

Conscious Discipline Workshop

Skill of Composure for Dads

Tuesday, February 25th, 6:00 - 7:30 PM

Colchester Elementary School (CES) Conference Room
Free Childcare Available

The Power of Perception helps us shift how we see behaviors in our children, significant others and ourselves. The Skill of Composure helps us to be the person we want others to become and remain calm enough to teach children by example.

Unlock the mystery of why kids behave the way they do!



**Growing
Stronger
Together**

Registration NOW open!
ColchesterC3.jumbula.com/#/caregiver-programs