Nature's Temptations

Natural Food Market · Juice Bar & Café

March 2023



Mary's Gone Crackers
Organic Crackers
(selected varieties)

$3.99

4.25-6.5 oz



Pacific Foods
Organic Soup
(selected varieties)

$3.99

16.1-16.5 oz

Muir Glen
Organic Tomatoes
(selected varieties)

5/$5

14.5 oz



Bubbies
Sauerkraut
(selected varieties)

$5.79

25 oz



Kettle & Fire
Bone Broth

$5.49

16.9 oz



Perfect Bar
Protein Bar
(selected varieties)

$2.49

2.2-2.5 oz



Forager Project
Organic Dairy-Free
Cashewmilk Yogurt
(selected varieties)

$4.99

24 oz



Purely Elizabeth
Granola
(selected varieties)

$5.29

8-12 oz



R.W. Knudsen
Organic Just Tart
Cherry Juice

$6.99

32 oz



KeVita
Organic Sparkling
Probiotic Drink
(selected varieties)

$2.79

15.2 oz



Yogi
Tea

2/$7

16 ct



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of March.



LOTUS FOODS®

CREAMY TOM YUM NOODLE SOUP

Flavor-packed and bursting with umami, this quick recipe will be your new go-to weekday meal!

By @clairebear_bites • Cook time: 15 mins • Servings: 1

INGREDIENTS

1 Lotus Foods Tom Yum Rice Ramen Noodle Soup
4 oz extra firm tofu, cubed
Avocado oil spray
½ a baby bok choy, sliced
½ cup button mushrooms, quartered
¼ cup coconut cream
¼ cup baby corn, rinsed and drained
1 green onion, sliced
2-3 pieces of cilantro

INSTRUCTIONS

1. Prepare noodle soup according to directions on package.
2. Spray tofu with avocado oil, add to the air fryer at 400 until brown and crispy.
3. Heat pan with avocado oil, add bok choy and mushrooms, and fry for 2-3 mins.
4. Pour cooked noodle soup into a bowl; stir in coconut cream.
5. Top with cooked veggies, baby corn, green onions, and cilantro.

Lotus Foods
Organic Rice Ramen
(selected varieties)

$4.99

10 oz



Lotus Foods
Rice Ramen

2/$4

2.8 oz



Lotus Foods
Rice Ramen Noodle Soup
(selected varieties)

$2.49

2-2.05 oz



Maya Kaimal
Organic Everyday Dal

$3.79

10 oz



Imagine
Organic Broth
(selected varieties)

$3.49

32 oz



Sky Valley
Sriracha Sauce

$5.29

18.5 oz



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Wild Planet uses the highest standards for sustainable fishing methods to ensure our oceans provide for future generations. From catch to can, Wild Planet's minimal processing techniques and abundant care help maintain the purity nature intended so that we may provide you and your family with delicious, nutritious seafood you can trust.



Wild Planet
Albacore Wild Tuna
(selected varieties)

$3.79

5 oz



Wild Planet
Wild Sardines
(selected varieties)

$1.99

4.4 oz



Wild Planet
Wild Sockeye Salmon

$7.49

6 oz

Safe Catch
Elite Wild Tuna

$2.99

5 oz



Spectrum
Organic Extra Virgin
Olive Oil

$11.99

25.4 oz



Organic Valley
Organic Ghee

$11.99

13 oz



EPIC
Meat Snack Strip
(selected varieties)

2/$3

0.8 oz



Food Should Taste Good
Tortilla Chips
(selected varieties)

2/$5

5.5 oz



Kettle
Potato Chips
(selected varieties)

2/$6

5 oz



Good Health
Avocado Oil Potato Chips

2/$6

5 oz



Terra Chips
Sweet Potato Chips
(selected varieties)

$3.29

6 oz



Edward & Sons
Organic Brown Rice Snaps
(selected varieties)

$2.79

3.5 oz



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Back to Nature
Plant Based Snacks





Since 1960 Back to Nature® has been creating delicious and flavorful recipes inspired by nature. We carefully select our ingredients to create great-tasting products that you can enjoy all day long.

