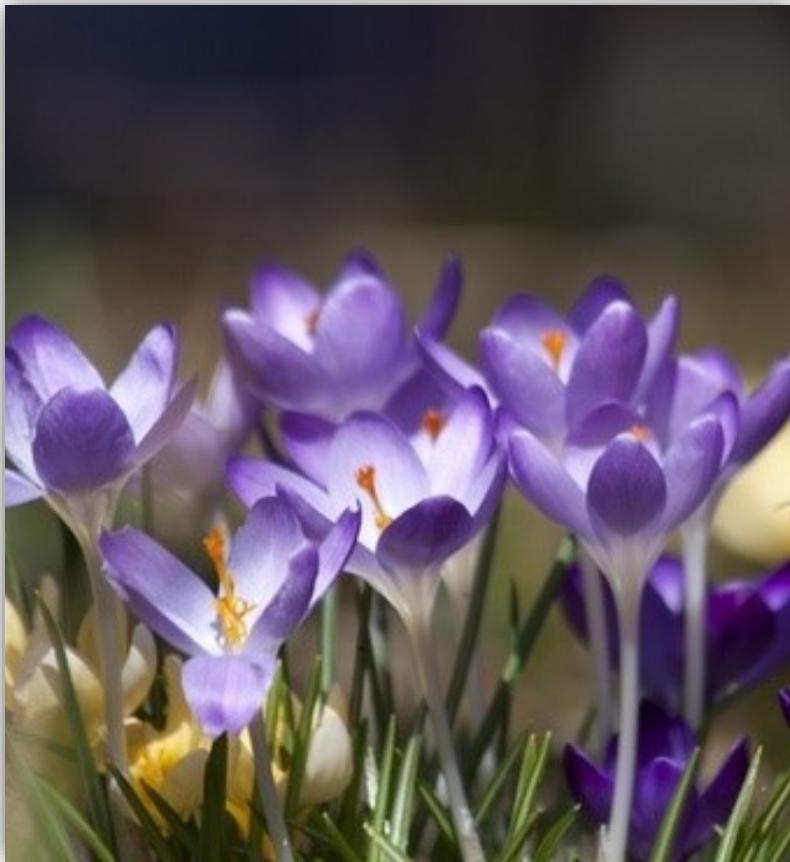


# Our Lady of Guadalupe

*A parish with open arms and caring hearts*

February 7th and 14th, 2021



*He heals the  
brokenhearted  
and binds up  
their wounds.*

*He tells the  
number of the stars;  
he calls each by name.  
Great is our Lord  
and mighty in power;  
to his wisdom  
there is no limit.*

- Psalm 147:3-5

## Mass Times

**Saturday Vigil** - 5:30 PM - Registration Required at

<https://www.signupgenius.com/go/9040544a4ab2fa6f49-ourlady>

**Sunday Mornings** - 10:00 AM - Live Streamed - [www.vimeo.com/olgseattle](http://www.vimeo.com/olgseattle) or  
[www.facebook.com/olgparishseattle](http://www.facebook.com/olgparishseattle)

**Weekday Mass** - Wednesday, Thursday, and Friday - 9:00 AM - Live Streamed

**Sacrament of Reconciliation** - by Appointment through the Parish Office

**OLG Parish** - 7000 35th Avenue SW, Seattle, WA 98126

[www.olgseattle.org](http://www.olgseattle.org) - [parishoffice@olgseattle.org](mailto:parishoffice@olgseattle.org) - Phone: 206-935-0358

**OLG Parish School** - 3401 SW Myrtle, Seattle, WA 98126 - [www.guadalupe-school.org](http://www.guadalupe-school.org)

Phone: 206-935-0651



## Pastor's Page

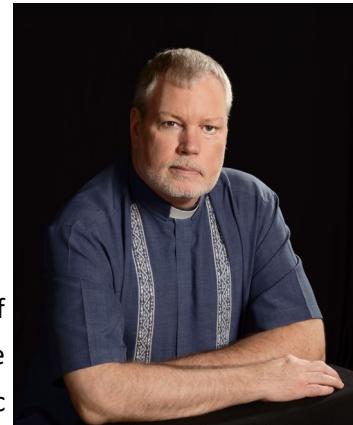
Dear Brothers and Sisters in Christ,

It was almost eleven months ago that, due to the rapidly increasing dangers of the COVID-19 pandemic, Catholic parishes throughout the Archdiocese of Seattle went into what many have come to call “lock-down mode.” The public celebration of Mass was suspended, and other reductions and constraints began to be introduced as a means to keep people safe from the troublesome virus that was rapidly sweeping the planet. While some of these restrictions have been eased and reduced, other limitations and safety measures have been broadly adopted and implemented.

