

THE WEEK AND BEYOND AT A GLANCE

Sunday, October 14		
Morning Worship	8:30 & 11:00 am	Sanctuary
Sunday School Classes	9:45-10:45 am	Education Building
Confirmation Class	5:00 pm	Fellowship Hall
Monday, October 15		
Handbell Choir Rehearsal	6:30 pm	Upper Narthex
Voices In Praise Inc. Rehearsals	6:30-8:30 pm	Music Room
SPPRC Meeting	7:30 pm	Bishop Warman Room
Tuesday, October 16		
Sanctuary Choir Rehearsal	7:15-8:45 pm	Music Room
Thursday, October 18		
Bible Study	7:00 pm	Fellowship Hall
Friday, October 19		
Wedding Rehearsal	t/b/a	Sanctuary
Saturday, October 20		
Wedding	t/b/a	Sanctuary
Sunday, October 21		
Voices In Praise Inc. Dinner	1:30-3:30 pm	Music Room
Theatre Rehearsal		
Confirmation Class	5:00 pm	Fellowshi Hall
Youth Group "Pizza With The Pastor" – all are welcome	6:30-8:00 pm	Fellowship Hall
Monday, October 22		
Handbell Choir Rehearsal	6:30 pm	Upper Narthex
Voices In Praise Inc. Rehearsals	6:30-8:30 pm	Music Room
Finance Committee Meeting	7:30 pm	Bishop Warman Room

OUR FAITH IN ACTION

Our Prayers: Chuck Muller's father, Mike Walls recovering from shoulder surgery, Kathy Wallace, The Jones Family, Paula Madden & Family, Buddy Frost – diagnosed with dementia, Pam Sherbert Shumate, Debbie Shefka & family, Connor Goonan, Tim Gillikin – recovering from a fall, Jane Bowman, Helen McGill, Elizabeth Stinson, Bob & Van King, Tyler Madden, People in transition, Olivia Gammel – friend of Chris Heyer, Sarah Stallings, Jerome Stallings, Shirley Wood, Carl Stallings, Sr, Those who travel, For the healing of the nation.

Our Presence: Sunday School Attendance Last Sunday 62
 Worship Attendance Last Sunday 170 Average Weekly Worship Attendance 197

Our Gifts: Please strive to tithe! The Bible asks us to tithe 10% of our income to God. Many of our members are doing this already. How about you? You may give your offering electronically (EFT). Call the church office to set it up. ***Stewardship is rather a way of life than an annual campaign. Thank You for your faithful stewardship!***

Record of Giving (Funds Received by the Church)

	January-August 2018			
	Actual	Budget	Variance	Var %
General Fund	\$218,593	\$238,625	(\$20,032)	-8%
Missions Fund	\$14,891	\$16,643	(\$1,752)	-11%
P&I Fund	\$16,520	\$11,396	\$5,124	45%
Building Fund	\$44,931	\$37,728	\$7,203	19%
Kitchen Fund	\$19,138	\$6,660	\$12,478	187%
Weekly SCAN Report	Cereal	26	YTD Other	6
			YTD Cereal	1,100

*Kitchen Fund Balance = \$135,359/ Mortgage Loan Balance = \$296,700 as of August 31, 2018



Observations about Genesis. The events of Genesis end some three centuries before the birth of Moses' birth. Genesis covers more time than the remaining sixty-five put together. Genesis divides itself into three geographical settings; The fertile Crescent, Israel and Egypt.

RADA Knives/Cutlery Fundraiser TODAY IS THE LAST DAY TO ORDER

Catalogs and Order Forms available on the Tabitha Circle's Bulletin Board. Please contact Karen Boyd with any questions: 202-253-7891 or karen.d.boyd@verizon.com.



Internet Ordering Available at:
<https://radafundraising.com?rfsn=1779114.8a239c>



Haunted house, scary movies, games, & sleepover!
Bring your friends! \$20 if you want to go to the haunted house.

Friday 10/26

8:00pm – 8:00am next day

Girls bring a salty snack -Boys bring a sweet snack

For more information contact Courtney Evesfield

cymc@friendshipmethodist.org



Saturday 10/27

10am-12pm

Join us for our 2nd Annual Trunk or Treat event!

