

MORNING PRAYER: Rite II

*Page numbers for the Book of Common Prayer in parentheses throughout
Congregation response in bold*

Opening Sentence (76)

To the Lord our God belong mercy and forgiveness, because we have rebelled against him and have not obeyed the voice of the Lord our God by following his laws which he set before us.

Daniel 9:9,10

Confession of Sin (79)

Let us confess our sins against God and our neighbor.

Silence for reflection

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Absolution (80)

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE INVITATORY AND PSALTER

Lord, open our lips (80)

And our mouth shall proclaim your praise.

**Glory to the Father, and to the Son, and to the Holy Spirit: as
it was in the beginning, is now, and will be for ever. Amen.**

The Lord is full of compassion and mercy: **Come let us adore him.** (81)

Jubilate (82)

In unison

**Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.**

**Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.**

**Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.**

**For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.**

The Lord is full of compassion and mercy: **Come let us adore him.**

The Psalm appointed for the day is Psalm 95. We will read the Psalm responsively by whole verse. (724)

1 Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.

2 **Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.**

3 For the LORD is a great God, *
and a great King above all gods.

4 **In his hand are the caverns of the earth, *
and the heights of the hills are his also.**

5 The sea is his, for he made it, *
and his hands have molded the dry land.

6 **Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.**

7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

8 **Harden not your hearts,**

**as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.**

9 They put me to the test, *
though they had seen my works.

10 **Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."**

11 So I swore in my wrath, *
"They shall not enter into my rest."

**Glory to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and will be forever. Amen.**

A Reading from the Book of Exodus (Exodus 17:1-7)

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

Thanks be to God.

Canticle I: The First Song of Isaiah (Isaiah 12:2-6) (86)

In unison

Surely, it is God who saves me; *

I will trust in him and not be afraid.

For the Lord is my stronghold and my sure defense, *

and he will be my Savior.

Therefore you shall draw water with rejoicing *

from the springs of salvation.

And on that day you shall say, *
Give thanks to the Lord and call upon his Name;
Make his deeds known among the peoples; *
see that they remember that his Name is exalted.
Sing the praises of the Lord, for he has done great things, *
and this is known in all the world.
Cry aloud, inhabitants of Zion, ring out your joy, *
for the great one in the midst of you is the Holy One of Israel.

Glory to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and will be forever. Amen.

A Reading from Paul's Letter to the Church in Rome (Romans 5:1-11)

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

Thanks be to God.

Canticle II - A Song of Our True Nature (Julian of Norwich) (40-41, *Enriching Our Worship*)

Christ revealed our frailty and our falling;
our trespasses and our humiliations.
Christ also revealed his blessed power,
his blessed wisdom and love.
He protects us as tenderly and as sweetly when we are in greatest need;
he raises us in spirit
and turns everything to glory and joy without ending
God is the ground and the substance, the very essence of nature;

*

**God is the true father and mother of natures.
We are all bound to God by nature,
and we are all bound to God by grace.
And this grace is for all the world,
because it is our precious mother, Christ.
For this fair nature was prepared by Christ
for the honor and nobility of all,
and for the joy and bliss of salvation.**

**Glory to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and will be forever. Amen.**

A Reading from the Gospel of our Lord Jesus Christ according to John (John 4:5-42)

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Word of the Lord.

Thanks be to God.

The Homily

The Rev. Canon Janet Waggoner

The Apostles' Creed (96)

In unison

**I believe in God, the Father almighty,
creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,**

**the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS (97)

The Lord be with you.
And also with you.
Let us pray.

The Lord's Prayer

In unison

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Suffrages B (98)

V. Save your people, Lord, and bless your inheritance;
R. **Govern and uphold them, now and always.**
V. Day by day we bless you;
R. **We praise your name for ever.**
V. Lord, keep us from all sin today;
R. **Have mercy upon us, Lord, have mercy.**
V. Lord, show us your love and mercy;
R. **For we put our trust in you.**
V. In you, Lord, is our hope;
R. **And we shall never hope in vain.**

Collect for the Third Sunday in Lent (218)

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Collect for Sundays (98)

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

Collect for Grace (100)

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your might power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. **Amen.**

Collect for Mission (100)

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. **Amen.**

INTERCESSIONS AND THANKSGIVINGS

The General Thanksgiving (101)

**Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;**

**through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.**

Let us bless the Lord.

Thanks be to God.

Concluding Sentence (102)

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be
with us all evermore. **Amen.**