KICK IT QUIT SMOKING | VAPING
California

YOU CAN QUIT
OUR APP CAN HELP

**KICK IT CALIFORNIA HAS SERVED
1 MILLION+ PEOPLE OVER 30 YEARS.**

5 ways our KICK IT app can help you.

- Check In Daily
- Track Progress
- Build a Quit Plan
- Crush Cravings
- Complete Missions



KickitCA.org/app

KICK TOBACCO AND NICOTINE FOR GOOD!

FREE