We will have a Halloween party with games, snacks, hayrides, trunk or treat, and more! If you would like to sign up to bring a snack or participate in Trunk or Treat please contact Courtney. We are also in need of decorated trunks – please contact Courtney if you would like to participate! There will be a prize for “Best Trunk”! cymc@friendshipmethodist.org



Pastor Tom has begun sending out a weekly email to those that are interested. Please contact the Church office if you would like to receive such a communication. *If you already receive the weekly bulletins and announcements you will*

automatically receive the weekly email from Pastor Tom. ALSO – please take the time to update your contact information with the church office so that Bonnie Dean can update our church records and directory. If you don't currently receive the weekly bulletins and announcements via email and would like to, please also contact Bonnie in the church office to be added to the weekly email list. 410-257-7133 or bsuedean@friendshipmethodist.org

Attention: Crafters

The Dorcas-Lydia Circle ladies are holding their Holiday Craft Bazaar on Saturday, November 17th from 9 am until 2 pm.



We are offering FUMC members first choice to rent a table for \$20.00 (\$5.00 extra for electric). If you are interested, see Bonnie Revell for an application form. After October 15 we will open spots to the public.

P.S. We are having a White Elephant table – if you have items to donate we appreciate it!

Sunday, Oct. 28, 5pm at West River UM Center



A small cast of youth from Voices In Praise Inc. presents AN INTERACTIVE COMEDY "WHO DUNNIT" DINNER SHOW! Spend a lovely fall evening in 1923 New Orleans with one of the city's most established families, their high-society friends, & quirky staff. Join us for a night of fun! Purchase tickets at www.VoicesInPraise.org, call 301-855-2127, or see

Chris Heyer this morning.



Annual Fall Ham & Oyster Supper *Eat In or Carry Out*

Saturday, November 3, 2018 3:00-5:30 pm

Friendship United Methodist Church (benefit the cemetery fund)

Menu: Baked Ham, Hand-patted crispy fried oysters, homemade potato salad, creamy cole slaw, mashed turnips, green beans, biscuits, coffee, iced tea and water. Deserts available for purchase.

Prices: Adults (12 & above) \$22, Children (6 -11 years) \$10.00, under 6 – free

*For information call 410-257-7133 or
email: bsuedean@friendshipmethodist.org*

Youth Group Day Trip (open to all)

Saturday 11/17 - Cost: \$20



Schedule:

- 10:00am** Meet at church -board bus & travel to DC
- 11:00am** Tour St Franciscan Monastery
- 12:30pm** Lunch at Union Station
- 1:15pm** Tour National cathedral

What to bring: Lunch Money & a Jacket (*while we will be indoors for the majority of the trip, there will be times when we might be outside and it is November*)

For more information on the locations we will be visiting please refer to the flyer in the Fellowship Hall or contact Courtney Eversfield at cymc@friendshipmethodist.org

HEALTH MINISTRY NEWS October 2018

Advanced Directives: What They Are and What They Are Not

Introduction:

Advanced directives are important and necessary for everyone to have in the event you are unable to make healthcare decisions for yourself. This article will describe the components of advanced directives, how they are used, how and when to

prepare these documents and things to consider when writing them.

You will hear two terms used interchangeably: living will and advanced directives.

Advanced directives are comprised of three documents. First, is the Living Will; second, the Durable Power of Attorney for Healthcare and third, the Medical Orders for Life-Sustaining Treatment (MOLST). Think of one main file folder entitled “Advanced Directives” and that main folder contains three separate documents: (1) the Living Will, (2) the Durable Power of Attorney for Healthcare, and (3) Medical Orders for Life-Sustaining Treatment (MOLST). These three separate documents are equally important and necessary.

The Living Will: This written document tells health care professionals what type of life-prolonging treatments or procedures to perform if you have a terminal condition or are in a persistent vegetative state. The Living Will should not be confused with a regular will. A Living Will only address issues regarding your medical care while you are still living. A Living Will does not mean withholding pain medications or other comfort measures. The Living Will is a way to express your wishes for medical treatment and, if the situation warrants, die with dignity. Your Living Will should to be as specific as possible and should address issues such as:

- a. Resuscitation (CPR, defibrillation)
- b. Mechanical ventilation (the use of a breathing tube attached to a machine)

Don't forget your influenza vaccine!



Talk to your healthcare provider about when to receive the vaccine, which formulation is right for you, and any other recommended vaccines.

