

CA Quits



FREE RESOURCES ON TOBACCO TREATMENT

Tobacco use is still the leading preventable cause of death and disease. CA Quits can help you with your work and the people you serve. The Healthcare Systems Toolkit has simple steps to integrate tobacco screening and treatment. The brief training modules cover key tobacco treatment topics for any staff. These resources are available at www.caquits.com.

1 Healthcare Systems Toolkit

- Script for the Ask, Advise, Refer framework
- Sample policy and procedure templates
- Referral systems including to Kick It California
- Medication overview and CA pharmacists



2 Brief Training Modules

Eight 15-30 minute videos for staff by University of California faculty as “UC Quits.” Free continuing medical education credits available: www.cmecalifornia.com.

Key topics include:

- Top 10 Reasons to Prioritize Tobacco Treatment
- The 5 A’s of Tobacco Treatment Counseling
- Kick It California
- Medications for Smoking Cessation
- Reducing Secondhand Smoke Exposure in Children
- Vaping and Lung Injury in Young People
- Perioperative Smoking Cessation
- Managing Tobacco for Maternal Health



Contact CA Quits for questions: www.caquits.com/contact