As we approach Ash Wednesday and the beginning of Lent here in 2021, we continue to face many challenges and concerns regarding the pandemic, even as we look forward with hope and optimism to the protections that we hope and pray the new vaccines will bring us as they are distributed and administered. We are not out of the woods yet by a long shot, but there is reason to hope that the trees are beginning to thin out somewhat and that the sunlight will soon begin to filter through a bit more warmly and brightly.

As Lent begins, I remind everyone that the policy which began with the coronavirus shut down last year remains in effect—namely, the obligation to attend and participate at Mass in person on Sundays and holy days of obligation continues to be dispensed with until further notification by our Catholic Bishops. In addition, **Ash Wednesday is NOT a holy day of obligation, nor is there a Church requirement that people receive ashes on Ash Wednesday.** Those who are part of OLG, and who wish to celebrate Mass on Ash Wednesday, are most welcome to do so via either of the two Masses we have planned for that day. We have a **9:00 a.m. Public Mass planned for Ash Wednesday wherein ashes will be distributed** in a somewhat different form than most Catholics in the USA are familiar with. (A small pinch of the ashes will simply be sprinkled upon the crown of each person’s head. The priest or assisting minister distributing the ashes will NOT touch the person to whom the ashes are being administered.) We will also offer a **live-streamed Mass at 7:00 p.m. via Facebook and Vimeo.** There will be NO DISTRIBUTION OF ASHES at this evening Mass, though a special Lenten blessing will be offered.

There will also be two **Liturgies of the Word** (NOT Masses) offered on Ash Wednesday at OLG—**6:30 a.m. and Noon.** Both these services will include the distribution of ashes to any who are present. A blessed, prayerful and fruitful Lent to all at OLG.



Grace and peace,

*Fr. Kevin*



## Prayer & Liturgy

### Let Us Pray For...

We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Joan Bateman	Barb Lagozzino	Bill Robinson
Sharon Briggs	Estella Mangaliman	Daniel Ocasio Gonzales Salinas
Audrey Buyer	Wilma Miller	Haley Shelland
Mel Dennis	Anthony Narancic	John Sullivan
Alexander Guzman	George Nizansky	Virginia Sullivan
John Keaveney	Jack Padon	Carolina Torrez
Jenny Korducki	Marie-Claude Ravel	

...for all those who are sick and suffering from COVID-19

**REST IN PEACE** - We remember Frances Nitkey and Bob Brongil who recently passed away. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Memorial Mass for Joseph Martin Cook - **Wednesday, February 10th**  
 Special Intention Mass for Maribel La Forga - **Thursday, February 11th**  
 Memorial Mass for Frances Nitkey - **Friday, February 12th**  
 Memorial Mass for Mason Swanson - **Thursday, February 18th**  
 Memorial Mass for Bill Gillespie - **Friday, February 19th**

### Traveling The Lenten Path Together Evenings Of Word & Song

Thursdays of Lent beginning **February 25**, 7:00-7:30 p.m. ([live stream](#)) Join us for a quiet evening of music and reflections



from fellow parishioners as we journey through Lent together. "My Lord God...I know that if I do this you will lead me by the right road, through I may know nothing about it." (Thomas Merton)

For more information about "Prayer and Liturgy" go to [www.olgseattle.org](http://www.olgseattle.org) and click on the "Grow In Faith" tab.

#### BUSINESS OF THE WEEK

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### Scripture Readings

#### February 7th Fifth Sunday In Ordinary Time

Reading 1: **Job** 7:1-4, 6-7  
 Reading 2: **1 Corinthians** 9:16-19, 22-23  
 Gospel: **Mark** 1:29-39

#### February 14th Sixth Sunday In Ordinary Time

Reading 1: **Leviticus** 13:1-2, 44-46  
 Reading 2: **1 Corinthians** 10:31-11:1  
 Gospel: **Mark** 1:40-45

#### February 17th Ash Wednesday

Reading 1: **Joel** 2:12-18  
 Reading 2: **2 Corinthians** 5:20-6:2  
 Gospel: **Matthew** 6:1-6, 16-18

#### February 21st First Sunday of Lent

Reading 1: **Genesis** 9:8-15  
 Reading 2: **1 Peter** 3:18-22  
 Gospel: **Mark** 1:12-15

### Ash Wednesday Schedule (February 17)

The Archbishop has given parishes permission to distribute ashes this year, but with modifications due to COVID-19. Ashes will be sprinkled over a person's head in silence. Below is the schedule for our parish's services. Please note that registration is required for the public celebrations.