Health Questions? Information Requests?
Contact Sarah David (Volunteer Health Ministry Coordinator)
Email: nurse@friendshipmethodist.org

- c. Tube feeding and hydration
- d. Dialysis
- e. Antibiotics and antivirals
- f. Comfort care (palliative care)
- g. Organ and tissue donation
- h. Donating your body

The Durable Power of Attorney for Healthcare: This written document allows you to select any person to make medical decisions for you if you should become temporarily or permanently unable to make those decisions for yourself. Most people choose a family member, a relative, or a close friend as their surrogate decision maker. It is vitally important that this person knows and understands your wishes and preferences regarding your health care issues. Even though you set out your wishes in a living will, such documents can never cover every circumstance, and the person who has a durable power of attorney for healthcare can make decisions not covered by your living will. The durable power of attorney for healthcare cannot contradict the terms of your living will, but rather, that person can fill in gaps. You can give your Durable Power of Attorney for Healthcare flexibility in applying the Living Will, but that needs to be indicated within the document.

Medical Orders for Life-Sustaining Treatment (MOLST): This form contains medical orders that will help ensure that all health care providers are aware of your wishes. If you don't want emergency medical personnel to try to resuscitate you in the event of a cardiac or respiratory arrest, you must have a MOLST form containing a DNR (Do Not Resuscitate) order signed by your doctor, nurse practitioner, or physician assistant. A signed EMS/DNR order approved by the Maryland Institute for Emergency Medical Services Systems would also be valid.

Inability to Make Medical Decisions: Common situations in which a person may be temporarily or permanently unable or incapable of making complex judgement or end-of-life decisions are: coma (from any illness or injury); stroke (if it results in coma or cognitive deterioration); moderate or severe dementia (Alzheimer's or other forms); persistent vegetative state (from any illness or injury); severe illness requiring placement on breathing machine and inability to communicate; severe medical conditions such as advanced liver failure, kidney failure, or heart failure; terminal cancer or other terminal diseases that result in the patient being administered cognitively altering pain medications (narcotics); or traumatic brain injury resulting in the inability to make complex decisions. It is important to note that these conditions are not limited to just the elderly.

Reasons for Advanced Directives: You should consider setting up advanced directives if any of the following are true:

- a. You want to be sure your voice is heard when you can no longer communicate
- b. You want to be sure that your wishes are respected and followed in the event you are unable to make medical decisions for yourself
- c. You want to be sure that your wishes about life-support machines and other life-prolonging treatments are followed if you suffer from a terminal condition
- d. You want to be sure that, if you fall victim to cardiac arrest after you suffer with a long-term, end-stage medical condition, that cardiopulmonary resuscitation (CPR) or other heroic measures will be performed or not performed according to your wishes and values.

No doctor or healthcare professional can force you to complete an advanced directive. If you do not complete an advanced directive, then you will receive medical care to the fullest extent appropriate for your condition. You can change, withdraw or revoke your advanced directives at any time. Make sure your advanced directives meet your state's standards. It is easier for family members to make end-of-life decisions for a patient when the patient's wishes have been clearly delineated ahead of time. The emotional pressure and feelings of guilt can be overwhelming for loved ones.

1. Make copies and give one to your durable power of attorney for healthcare plus your family members and keep in a safe place. If hospitalized, your copy of advanced directives needs to be available to give to the hospital if requested. Remember, without advanced directives, emergency personnel must do everything possible to attempt to revive you.
2. In Maryland, you will need two witnesses. Your Durable Power of Attorney for Healthcare cannot serve as one of your witnesses. Also, one of your two witnesses must be someone who (1) will not receive money or property from your estate and (2) is not one you have named to handle your estate.
3. It is not a requirement to have your documents notarized in Maryland, but it is recommended. Some states require it.
4. Your doctor cannot override your Living Will. A doctor is not required to provide a "medically ineffective" treatment even if the Living Will asks for it.
5. Advanced directives are legal documents; however, you do not need to use a lawyer to complete one. The Maryland Office of the Attorney General has a website with information about Advanced Directives, including living will and advance directive forms to download and complete.

<http://www.marylandattorneygeneral.gov/Pages/HealthPolicy/advancedirectives.aspx>

Michael H. Walls, MSN, PhD, RN