



Nature's Temptations

Natural Food Market • Juice Bar & Café

February 2022



**Endangered Species
Chocolate Bar**
(selected varieties)

\$2.29

3 oz



**Natural Factors
Men's & Women's Whole Earth
& Sea™ Multivitamin & Mineral**
(selected varieties)

\$30.99

60 tab



**SmartSweets
Candy**
(selected varieties)

2/\$5

1.8 oz



**Chocolove
Chocolate Bar**
(selected varieties)

\$2.29

2.9-3.2 oz



**Justin's
Organic Mini
Peanut Butter Cups**

\$3.99

4.7 oz



**Barbara's
Cheese Puffs**

2/\$5

5.5-7 oz



**Muir Glen
Organic Tomatoes**
(selected varieties)

2/\$4

28 oz



**Beyond Meat
Beyond Burger**

\$4.79

8 oz



**Traditional Medicinals
Organic Tea**
(selected varieties)

\$3.79

16 ct



**Health-Ade
Organic Kombucha**
(selected varieties)

2/\$6

16 oz



**Pacific Foods
Organic Plant-Based
Beverage**
(selected varieties)

\$2.99

32 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of February.



Amy's Organic Soup (selected varieties)

2/\$6

13.8-14.7 oz



Amy's Burrito (selected varieties)

2/\$5

5.5-6 oz



Amy's Organic Chili (selected varieties)

2/\$6

14.7 oz

At Amy's, we love to cook for you. For us, that means carefully sourcing high quality, organic ingredients and spending countless hours in our kitchens so that you can enjoy authentic, great-tasting food in minutes.

Tasty Bite Indian Entrée (selected varieties)

2/\$5

10 oz



Maya Kaimal Organic Everyday Dal (selected varieties)

\$3.29

10 oz



Cadia Organic Beans (selected varieties)

\$1.39

15 oz



Annie's Organic Mac & Cheese (selected varieties)

2/\$5

6 oz



Explore Cuisine Organic Legume Pasta (selected varieties)

\$3.49

8 oz



Rao's Homemade Pasta Sauce (selected varieties)

\$5.79

24 oz



Dr. Bronner's Regenerative Organic Coconut Oil

\$7.79

14 oz



The Ginger People Organic Pickled Sushi Ginger

\$3.29

6.7 oz



Crofter's Organic Organic Premium Fruit Spread (selected varieties)

\$3.99

16.5 oz



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Garden of Eatin'
Tortilla Chips
(selected varieties)

\$3⁹⁹

16 oz



Vegan Rob's
Puffs
(selected varieties)

\$2²⁹

3.5 oz



The Good Crisp Company
Potato Crisps
(selected varieties)

\$2⁹⁹

5.6 oz



Mary's Gone Crackers
Organic Crackers
(selected varieties)

\$3⁷⁹

5-6.5 oz



Quinn
Peanut Butter Filled
Pretzel Nuggets

\$3⁴⁹

6.5-7 oz



Vegan Tex-Mex Party Dip

5 ounces taco seasoned plant-based crumbles
1 15-ounce can refried black beans
2 tablespoons olive oil
1 medium red onion, divided
3 garlic cloves, minced
1 cup fire-roasted diced tomatoes
½ cup dairy-free sour cream
½ cup cashew queso
2 Roma tomatoes, quartered and sliced
1 jalapeño pepper, thinly sliced
½ teaspoon cayenne pepper
Cilantro sprigs

1 Prepare crumbles based on package instructions. Keep warm. Dice half of the red onion. Thinly slice the other half and save to use as the topping.

2 In a sauté pan on medium heat, heat oil and sauté half of the onion (diced) until translucent. Add garlic and cook for a minute; then add beans and fire-roasted diced tomatoes. Heat mixture for five minutes or until hot, adding water as needed.

3 To serve, spread beans in a shallow serving dish followed with a layer of crumbles. Drizzle on sour cream and cashew queso. Top crumbles with onion, tomato, jalapeño, cayenne, and cilantro. Enjoy with tortilla chips.

Barbara's
Cereal
(selected varieties)

\$3²⁹

10-15 oz



Kind
Nut Bar
(selected varieties)

\$1³⁹

1.4 oz





We obsessively vet every ingredient to unite unbeatable taste with unmatched simplicity. Get back to human with Hu.



