

How to use this guide and things to keep in mind:

- Before you begin the online application, review this comprehensive list of questions that will be on the form.
- We highly encourage you to type out your responses on another document and copy and paste directly into the form.
- Applicants who have never presented at a Balanced Body event will be required to submit a video (details found in Section 7 of guide and application).
- You will be given the opportunity to print out your entire submission for your records once you submit your application. ***Please remember: we will not accept handwritten applications.***

Please consider the following questions before submitting your online form:

- Who will benefit from taking this workshop and/or lecture?
- Does this course represent a topic you are deeply passionate about?
- Is this course a review of essential information or new material?
- Is the material presented in an effective, embodied, and practical manner?
- If the course concerns rehabilitation or movement science topics, is it supported by appropriate research?

Presenter Application – Questions

Section 1 - General Information

1. What is your name?
2. What is your studio affiliation?
3. What is your studio address? (Please include City, State, Zip Code and Country)
4. What is your mailing address? (Please include City, State, Zip Code and Country)
5. What is your primary email address?
6. What is your public-facing email address?
7. What is your mobile number?
8. What is your work number?
9. What is your fax number?

Section 2 - Certifications

NCPT certification at a minimum is preferable and additional certifications are highly encouraged (e.g. ACE, NASM/AFAA).

Note: some CE providers waive the need for certifications if the presenter has a graduate level or higher-level degree in the field in which they are presenting.

10. Are you NCPT certified?
11. Please provide your NCPT number and expiration date.
12. Are you ACE certified?
13. Please provide your ACE number and expiration date.
14. Are you NASM certified?
15. Please provide your NASM number and expiration date.
16. Are you AFAA certified?
17. Please provide your AFAA number and expiration date.
18. Are you ACSM certified?
19. Please provide your ACSM number and expiration date.
20. Are you a Physical Therapist?
21. Please provide your PT License and Accrediting State
22. Do you have any additional certification you would like to visit?
23. Highest Degree Obtained (Year Completed)
24. Is there any other additional education you would like to provide?

Section 3 - Presenter Biography

25. Please provide your biography (short form: maximum of 240 characters includes spaces).
26. Please provide your biography (long form: no character limit).

Section 4 - General Availability

Help us to understand where you are interested in presenting and what your availability is to present.

27. Where are you interested in presenting?
28. What mode are you interested in presenting in?
29. 2022 will likely see 2 to 3 live events. Please indicate below when you might be able to teach.
30. Programming for 2023 and 2024 is not yet confirmed. If you know general timeframes when you may be unavailable to present, please detail in the space below.
31. Do you have additional scheduling parameters you would like to include?

Section 5 - Workshop Information & Equipment Requirements

Complete the fields below to submit a workshop for consideration and complete one application for each workshop.

Note regarding equipment requests: We may be unable to fulfill all equipment requests depending on availability. We will do our best to provide you with the equipment requested and communicate what is available should your workshop be selected.

32. Please provide the name of your workshop.
33. Please provide the workshop description (long version).
34. Please provide the workshop description (short version: 400 characters max with spaces).
35. Please provide 3-5 objectives for the workshop.
36. Please provide the hour-by-hour outline.
37. Please list the bibliography here.
38. Please select the appropriate workshop duration: 1.5-hour, 3-hour, 6-hour or 12-16 hour
39. Is your workshop primarily lecture, practical or mixture?
40. Who is your target audience?
41. Please select the appropriate level for this workshop.
42. Choose equipment needed for this workshop. Please remember we may be unable to fulfill all requests, but we will do our best to accommodate your workshop needs.
43. Choose the small props needed for this workshop. Please remember we may be unable to fulfill all requests, but we will do our best to accommodate your workshop needs.
44. Would you like to submit another workshop application?

Section 6 - Additional Resource: References*

Please provide us the names and contact information for three references whom we may contact to gain a better understanding of your qualifications and teaching experience. You will be notified before we reach out to your references.

**You do not need to fill out this portion if you have previously presented an original workshop at a POT event.*

45. Reference's name, phone number and email
46. Reference's name, phone number and email
47. Reference's name, phone number and email



Section 7 - Additional Resource: Video*

Please email your video to Irma Endelman, Event Presentation Coordinator, at Irma.Endelman@Pilates.com after completing this online application. Your video must be received by the deadline assigned to the cycle you are applying for. Please consult your email invitation for exact deadlines.

Video Guidelines

- **Length:** At least 5 minutes, no more than 10 minutes.
- **Format:** We leave this to your discretion. You may film yourself teaching one or more people, or just teaching to a camera.
- **Objective:** The video should offer us a glimpse into your teaching style, comfort and mastery of the subject matter.

**Only required if you have never presented at a Balanced Body event.*