Here is the sign up link:

<https://www.signupgenius.com/go/9040544A4AB2FA6F49-ashwednesday>

Liturgy of the Word with Distribution of Ashes - 6:30 a.m. (**registration required**)

Public Mass & Distribution of Ashes - 9:00 a.m. (**registration required**)

Liturgy of the Word with Distribution of Ashes - 12:00 Noon (**registration required**)

Live Stream Mass with a Special Lenten Blessing - **no** Distribution of Ashes - 7:00 p.m.

### Congratulations and God's Blessings

To Luca Anthony Sullivan and Marcello Alexander Stafford who were recently baptized; to Miranda Jean Porterfield Galloway Porterfield, Van Galloway Chaney, and Lyrabess Galloway Porterfield who were received into full communion with the Catholic Church; and Irma Gomez Montellano who celebrated her First Communion this past weekend!

# Pastoral Care



# Family Faith Formation

## Home Ministries

Have you ever wanted to serve the Homebound in our community? If you feel called by the Holy Spirit, we have a place for you as a Eucharistic Minister! For more information, please call Marion Kari at 206-935-0358, Ext. 113 or email [marionk@olgseattle.org](mailto:marionk@olgseattle.org).

## Attention Seniors & Homebound Who Need Assistance Scheduling Your Vaccine Appointment

If you do not have family support and live in a facility where you have administrative support and are having difficulty scheduling your appointment, please call the parish. We have volunteers who might be able to provide assistance. Please call 206-935-0358 and ask for Marion Kari or email at [marionk@olgseattle.org](mailto:marionk@olgseattle.org).



## Faith Formation Schedule For February 2021

**February 7th** - Virtual Classes: Sac Prep One and Sac Prep Two, Ventures 3rd, 4th and 5th.

**February 14th** - No Classes, Seattle Public Schools Winter Break through February 19th.

**February 21st** - Virtual Parent and Guardian Session - "Preparing for the Season of Lent as a family" along with a family craft packet.

**February 28th** - Virtual Classes: Sac Pre One and Sac Prep Two and Visions 6th and 7th.

## Ash Wednesday Prayer

Merciful and Loving God,  
Through your prophet Joel, you remind us as a family, of the true meaning of penitence.



As we begin our Lenten journey, turn our hearts toward you. Since we are unable to receive ashes on our foreheads in the sign of a cross due to COVID-19, we are reminded of the meaning of ashes; that we are called to conversion.

May our repentance be truthful and sincere. May our prayers be open to your guidance and grace. And may our almsgiving be generous of heart.

In the name of your Son, our Lord Jesus Christ, we pray. Amen.



"The whole town was gathered at the door. He cured many ... and drove out many demons."

## Sheepish Question:

Where is God in my concerns? Where am I in his?

## This Week's Readings at Mass It Feels Good To Go Back To Work

- **Job 7:1-4, 6-7** - Job's first reply
- **1 Corinthians 9:16-19, 22-23** - Paul's recompense
- **Mark 1:29-39** - Cure of Peter's mother-in-law and other miracles

## Questions of the Week

1. Have you had the experience of being sick or injured and having to rely on others to do things for you that you wish you could do for yourself? What is it like?
2. Jesus gives us a great example of self-care in this passage when he goes away by himself to pray after a particularly busy day. When you find yourself especially busy or stressed, what do you do - or what would you like to do - to take care of yourself and get re-connected with God's strength?

# PREPARES Valentine Appeal 2021



## A Life Affirming, Life Changing Promise of Support

PREPARES is a parish based partnership with your local Catholic Charities providing families in need, free of charge, the following:

- Food
- Diapers and Wipes
- Clothing
- Housing Referral
- Support Groups
- Parenting Classes

## Open Your Heart... ❤ To Infants & Children in Need

### Ways to Help



#### DONATE

Support PREPARES by donating to the **OPEN YOUR HEART VALENTINE APPEAL** by mail or online at: **PREPARESforlife.org**. *100% of your donation will go directly to serve families in need thanks to the generous sponsorship of The Knights of Columbus Council #676.*



#### VOLUNTEER

Become a trained PREPARES volunteer at a local Catholic parish as a **FAMILY COMPANION** or **SUPPORT GROUP** member for Moms and Dads. Both opportunities provide practical, emotional presence and support to families in need.