Hu
Organic Chocolate Bar
(selected varieties)

\$3²⁹

2.1 oz

Alter Eco
Organic Chocolate Bar
(selected varieties)

2/\$5

2.65-2.82 oz



Tony's Chocolonely
Chocolate Bar
(selected varieties)

\$3²⁹

6.35 oz



Theo
Organic Chocolate Bar
(selected varieties)

2/\$5

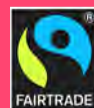
3 oz



**Give love with
Fairtrade
chocolate**



look for the mark →



Panda
Licorice
(selected varieties)

\$2⁷⁹

7 oz



SweetLeaf
Liquid Stevia Sweet Drops
(selected varieties)

\$5⁷⁹

2 oz



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Choice Organics
Organic Tea
(selected varieties)

\$3²⁹

16 ct



Essentia
Alkaline Water

\$1⁵⁹

1 lt



R.W. Knudsen
Organic Tomato Juice

\$2⁷⁹

32 oz



Lakewood
Organic Pure
Cranberry Juice

\$7⁷⁹

32 oz



C2O
Coconut Water

2/\$6

33.8 oz



Koia
Plant-Based Protein Shake
(selected varieties)

\$2⁹⁹

12 oz



Silk
Almondmilk
(selected varieties)

2/\$7

64 oz



Beet Velvet Cupcakes

- 2 cups all-purpose flour
- 2 tablespoons cocoa powder
- 2 teaspoons baking powder
- ½ teaspoon sea salt
- 1 ⅓ cups water or plant-based milk
- ⅔ cup cane sugar
- ½ cup beet purée
- ½ cup sunflower oil
- 2 large eggs
- 1 tablespoon vanilla extract
- 2 ½ cups vanilla frosting
- 2 tablespoons sprinkles

1 Preheat oven to 350°F. Whisk together flour, cocoa powder, baking powder, and salt in a mixing bowl. Set aside.

2 In another mixing bowl, whisk together water or plant-based milk, sugar, beet purée, oil, eggs, and vanilla extract.

3 Pour wet ingredients into the dry mixture and whisk until batter forms with no lumps.

4 Fill lined cupcake cups ⅔ full and bake for 18 minutes.

5 Allow cupcakes to cool before frosting.

6 Spread frosting on cooled cupcakes and decorate with sprinkles.





Organic Valley's shredded cheese has a bold cheesy flavor in every bite. Crafted in small batches for exceptional flavor in a resealable stand-up pouch. Our thick cut cheeses never have any antibiotics, synthetic hormones, pesticides or GMOs.



Organic Valley
Organic Shredded Cheese
(selected varieties)

\$4.29

6 oz

Organic Valley
Organic Cheese
(selected varieties)

\$4.79

8 oz

So Delicious
Coconutmilk Yogurt Alternative
(selected varieties)

\$1.49

5.3 oz



Daiya
Dairy-Free Slices
(selected varieties)

\$3.29

7.8 oz



Vital Farms
Pasture-Raised Butter

\$3.29

8 oz



Ithaca
Hummus
(selected varieties)

\$3.29

10 oz



Miso Master
Organic Mellow White Miso

\$4.79

8 oz



Canyon Bakehouse
Gluten-Free Bread
(selected varieties)

\$4.99

18 oz



Food For Life
Organic Sprouted Corn
Tortillas

\$3.29

10 oz



Boiron
Chestal Honey

\$8.99

6.7 oz



Carlson
Cod Liver Oil
(selected varieties)

\$21.99

250 ml

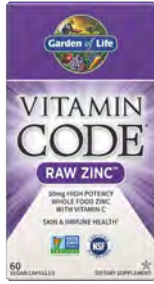


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**Garden of Life
Vitamin Code Raw Zinc**

\$10⁹⁹

60 ct



**MegaFood
Blood Builder**

\$12⁴⁹

30 tab



**Oregon's Wild Harvest
Organic Ashwagandha**

\$17⁹⁹

90 ct



**Acure
Brightening Facial Scrub**

\$6⁷⁹

4 oz



**NORDIC
NATURALS**

#1 Fish Oil Brand in the U.S.

*Based on ClearCut, Nielsen, and SPINS annual sales data in the U.S.

When it comes to your health, good enough is not enough. As the #1 omega-3 fish oil brand in the U.S., Nordic Naturals sets the highest standards for fish oil manufacturing. The ultimate in omega-3 fish oil.



Nordic Naturals
Vitamin D3 Gummies

\$10⁹⁹

60 ct



Nordic Naturals
Ultimate Omega

\$20⁹⁹

60 ct

**Aura Cacia
Lavender Essential Oil**

\$8²⁹

0.5 oz



**Dr. Bronner's
Organic Lip Balm**

\$2⁴⁹

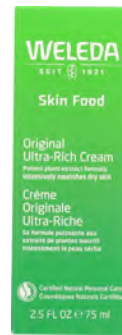
0.15 oz



**Weleda
Skin Food**

\$13⁹⁹

2.5 oz



**ShiKai
Borage Therapy Hand Cream**

\$5²⁹

2.5 oz



**Giovanni
Shampoo or Conditioner
(selected varieties)**

\$6⁴⁹

8.5 oz



**Mineral Fusion
Nail Polish Remover**

\$6⁴⁹

6 oz



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