



Boone County Adult Day Center



March 2020 News



I was thinking about St. Patrick's Day and how fun the celebrations are. Some people may not know very much about Ireland or the St. Patrick's Day traditions. Here are some fun facts about the holiday- and remember: we are all Irish on March 17th 😊

When is St. Patrick's Day

St. Patrick's Day is always celebrated on March 17th.



Who was St. Patrick?

St. Patrick is the patron saint of Ireland. He is credited with bringing Christianity to Ireland during the 4th century A.D.



What is a shamrock?

A shamrock is a three leaf clover and is the national flower of Ireland. Each leaf of the shamrock represents one part of the Holy Trinity; the Father, the Son, and the Holy Spirit.

Why are four leaf clovers lucky?

Four leaf clovers are lucky because they are very hard to find. A person can search clover patches for a thousand years and never find one.



What is a leprechaun?

A leprechaun is an Irish fairy that looks like a little old man. He is about two feet tall and dresses like a shoemaker.



How can I catch a leprechaun?

The only way you can catch a leprechaun is by building a leprechaun trap. Here is how to make a leprechaun trap.

Why do we wear green on St. Patrick's Day?

Green is the beautiful color of Springtime and is very much so connected with thoughts of hope and good things to come. You also wear green on St. Patrick's Day because you don't want to get pinched.

What is an Irish blessing?

May the Irish hills caress you.
May her lakes and rivers bless you.
May the luck of the Irish fold you.
May the blessing of St. Patrick behold you.

The Irish are known for blessing anything and everything. This particular blessing would be said at the start of a St. Patrick's Day event.

What do people eat on St. Patrick's Day?

The traditional food of St. Patrick's Day is corned beef and cabbage.



Where do you turn when an aging loved one needs help?

There are many situations and concerns that may arise when caring for an aging parent or loved one: Maybe an elderly parent is having difficulties with memory; Maybe an older family member is lonely and the thought of them being home alone all day is worrying; Sometimes safety may become a concern if wandering or confusion has been noticed. For those families struggling with what to do in these situations, the Boone County Adult Day Center may be able to help.

The Boone County Adult Day Center provides day time elderly care for seniors who are in transition: those not yet ready for nursing home care but may have difficulties with memory, cognition, or caring for themselves. The day center provides a way for these seniors to remain as active and independent as possible with help from our trained and caring staff. At our center, seniors are provided opportunities to enjoy social time and fellowship with other seniors in a supervised, loving environment. Personal Care Assistants attend to any needs that may arise and provide encouraging and supportive care matching each client's individual abilities. The Adult Day Center program is beneficial for both the elder and the caregiver: For elderly adults who still crave social time and independence the day center is a very appealing option. The senior adult gets out of the house and can enjoy time with others. For the primary caregiver, it can be a great relief from the strain of 24/7 care responsibilities. Family members can also have peace of mind knowing their loved one is being well taken care of, and they no longer need to worry about leaving their family member home alone unattended.

If you or someone you know has a loved one who might benefit from Adult Day Center care, please call us or come by to see what our center has to offer. We would love to give you a tour and introduce our staff. Remember: Nursing home care is not the only option. Let us know if we can help in any way.

Please call 870-741-4991 for more information about the Adult Day Center program.



The Boone County Senior Activity and Wellness Center is available to provide home delivered meals to seniors in Boone County who cannot get out and get a hot meal during the week. Meals are delivered to seniors 60 or older Monday through Friday for a suggested donation of \$3.00 per meal.

Need transportation to the store or appointments? They can help with that too. For more information on Home Delivered Meals or Transportation Services, call the Senior Center at 741-1505



We want to thank the First Christian Church of Harrison AR, as well as the United Way for continuing to support the Boone County Adult Day Center. It is through the support of these wonderful organizations that the Adult Day Center can continue to provide quality care to seniors in our community.



Irish Blessing

May you live a long life
Full of gladness and health,
With a pocket full of gold
As the least of you wealth.
May the dreams you hold dearest,
Be those which come true,
The kindness you spread,
Keep returning to you.



The Boone County Adult Day Center Welcomes Clients

Monday – Friday 7:30 am to 4:30 pm

1516 Rock Springs Rd, Harrison (870) 741-4991

Boone County Adult Day Center is an equal opportunity provider/employer.