Back to Nature Crackers
(selected varieties)

2/$7

4-8.5 oz

From The Ground Up Cauliflower Crackers

2/$6

3.5-4 oz



Peter Rabbit Organics Organic Baby Food Pouch
(selected varieties)

$1.69

4-4.4 oz



Farmer's Market Organic Pumpkin

$2.79

15 oz



St. Dalfour French Fruit Spread
(selected varieties)

$3.49

10 oz



Enjoy Life Foods Chocolate Chips
(selected varieties)

$5.29

9-10 oz



Pamela's Pancake & Baking Mix

$7.79

24 oz



Bob's Red Mill Organic Gluten Free Oats

$7.49

32 oz



Arrowhead Mills Organic Cereal Flakes
(selected varieties)

$4.99

10-12 oz



Larabar Fruit & Nut Bar
(selected varieties)



4/$5

1.6-1.7 oz

Little Secrets Crispy Wafers

2/$4

1.4 oz



Endangered Species Chocolate Bar
(selected varieties)

2/$6

3 oz



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UNREAL
Chocolate Gems



$4.79

5 oz

SmartSweets
Candy
(selected varieties)



2/$5

1.8 oz

nutpods
Dairy-Free Creamer
(selected varieties)



$2.79

11.2 oz

Choice Organic Teas
Organic Tea



$2.99

16 ct

Celestial Seasonings
Tea
(selected varieties)



$3.29

20 ct

Goldthread
Plant Based Tonic
(selected varieties)



2/$7

12 oz

Vita Coco
Coconut Water
(selected varieties)



$3.99

1 lt

Lakewood
Organic Pure
Cranberry Juice



$8.99

32 oz

Uncle Matt's Organic
Organic Orange Juice
(selected varieties)



$6.29

52 oz

Almond Breeze
Almondmilk
(selected varieties)



$3.79

64 oz

Elmhurst
Plant-Based Milk



$4.79

32 oz

Field Roast
Chao Slices



$4.99

7 oz

siggi's
Icelandic Style Yogurt



$1.39

5.3 oz

Stonyfield
Organic Yogurt
(selected varieties)



$3.79

32 oz

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Vital Farms
Butter



$3.79

8 oz

Alden's Organic
Organic Ice Cream
(selected varieties)

$8.29

48 oz



Cosmic Bliss
Organic Dairy-Free Frozen Dessert
(selected varieties)

$5.29

14 oz



Bonafide Provisions
Organic Bone Broth

$7.99

24 fl oz



Gardein
Meatless Meat
(selected varieties)

$4.49

8.1-13.7 oz



Ancient Nutrition
Multi Collagen Protein

$23.99

244-315 g



NeoCell
Super Collagen Peptides

$13.99

7 oz



Vibrant Health
Green Vibrance

$49.99

11.92 oz



Yerba Prima
Psyllium Husks Powder

$12.99

12 oz



Garden of Life
Dr. Formulated Once Daily Probiotics

$25.99

30 cap



Renew Life
Ultimate Flora Adult 50+ Probiotic 30 Billion

$19.99

30 cap



Nordic Naturals
Omega-3

$13.49

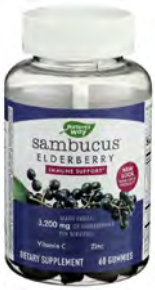
60 ct



Nature's Way
Sambucus Elderberry Gummies

$16.99

60 ct



Natural Factors
Organic Oil of Oregano

$12.99

1 oz



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DERMA E
Anti-Wrinkle Renewal Cream

$14.99

4 oz



Andalou Naturals
Shampoo or Conditioner

$6.29

11.5 oz



Avalon Organics
Shampoo or Conditioner

$8.29

11 oz



Giovanni
Hair Spray

$6.29

5 oz



Certified B Corporation

USING BUSINESS AS A FORCE FOR GOOD.

THERE'S A BETTER WAY TO DO BUSINESS.

Certified B Corporations™ are mission-driven companies that balance purpose and profit. B Corps™ meet the highest verified standards of social and environmental performance, transparency, and accountability.

So you can buy better, work better, and do better every day.

Ready to join the movement?
Visit bcorporation.net and follow @bcorpuscan.

B Lab

South of France
Bar Soap
(selected varieties)

2/$7

6 oz



The Grandpa Soap Co.
Pine Tar Bar Soap

$3.29

3.25 oz



Better Life
All-Purpose Cleaner
(selected varieties)

$4.99

32 oz



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