (Canada) Kwanzaa Begins</p>	<p>27 9:00 Making Memories 9:00 Walking Group 10:00 Adult Coloring 10:00 Sit & Be Fit 1:30 Cardio Drumming 2:00 Sewing Circle</p>	<p>28 9:00 Exercise w/ Anne 10:00 Sittersize 10:00 Wii Bowling 11:00 Yoga 12:00 Chair Massage 12-3 Senior Benefits Counseling 12:30 Dominoes 1:00 Knit & Crochet</p>	<p>29 30</p> <p>NO Sit & Be Fit NO Choral Group NO Yoga 10:00 New Year's Brunch 'n Bash CSC Closing at Noon</p>	
 <p>New Year's Eve</p>	<p>We wish you a wonderful Holiday Season and a Healthy and Happy New Year!</p> <p>Patty, Jodi, Susan, Missy, Valerie, Sheri, Ginny, & Noella</p>					

Key: Z = Zoom, TH = Town Hall Hybrid Meeting