



Liz Lyon, a current resident of Mathews County, has accepted the position of the RISP early intervention program director with the MP-NN CSB. The Rural Infant Services Program provides support for children and their families from birth to three years of age who may have developmental delays. Liz is committed to utilizing her experience and expertise to support the agency, her staff and community members in an ethical, reflective and compassionate approach.

Liz brings with her over 20 years of clinical experience, program development, administrative knowledge, and advocacy educative services from Henrico County to the Tidewater, Middle Peninsula, and Northern Neck regions. In the past decade, she has focused her therapeutic skills by supporting families and children within the local schools, domestic violence shelters, early intervention programs and outpatient rehabilitation assistance

services.

Academically, she has accomplished a Bachelor's degree in Exercise Science with a concentration in Public Health, and Master's degree in Psychology with a concentration in Behavioral and Abnormal Psychology. As a Qualified Mental Health Professional for Children (QMHP-C), she has facilitated multiple trainings for professionals, parents and children within our counties on the "trauma brain" and advocated for the importance of understanding how an evidenced based early intervention behavioral program can improve a communities mental wellbeing. Last year, Liz and a colleague developed a user friendly social emotional curriculum that was adopted by and implemented in one of the schools where she provided Therapeutic Day Treatment services. Liz strongly believes that the strength of any public program comes from building meaningful relationships and experiences guided by community participation; a true community is not just about being geographically close to someone, it's about feeling connected and responsible for what happens to that someone. As Booker T. Washington once said "Those who are happiest are those that do the most for others".