

Wisdom of Silence



Hermitage Retreat

Lead by Samuel



Saturday, September 27, 2025 - 9 AM - 5pm EST

Join us for a day of deep stillness and renewal. This single-day retreat combines meditation instruction, periods of noble silence, and mindful practices to help you reconnect with your inner stillness and the wisdom of the Spirit.

The day includes:

- **Meditation Instruction:** Both beginner as well as advanced practice. All conducted in a small group setting, capped at 25 participants.
- **Extended periods of silence:** Silence is an ancient wisdom tool we make use of in our retreats to help settle the mind and create space for wisdom and compassion to naturally arise.
- **Nourishing meals:** Deliciously catered meals to help you sustain mindful eating exercise.
- **Mindful walking in nature:** We make room for time outdoors, mindful walking and exercise to care for and rejuvenate the body.

- **Parable Practice:** Inspired by the teaching of Jesus. We learn from our own experience while creating parables to share with one another.

“In a world of noise, confusion and conflict it is necessary that there be places of silence, inner discipline and peace. In such places love can blossom.”
Thomas Merton

Come and enjoy a day of quiet and discover the Divine Presence already alive within you. See the world with new eyes as we journey together into the Divine Presence in all things

Samuel



Register online

The Hermitage Attn: Lulu
3650 E. 36th Street
Indianapolis, IN 46205
317-545-0742
Email: Lulugk@att.net

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Amt Paid _____ Check # _____

Wisdom of Silence Retreat

September 2025

Fee	\$30
Student discount	\$10

New Students: A \$10.00 deposit must be received on or by **Monday, September 22nd** to ensure your reservation.

Registration options

Register online at HermitageIndy.org/product

Please make checks payable to The Hermitage. To register by phone and pay with a Credit Card, or if you have any questions call LuLu at

(317) 545-0742

or

email her at: lulugk@att.net