

Delta Pacific Dental
Hygienists' Association
Continuing Education, in
partnership with San Joaquin
County Public Health
Services presents



Title: **Alternative Tobacco Products and the Dental Team's Role in Tobacco Cessation**

Speakers: Benjamin W. Chaffee, DDS, MPH, PhD
Elizabeth T. Couch RDH, MS, TTS

CE units: 3

Location: **TBD (due to Covid-19 SIP)**

University of the Pacific Chan Family Health Sciences Learning Center, Stockton, CA or via ZOOM

Date: Saturday, July 25, 2020

Time: 9:00 AM - Noon

Fee: Free

Course description:

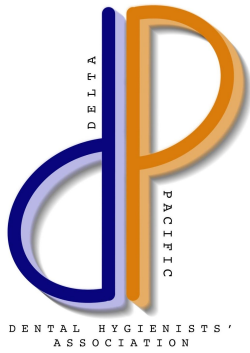
Tobacco use remains the leading cause of preventable death in the United States. While the prevalence of smoking has declined nationally, the use of alternative tobacco products, such as electronic cigarettes (i.e., e-cigs, "vapes", JUULs, etc.), has increased rapidly. Dental professionals are likely to encounter patients who are using these products or have questions about them. This interactive course will provide participants with an overview of the oral and systemic health implications of different tobacco products and evidence-based strategies to address tobacco use in practice, including key points for patient education and communication. This course will utilize the *SJC Tobacco Cessation Toolkit for Dental Settings* to provide learners with evidence-based brief intervention strategies to address tobacco and vaping dependence in practice.

Learning outcomes:

Upon completion of this course, participants will be able to:

- Recognize the oral and systemic health implications of tobacco, electronic cigarettes and cannabis.
- Identify evidence-based strategies for addressing tobacco use in practice, including patient communication techniques, referral resources, and pharmacotherapy.
- Utilize the *SJC Tobacco Cessation Toolkit for Dental Settings* to implement tobacco cessation protocols and techniques in practice

Speakers Bio:



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Benjamin Chaffee, DDS MPH PhD, associate professor in the Division of Oral Epidemiology and Dental Public Health at the University of California San Francisco, is Director of the UCSF School of Dentistry Program in Global Oral Health. He is principal investigator of an NIH-funded cohort study of tobacco and substance use among adolescents in rural California. His research areas include new and emerging tobacco products, dental professional engagement in tobacco cessation, early-life influences of children's oral health, and dental caries management. Dr. Chaffee currently serves on the editorial board of the Journal of Dental Research and has authored more than 70 peer-reviewed publications. He has been nationally recognized for excellence in teaching.



Benjamin.chaffee@ucsf.edu
UCSF School of Dentistry
3333 California St. Suite 495
San Francisco, CA 94118

Elizabeth Couch, RDH, MS, TTS is an assistant adjunct professor in the Division of Oral Epidemiology and Dental Public Health at the University of California San Francisco. Her research interests include tobacco-related behaviors among youth and the role of dental professionals in tobacco prevention and cessation. She is affiliated with the UCSF Center for Tobacco Control Research & Education and the California Oral Health Technical Assistance Center at UCSF. Currently, she serves on the Journal of Dental Hygiene Editorial Review Board and National Center for Dental Hygiene Research & Practice Advisory Board. As a Tobacco Treatment Specialist (TTS) and practicing dental hygienist (part-time), she is dedicated to addressing tobacco use among her patients.



elizabeth.couch@ucsf.edu
UCSF School of Dentistry
3333 California St. Suite 495

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