

“NOT MY CHILD”



The Office of County Executive Steve Schuh
Anne Arundel County

Presents

A Community Conversation

for Parents and Children (3rd Grade +)

about

Substance Misuse in OUR Community

A candid discussion to understand.....

Substance misuse **IS** in your neighborhood. It is in **ALL** communities. **AWARENESS** is the first and most important step in **PREVENTION**. Learn how to avoid the most common trap into which parents fall “**NOT MY CHILD**”and save a loved one’s life.

Friendship United Methodist Church

22 W. Friendship Road, Friendship, MD

August 29, 2018

6:30 p.m. (Not My Child Video followed by Panel Discussion)

Anyone needing accommodations or additional information regarding the event contact Sarah David at 410-257-7133 or nurse@friendshipmethodist.org at least 7 days prior to the event. TYY users, please call via Maryland Relay 7-1-1.

THE WEEK AND BEYOND AT A GLANCE

Sunday, August 12		
ASP Sunday Voices In Praise 20 th Anniversary Retrospective Concert & Potluck	8:30 & 11:00 am 2:00 pm	Sanctuary Jesus the Good Shepherd Church, Owings
Monday, August 13		
Vacation Bible School	9:00 am – 12 noon	
Tuesday, August 14		
Vacation Bible School	9:00 am – 12 noon	
Wednesday, August 15		
Vacation Bible School VIP Casting Auditions	9:00 am – 12 noon 12:30-2:00 pm	Music Room
Thursday, August 16		
Vacation Bible School	9:00 am – 12 noon	
Friday, August 17		
Vacation Bible School	9:00 am – 12 noon	
Sunday, August 19		
Morning Worship	8:30 & 11 am worship	Sanctuary
Monday, August 20		
Tabitha Circle Meeting	7:00 pm	Fellowship Hall



Voices In Praise
Retrospective Concert
TODAY at 2:00 pm
(with potluck to follow)

Jesus the Good Shepherd Church - 1610 West Mt. Harmony Road, Owings

Voices In Praise is celebrating 20 years of music and ministry! Please join us to hear music of the last two decades, reconnect with VIP families, and celebrate all that God has done through VIP.



FUMC Night Out Saturday 8/25 Game at 6:30pm Fireworks to follow

Meet at the church 5:15pm if you'd like to carpool
For tickets contact Courtney Eversfield
(cymc@friendshipmethodist.org)

Tabitha Circle Pre-Orders for White House Christmas Ornaments - \$23.50 each



The Tabitha Circle is accepting pre-orders for the 2018 White House Christmas Ornament. The cost of each ornament will be \$23.50. Please let Karen Boyd know by September 2 if you would like to place an order (202-253-7891 or karen.d.boyd@verizon.com).



The 2018 Ornament honors Harry S. Truman, the 33rd President of the United States. This ornament is designed to illustrate three significant changes made by him during his administration, one to the Presidential Seal, and two to the White House itself. One side of the ornament features his celebrated Truman Balcony, and the other side features his renovated Blue Room.

Teen Lifeline, 602-248-8336 (TEEN) or 1-800-248-8336 (TEEN)	Call 211 to speak with an agent to find support for someone who is having suicidal thoughts or in crisis.
National Suicide Prevention Lifeline, 1-800-273-8255	The Crisis Text Line (741741) provides counseling through texts with volunteers who offer collaborative problem solving.
The Maryland Crisis Hotline operates 24/7 (1-800-422-0009).	Suicide Resource Center (American Academy of Child and Adolescent Psychiatry)
The Maryland chapter of the American Foundation for Suicide Prevention provides support through resources, phone numbers and links to mental health professionals.	

Let's support our young people and assist them in any way that we can by having an open dialogue on mental health issues, discussing available resources, and praying for their needs and emotional well-being.

Connie M. Ulrich

 <h3>Upcoming Events</h3> <ul style="list-style-type: none"> ➤ August 26th: Health Information Table and Blood Pressure Screenings, 9:30am & 12pm, Fellowship Hall ➤ August 29th: "Not My Child" Program on Substance Misuse Prevention, 6:30pm, Fellowship Hall 	<h3>Health Questions? Requests for Information? Suggestions for Health Ministry?</h3> <p>Please contact Sarah David (volunteer parish nurse) Email: nurse@friendshipmethodist.org</p>
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Teen Suicide: What Can We Do to Help Our Young People?

The teen suicide rate is a national crisis. Did you know that suicide is the “second leading cause of death for 10-to-24-year-olds, and the sixth leading cause of death for 5-to-14-year-olds.” (https://www.aacap.org/aacap/Families_and_Youth/Resource_Centers/Suicide_Resource_Center/Home.aspx). And, about 17% of Maryland high school students have contemplated suicide with Anne Arundel County reporting the sixth highest rate of suicide in the State (<https://www.aahealth.org/wpcontent/uploads/2018/07/YouthSuicideReport2012-2016.pdf>).

