

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 Making Memories¹ 9:00 Walking Group 10:00 May Program Registration Opens 10:00 Adult Coloring 10:00 Sit & Be Fit 1:30 Line Dancing May Day	9:00 Exercise w/ Anne² 10:00 Sittercize 10:00 Wii Bowling 11:00 Yoga 12:00 Chair Massage 12:30 Dominoes 1:00 Knit & Crochet	10:00 Sit & Be Fit³ 10:15 Across the Ages 10:30 Choral Group 11:00 Yoga 1:30 Bingo	
	8:30 Garden Club 9:00 Making Memories 9:00 Exercise w/ Anne 10:00 Sittercize 11:00 Learn to Sign 12:30 Mah Jongg 12:30 Bridge 12:45 Set Back	9:00 Making Memories⁷ 9:45 Tai Chi 10:45 Healthy Brain Series 12:30 Pinochle 1:30 Bingo 1:30 AARP Chapter #4019 Meeting	9:00 Making Memories⁸ 9:00 Walking Group 10:00 Adult Coloring 10:00 Sit & Be Fit 10:30 Life Review 1:00 Sewing Circle 1:30 Cardio Drumming 2:30 CSC Staff Meeting	9:00 Exercise with Anne⁹ 10:00 Sittercize 10:00 Wii Bowling 10:30 Shopping Trip – Manchester Walmart 11:00 Yoga 12:00 Chair Massage 12:30 Dominoes 1:00 Knit & Crochet 4:00 – 5:30 Ultimate Bingo	10:00 Sit & Be Fit¹⁰ 10:15 Across the Ages 10:30 Choral Group 10:45 Blood Pressure Clinic 11:00 Yoga 11:15 Chatham Health Education Series 1:30 Bingo	
 Mother's Day National Skilled Nursing Care Week	9:00 CoA Meeting (TH) 9:00 Making Memories 9:00 Exercise with Anne 10:00 Sittercize 11:00 Learn to Sign 12:30 Mah Jongg 12:30 Bridge 12:45 Set Back 2:00 CoA: Healthy Living for Brain and Body	9:00 Making Memories¹⁴ 9:00 Sr. Golf League 9:45 Tai Chi 10:00 LTC Ombudsman 12:30 Pinochle 12:30 Choices Counseling 1:30 Bingo 7:00 SCBC Meeting (Z)	9:00 Making Memories¹⁵ 9:00 Walking Group 10:00 Adult Coloring 10:00 Sit & Be Fit 11:00 No Place Like Home Mother's Day Luncheon 1:30 Line Dancing	9:00 Exercise with Anne¹⁶ 10:00 Sittercize 10:00 Wii Bowling 11:00 Yoga 12:00 Chair Massage 12:30 Dominoes 1:00 Knit & Crochet 1:00 Container Garden Presentation	10:00 Sit & Be Fit¹⁷ 10:30 Choral Group 11:00 Yoga 1:00 – 3:30 Tech Time w/ Harry 1:30 Bingo	 Armed Forces Day
	9:00 Making Memories²⁰ 9:00 Exercise w/ Anne 10:00 Sittercize 10:00 Stitch & Fix 11:00 Learn to Sign 12:30 Mah Jongg 12:30 Bridge 12:45 Set Back Victoria Day (Canada)	9:00 Making Memories²¹ 9:00 Sr. Golf League 9:45 Tai Chi 10:30 Book Club 12:30 In the Know 12:30 Pinochle 1:30 Bingo	9:00 Making Memories²² 9:00 Walking Group 10:00 Adult Coloring 10:00 Sit & Be Fit 10:00 Fabric Flower Craft 1:00 Sewing Circle 1:30 Cardio Drumming	9:00 Exercise with Anne²³ 10:00 Sittercize 10:00 Wii Bowling 11:00 Yoga 12:00 Chair Massage 12-3 Sr. Benefits Counseling 12:30 Dominoes 1:00 Knit & Crochet 1:00 Herb Presentation	10:00 Sit & Be Fit²⁴ 10:00 Card Making 10:30 Choral Group 11:00 Yoga 11:00 Lunch Bunch – Main Moose 1:30 Bingo	
	Closed for Memorial Day Holiday Memorial Day	9:00 Making Memories²⁸ 9:00 Sr. Golf League 9:45 Tai Chi 11:00 Memorial Day Picnic w/ Harry's 12:30 Pinochle 1:30 Bingo 7:00 SCBC Meeting (Z)	9:00 Making Memories²⁹ 9:00 Walking Group 10:00 Adult Coloring 10:00 Sit & Be Fit 11:00 Where Do I Find My People? Lunch & Learn	9:00 Exercise with Anne³⁰ 10:00 Sittercize 10:00 Wii Bowling 11:00 Yoga 12:00 Chair Massage 12-3 Sr. Benefits Counseling 12:30 Dominoes 1:00 Knit & Crochet	10:00 Sit & Be Fit³¹ 10:15 Across the Ages 10:30 Choral Group 11:00 Yoga 1:30 Bingo	

Key: Z = Zoom, TH = Town Hall Hybrid Meeting