#### ASSIST

Sponsor a parish based **NEEDS DRIVE** to collect and distribute food and household needs or a **CLOTHING CLOSET** accessible to PREPARES families. Establish a parish **TRAVELING CRIB** for the collection of baby essentials. Provide age appropriate **PREPARES BAGS** filled with infant and child items such as diapers and wipes, blankets, toys and books.

For more information about PREPARES, visit [www.preparesforlife.org](http://www.preparesforlife.org)



## ***Time To Discern: Connecting The Dots On Climate Emergency***

The Care for Creation Ministry of Our Lady of Guadalupe and Holy Rosary parishes invites you to "Time to Discern; Connecting the Dots on Climate Emergency," an online presentation in preparation for Lent. Dr. Barak Gale, chair of the Washington State chapter of the Climate Reality Project, has prepared this presentation specifically for our parishes, with an opening by Keith Warner OFM, Director of the Global Social Benefit Fellowship at Santa Clara University. The session will take place via Zoom on **Monday, Feb. 15**, from 7:00 p.m. to 8:15 p.m.

To join the Zoom meeting via computer or mobile device

<https://us02web.zoom.us/j/88059367948?wd=Z0NkVE9wSW53WVl6RmZjVkxBVFZpQT09>

To join by phone, call 1-253-215-8782

Meeting ID: 880 5936 7948

Passcode: 712033

*"You know how to interpret the appearance of the earth and the sky. How is it that you don't know how to interpret this present time?"*      *– Luke 12:56*



# Outreach Ministry

## GATHER

### Mardi Gras Scavenger Hunt For Families

All 7<sup>th</sup>-12<sup>th</sup> graders and their families are invited to a Mardi Gras Family Scavenger Hunt on **Saturday, February 13 at 1:00 p.m.** Families will meet in person, socially-distanced, to receive their packet of clues. The hunt will take you around the greater West Seattle area, then we'll all gather to award prizes. Join us for some fun! To sign up, go to our website or visit: <https://forms.gle/eQDcsTq7ZPqwQjuR7> Register by **Wednesday, February 10.**

### Lenten Evening Of Reflection For Families

All 7<sup>th</sup>-12<sup>th</sup> graders and their families are invited to a Lenten Evening of Reflection with other families from OLG and Holy Rosary on Zoom on **Thursday, February 25 at 6:30 p.m.** OLG will be providing weekly reflections during Lent to our middle school and high school families to use at home. Join us early in Lent to see the resources in action and practice using them as a family. **Register by Monday, February 22.** *Information, Jennifer at [jibach@olgseattle.org](mailto:jibach@olgseattle.org)*

### Catholic Advocacy Day: Catholics For Equity And Life

Catholic Advocacy Day is going virtual this year and will be held on **Tuesday, March 23 from 8:00 a.m. to 4:00 p.m.** In this time of COVID and the call for economic and racial equity, join with Catholic parishes and organizations in a day of advocacy for a society in which all people and the Earth can thrive. The day will include Mass, a State Government speaker, briefings on issues, legislative Zoom meetings by District, and a social media campaign. Participate in all or some of the day's activities as your schedule allows. **Register by March 9 at [ipjc.org/cad](http://ipjc.org/cad)** if you want to be part of legislator meetings.

## SERVE

### 2021 Day of Service:

#### Nature Consortium Project Highlight

Save the date! The 2021 Day of Service is **Saturday, April 24.** Over the next couple months, we will be featuring project sites. There is something for everyone! Watch for sign-ups coming soon! Modern Catholic Social Teaching inspires Catholics to "Care for God's Creation" as part of our mission to build a just and holy world, amidst all of the challenges around us. Through [Nature Consortium](#), a grassroots, community-based organization, volunteers have the opportunity to put this teaching into action. With the mission to connect people, arts and nature, volunteers will work in small groups outdoors on invasive plant removal, mulching, planting and gardening activities in West Seattle. All are welcome. Interested in helping to plan this year's event (and earning volunteer hours)? Our next meeting is on **Monday, February 8 at 4:00 p.m.** Contact Karen ([fittonkaren@gmail.com](mailto:fittonkaren@gmail.com)) for more information. Learn more at [olgseattle.org/day-of-service](http://olgseattle.org/day-of-service).

