



# **FREE Yoga Night at Priam Vineyards**

**Hosted by C3 Parent Council**

**Thursday, July 21st at 7:00 PM**

**Let's take some time for self-care and connection with others! Enjoy an evening of Yoga offered by Twisted Dog Yoga outdoors, among the vines at Priam Vineyards.**

**Following the yoga class, you're invited to stay and enjoy the evening. We will have a short agenda of C3 items including feedback on this years programs and workshops.**

**Wine will be available for purchase.**

**Need childcare? We can help - let us know!**

**New & Current Parent Council members are welcome!**



**Growing  
Stronger  
Together**

**Please register so that we know to expect you!**  
**[ColchesterC3.jumbula.com/#/family-events](https://ColchesterC3.jumbula.com/#/family-events)**