MINDFUL MELODIES



SOUND THERAPY & SELFCARE

AUGUST 14

NOON - 1 P.M.

VCC COMMMONS

YOU ARE INVITED TO A SOUND THERAPY SESSION WITH CERTIFIED MASTER REIKI & SOUND THERAPY PRACTICIONER



ADELE CHOH ZIN

FIRST 60 PARTICIPANTS RECEIVE A FREE LAVENDER SCENTED EYE PILLOW!

PLEASE BRING YOUR OWN YOGA MAT

Info: hearoffice@westernu.edu

Western University of Health Sciences

Office of Humanism Equity & Anti-Racism