The pressures of school, family life, transitions from one school to another, college, or work life, or other issues can weigh heavily on the minds of our young people. Sometimes the perceived failures and rejections in one’s life, bullying by others (including cyberbullying), exposure to daily violence, or even substance abuse issues can lead to suicide attempts; and although girls are more likely to attempt suicide, boys account for a large percentage of suicide deaths (<http://www.teensuicidestatistics.com>). It has been said that the younger generation are the future; indeed, we as church members want our young people to grow and achieve their goals, aspirations, and ultimate God-given potential. So, what can we do as church members to help our youth and to address any immediate mental health concerns? We can do a lot! We can:

- **Talk about suicide:** It is okay to have a conversation about suicide. We can directly ask our youth if they have ever had suicidal thoughts or felt as though they didn’t want to live anymore. Having an open, honest, and transparent dialogue on sensitive topics, such as suicide, is one way to help young people express their concerns and find them immediate help if needed.
- **Observe behaviors:** We can also observe the behaviors of our young people. Do we notice any changes in the teen’s attitude or behavior that might cause alarm? Again, it is okay to ask if a young person is feeling sad, lonely, depressed, angry, or any other emotion that might affect their overall well-being. (https://www.aacap.org/aacap/Families_and_Youth/Resource_Centers/Suicide_Resource_Center/Home.aspx). A physical illness (for example, cancer, diabetes, broken bones or some other type of injury or disease) might also interfere with the teen’s daily life activities that can affect his or her mental health. We can ask how the teen is doing and work with Courtney Eversfield (Youth Director) to address any needs.
- **Be open: kindness, compassion, and genuine concern** sounds simplistic, but it is an important caring message to young people who are struggling with mental health issues. They need to know that we will be there for them in a time of crisis. This includes being aware of the mental health resources that can provide immediate help and assistance for anyone with suicidal thoughts.



Annual Churchwide Picnic

On Sunday, September 9th we will have a combined church service at 10:00 with the picnic immediately following. All members and friends are invited to stay and enjoy friendship and fellowship. Hamburgers, hot dogs and drinks will be provided, and church members are asked to bring a side and/or dessert to share.

Dress casual and relax and enjoy.

There will be a moon bounce for the kids too!

An Opportunity to Serve!

Do you love children? Do you want to help them learn about God and Jesus? We're looking for additional Sunday School teachers and substitutes for the coming year. Please contact Ruth Bailey (cell: 904-553-2691, email: RuthBaileyArt@gmail.com)



Rev. Young can be reached at the church office, 410 257 7133; parsonage 443 646 5753; e-mail revtyoung@friendshipmethodist.org

Please do not assume that Rev. Tom knows about those in the hospital or who are sick. He would rather have many phone calls, and/or e-mails about the same situation than not to get any at all.

Thanks, Tom Young

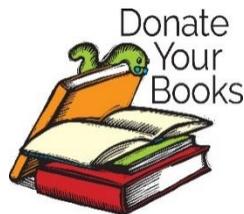
Shout out to all of our congregation



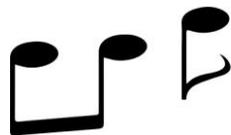
For your generous donations in support of the Breakfast Club Ministry. As of this date, FUMC has raised over \$5,000 and donated almost 1/3 of the total for food costs for the 2018 summer. Additionally, our Church members continue to generously volunteer their time for deliveries and packing throughout the remaining months of summer break. Our VBS will once again be answering the call and collecting children's books that will be distributed to children through the Breakfast Club deliveries. If you

haven't had an opportunity to give a financial gift and/or donate your time, we still have another month of the Club so it's never too late to jump in and help out. It's a great opportunity for High Schoolers to earn their ever-important volunteer credits required for graduation.

So thank you to **EVERYONE WHO HAS AND CONTINUES TO SUPPORT THIS HANDS-ON MISSION.** As always, we receive more in the process than we give!



Our Vacation Bible School mission again this year will be in conjunction with the Summer Breakfast Club. We will be collecting gently used and new children's books that will be distributed along with the breakfasts. There are collection boxes in the Fellowship Hall marked "Books".



CHOIR REHEARSALS to begin
August 27th Handbells – 6:30 pm Upper Narthex
VIPs – 6:30-8:30 Rally Night Music Room
August 28th – Sanctuary Choir 7:15-8:45 pm Music Room



The Handbell Choir is looking for a ringer. If you have an interest in learning to ring or you have rung bells before, please seriously consider joining us Monday, August 27th at 6:30 pm in the Upper Narthex or contact Chrys Hill at (410) 257-7662.



To The Tune of Country Roads

Almost heaven, Friendship Maryland
Blue crabs, bay bridge. Chesapeake waters
Thirteen people, packed in two vans
Going over mountains to Wise County

Chorus

Country roads, take us there
To the place, where we'll serve
Wise County Mountain country
We're home, at ASP

Makin' memories, all this week
Getting to know you, strangers soon friends
Hot and dirty, been here before
We love ASP, we've done many awesome years

Chorus

Well hear loud music in the morning hour to wake us up
Music reminds us that we want more sleep
Driving down the road I get a feeling that we should have brought more
sunscreen, sunscreen

to the tune of the chorus
Brylin, Jacob, Joshua, Shelby
Ben, Abigail, Elizabeth
Rick, Ashley, and Derek
Courtney, Brynn, and Chuck

chorus

Where we'll serve, Wise County
Where we'll serve, our God