

PREPARES Valentine Appeal 2021



Pregnancy & Parenting Support

A Life Affirming, Life Changing Promise of Support

PREPARES is a parish based partnership with your local Catholic Charities providing families in need, free of charge, the following:

- Food
- Diapers and Wipes
- Clothing
- Housing Referral
- Support Groups
- Parenting Classes

Open Your Heart... 
To Infants & Children in Need

Ways to Help



DONATE

Support PREPARES by donating to the **OPEN YOUR HEART VALENTINE APPEAL** by mail or online at **PREPARESforlife.org**. **100% of your donation will go directly to serve families in need thanks to the generous sponsorship of The Knights of Columbus Council #676.**



VOLUNTEER

Become a trained PREPARES volunteer at a local Catholic parish as a **FAMILY COMPANION** or **SUPPORT GROUP** member for Moms and Dads. Both opportunities provide practical, emotional presence and support to families in need.



ASSIST

Sponsor a parish based **NEEDS DRIVE** to collect and distribute food and household needs or a **CLOTHING CLOSET** accessible to PREPARES families. Establish a parish **TRAVELING CRIB** for the collection of baby essentials. Provide age appropriate **PREPARES BAGS** filled with infant and child items such as diapers and wipes, blankets, toys and books.

For more information about PREPARES, visit www.preparesforlife.org