



## **Project FoodBox is Now Offering Medically Tailored Meals (MTM)!**

**Together, we're expanding access to health through food. Project FoodBox is proud to now offer Medically Tailored Meals (MTM) — complete, pre-frozen meals designed to meet the specific medical and nutritional needs of individuals managing chronic health conditions.**

In partnership with Amy's Kitchen and Mosaic Foods, our MTM program ensures that members receive balanced, nourishing meals that fit a variety of dietary requirements.

Each meal is carefully prepared by trusted culinary partners and medically aligned with dietary guidelines to support better health outcomes.

### **Available Meal Types:**

-  **Gluten-Free**
-  **Vegetarian**
-  **Vegan**
-  **Nut-Free**
-  **Wheat-Free**

### **Who Qualifies:**

**Members managing chronic or diet-sensitive conditions may qualify for MTM services through their health plan.**