## LEARN

### Catholic Relief Services

#### Rice Bowl Lenten Program: We Are Called

Join our faith community—and more than 12,000 Catholic communities across the United States—in a life-changing Lenten journey with CRS Rice Bowl. Hopefully you received your Rice Bowl in the mail. If not, you can pick one up at the Pastoral Center. During the 40 days of Lent, we will reflect on how hunger and malnutrition affect our human family, and on the need to take action to end this global injustice. Visit [crsricebowl.org](http://crsricebowl.org) to learn more.

## ACT

### Washington State Catholic Urge Vaccination

The bishops of Washington state are encouraging Catholics to "get the COVID-19 vaccine to protect themselves, loved ones, and the community." They join the state's Catholic Charities agencies and Catholic health care organizations in making their recommendation. In response to moral concerns about the development of the vaccines, the bishops cite the chairs of the U.S. Conference of Catholic Bishops' committees on doctrine and pro-life activities, who concluded that it is morally permissible to receive the vaccines. Learn more at [www.doh.wa.gov/Emergencies/COVID19/vaccine](http://www.doh.wa.gov/Emergencies/COVID19/vaccine)

## Washington State Catholic Conference Advocacy Bulletin

The Washington State Catholic Conference (WSCC) represents the Catholic Bishops of Washington in their efforts to support public policies that promote the common good. Their mission is rooted in the Catholic community's belief in the dignity of the human person, our tradition of services to the most vulnerable of society, and our firm commitment to a just and peaceful world. With the Washington State Legislature in session again, you can sign up for weekly Catholic Advocacy Bulletins. Join the network at [www.wacatholics.org/be-an-advocate/join-our-network](http://www.wacatholics.org/be-an-advocate/join-our-network)

## GIVE

### Support The Welcome Table Meal Program

The Welcome Table serves lunch to neighbors in need in White Center every Saturday at noon at The Body of Christ Church (1320 SW 102nd St). In addition, food and supplies are handed out. Support the meal by donating non-perishable food (cereal, shelf-stable milk, proteins, crackers, canned food, granola bars, fruits, etc.), blankets, and coats. Drop off donations between 11:00-11:30 a.m. in the back parking lot before guests arrive. Volunteers will unload it for you!



# OLG Community

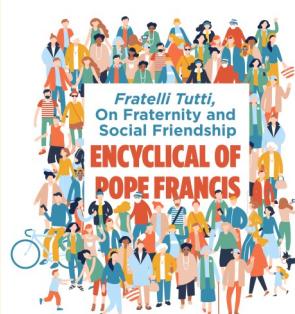
# PREPARES

Pregnancy & Parenting Support

## PETITIONS FOR BISHOPS' PREPARES

VALENTINE APPEAL – FEBRUARY 13/14, 2021

- For all those families who do not have adequate resources, may we be generous in our response to them...*We pray to the Lord.*
- On Valentine's Day, may we reach out in love to families who are struggling to raise their children...*We pray to the Lord.*
- For all those who have given of their time, energy and financial resources to assist young families who have chosen life...*We pray to the Lord.*
- That generous contributions may assist in the expansion of the PREPARES program to every parish in our state...*We pray to the Lord.*
- For all those volunteers who are walking with vulnerable families during the first five years of their children's lives...*We pray to the Lord.*



### FRATELLI TUTTI, On Fraternity and Social Friendship A Lenten Journey Through Pope Francis' Recent Encyclical

Tuesday evenings, **February 9 - March 30**, 6:30-7:45 p.m. by Zoom. On the feast of St.

Francis of Assisi, Pope Francis released his third encyclical letter. It articulates a call for all human persons to recognize and live out our common humanity. It starts with a consideration of what is holding us back from the development of our universal fraternity and moves to an expression of hope that peace and unity will be achieved through dialogue among peoples of faith. Join us as we read and reflect upon Pope Francis' words of wisdom and inspiration, especially during these uncertain and divisive times. Pre-registration required. Helen Oesterle, [heleno@olgseattle.org](mailto:heleno@olgseattle.org)



## Considering Separation or Divorce?

Wait! There is an alternative. Retrouvaille (Pronounced retro-vi) has brought healing to tens of thousands of troubled marriages worldwide. Your situation may seem hopeless, but here is always hope, and you are not alone in your struggle. For confidential information about Retrouvaille, or to register for our upcoming VIRTUAL program on **February 25-28, 2021**, call Mark and Ronnie at 206-706-2608 or go to [www.helpourmarriage.org](http://www.helpourmarriage.org).

