# Virtual Well-Being Conference:

# *Refocus*

# November 12-13, 2021

## Karla J. Aghedo

Wellness Coach & Curator
Founder & CEO
Houston Wellness Workshops for Women (H3W)





## Dr. Tram Cat

Assistant Professor
Department of Clinical Pharmacy
School of Pharmacy
University of California-San Francisco



## Lissa Figgins

Life + Biz PRIORITIES Coach
for Women after 40

## Dr. Simi Gunaseelan

Director of Assessment & Associate Professor
Texas A&M University Irma Lerma Rangel College of Pharmacy



## Megan Jenifer-Harris

Musician & Spiritual Wellness Advocate





## Jennifer Jones

Certified Integrative, Holistic Nutrition Health Coach
Owner & Founder, JENuine Nutrition



## Kevia Jones

Traveling Yoga & Meditation Strategist

## Dr. Anandi V. Law

Professor, Pharmacy Practice & Administration
Associate Dean for Assessment
Western University of Health Sciences College of Pharmacy



## Dr. Kimberly Sims

Internist & Obesity Specialist





Keynote Speaker

# Jhaymee Tynan

Egon Zehnder
Health Services, Public & Social Sector
Diversity, Equity & Inclusion
Founder, 100x2030™