## Volunteers Needed To Be Camera Operators

Volunteers are needed for our daily and/or weekend masses. Training is provided and the camera is simple to operate. Schedules can be flexible based on availability. Youth are also welcome to this ministry. Contact Helen at 206-935-0358, [heleno@olgseattle.org](mailto:heleno@olgseattle.org).

## Special Taskforce For Catholic School Survey

In mid-August, Archbishop Paul D. Etienne appointed ten members to the Special Taskforce for Catholic Schools led by Father Ronald Nuzzi from the University of Notre Dame. This taskforce was charged by the archbishop to study church teachings, examine best practices among Catholic educators nationally and internationally, and eventually develop a set of recommendations about professional standards for the employment of teachers, principals, and presidents in archdiocesan and parish schools. Catholic Schools sent this survey out to current faculty and staff, parents/guardians of current Catholic school students, and when possible, to all Catholic school alumni and alumnae. Parishioners are invited to participate in this archdiocesan survey that will collect information from Catholics in the Archdiocese of Seattle about their perceptions and assessment of Catholic schools and their understanding of the current Ministerial Covenant.

[READ Kristin Dixon's letter](#)  
[TAKE the survey](#)

**Pastoral Council Members** - Matt Prociv: Chair - Princess Ayers, Anne-Marie Herron, Jason Pankow, Liz Santos

**Finance Council Members** - Maryann Crissey: Chair - Colleen Hardy, Dan Merlino, Rachelle Snyder, Benjamin Reilly

# From The Pastoral Center

## A REMINDER TO ONLINE GIVERS



A friendly reminder that the 2021 stewardship “rollover” process only applied to OLG parish internal records. We did not update or make changes to the online payment processing portal. Please take a moment to login [here](#) and verify the following:

- Credit or debit card information is up to date.
- Reoccurring transaction information is accurate (amount, draw date, end date, etc.)

We thank you for giving online! The regularity of your giving helps the parish immensely.

### Pastoral Center

Phone: 206-935-0358 - Fax: 206-935-1230

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## *Our Lady Of Guadalupe School - Anton Kramer, Principal*

[akramer@guadalupe-school.org](mailto:akramer@guadalupe-school.org) 206-935-0651 - X102

## *We Are The Bread Of Life*

As usual, there was a lot of excitement during Catholic Schools' week. As well as many of our usual traditions during this week, we also re-opened more classes to in-person learning. Joining our Early Learning Center and Kindergarten classes, our 1st to 3rd grade classes have returned in-person, with 4th-5th grade returning Feb 8th. Our staff has been working diligently to bring children back, following COVID safety guidelines.

### Upcoming Dates

- **Feb 8th** 6:00 p.m. - **Kindergarten information night**. Zoom link will be available on the school [web site calendar](#).
- **Feb 17th** - **Ash Wednesday** [Join us on Live-Stream!](#)
- **Feb 22nd** - **Silent Auction** begins online.
- **March 6th** - **“Live Virtual” Auction**... no limits to who can come!

**Our 49th Annual School Auction theme is “An Evening at the Sea with OLG”**

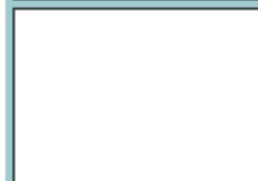
Registration is now open for this virtual event: [www.guadalupe-school.org/fundraising/auction](http://www.guadalupe-school.org/fundraising/auction). We are prepping many of our items this week for posting in our “silent auction” online. Please email [rarcarese@guadalupe-school.org](mailto:rarcarese@guadalupe-school.org) for questions. Special thanks to Parish member Cynthia Tewes for starring in our promo video!

  
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[johnlscott.com / gaylesammons](http://johnlscott.com)

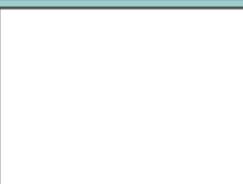
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