

Our Lady of Guadalupe

A parish with open arms and caring hearts

January 24th and 31st, 2021

"Come after me, and I will make you fishers of men." Then they abandoned their nets and followed him.

- Mark 1:17-18



"On the shores of the lake, in an inconceivable land, the first community of disciples of Christ was born. May the knowledge of these beginnings, give rise in us, to the desire to bear Jesus' word, love and tenderness in every context, even the most difficult and resistant."

-Pope Francis

Mass Times

Saturday Vigil - 5:30 PM - Registration Required at
<https://www.signupgenius.com/go/9040544a4ab2fa6f49-ourlady>

Sunday Mornings - 10:00 AM - Live Streamed - www.vimeo.com/olgseattle or
www.facebook.com/olgparishseattle

Weekday Mass - Wednesday, Thursday, and Friday - 9:00 AM - Live Streamed

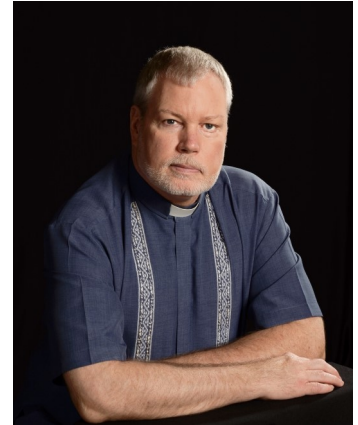
Sacrament of Reconciliation - by Appointment through the Parish Office

OLG Parish - 7000 35th Avenue SW, Seattle, WA 98126
www.olgseattle.org - parishoffice@olgseattle.org - Phone: 206-935-0358

OLG Parish School - 3401 SW Myrtle, Seattle, WA 98126 - www.guadalupe-school.org
Phone: 206-935-0651



Pastor's Page



Dear Brothers and Sisters in Christ,

Each year toward the end of January, the Archdiocese of Seattle observes Catholic Schools Week, a time to recognize the importance of our Catholic grade schools and high schools as components of the larger mission that Christ has called the Church he founded to carry out in his name. This year Catholic Schools Week will take place the week of January 24th – 31st.

While Catholic Schools Week is a Church-wide observance that pertains to all Catholic parishes and faith communities, it obviously has special meaning and importance for those faith communities such as Our Lady of Guadalupe that operate and support a parish parochial school. Our Catholic grade school here at OLG is a significant piece to the mission Christ has entrusted to us here in West Seattle. In addition to the many parish families whose children are enrolled in OLG School, we also have students who come from families in the wider community here in West Seattle and beyond. Our Catholic grade school here at OLG is not merely an excellent private school that gives its students an outstanding academic formation, it is also a means whereby our parish community is able to provide the moral and spiritual formation that is ultimately the key to our authentic human development and our human destiny. Our Catholic grade school here at OLG also leavens the broader community with the values and principles of the gospel Jesus Christ himself proclaimed and preached, as it strives to shape the young people it educates as followers and friends of him who is the Way, the Truth and the Life.

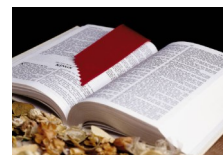
As we celebrate Catholic Schools Week with all the Catholic parishes and faith communities throughout Western Washington, we extend our congratulations, our thanks and our encouragement to all the families, students, teachers and staff who are part of Our Lady of Guadalupe Catholic School. May all your efforts be guided, sustained and enlivened by Christ who is the Master Teacher, and our Messiah and Lord, who told his followers to go forth to make disciples of all nations, and to teach them to observe all that he has commanded. God bless you all.

Grace and peace,

Fr. Kevin



Prayer & Liturgy



Let Us Pray For...

We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Bob Aspiras	Shelley Helland	Sid Olson
Sharon Briggs	Adrienne Hoesley	Jack Padon
Audrey Buyer	Sharon Lyons-Huber	Linda Phillips
Tim Crawley	Estevan Israel	Judy Puckett
Mel Dennis	John Keaveney	Marie-Claude Ravel
Sophie Briore Denomme	Jenny Korducki	Bill Robinson
Mike Emerson	Kristin Lacey	Daniel Ocasio Gonzales Salinas
Oscar Emmanuel	Barb Lagozzino	Evalina Serrano
Kim Fulton	Estella Mangaliman	Haley Shelland
Ava Groth	Wilma Miller	John Sullivan
Jordan Growth	Anthony Narancic	Virginia Sullivan
Alexander Guzman	Frances Nitkey	Carolina Torrez
	Lisa Nyreen	Carol Young

...and for all those who are sick and suffering from COVID-19

Memorial Mass for Arthur Keith Jones - **Wednesday, January 27th**
 Memorial Mass for Paul Hardy - **Thursday, January 28th**
 Special Intention Mass for Carol Beaty - **Friday, January 29th**
 Memorial Mass for Anthony Martin - **Wednesday, February 3d**
 Memorial Mass for Virginia Gaynor - **Friday, February 5th**

Congratulations and God's Blessings

To *Lori McConnell* who recently celebrated the Sacrament of Confirmation and to *Grayson Michael Silvernagel* who was baptized last Sunday. May they continue to grow in God's grace in the years to come.

For more information about "Prayer and Liturgy" go to www.olgseattle.org and click on the "Grow In Faith" tab.

Pastoral Council Members - Matt Proxiv: Chair - Princess Ayers, Anne-Marie Herron, Jason Pankow, Liz Santos

Finance Council Members - Maryann Crissey: Chair - Colleen Hardy, Dan Merlino, Rachelle Snyder, Benjamin Reilly

BUSINESS OF THE WEEK

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Scripture Readings

January 24th Third Sunday In Ordinary Time

Reading 1: Jonah 3:1-5, 10

Reading 2: 1 Corinthians 7:29-31

Gospel: Mark 1:14-20

January 31st Fourth Sunday In Ordinary Time

Reading 1: Deuteronomy 18:15-20

Reading 2: 1 Corinthians 7:32-35

Gospel: Mark 1:21-28

February 7th Fifth Sunday In Ordinary Time

Reading 1: Job 7:1-4, 6-7

Reading 2: 1 Corinthians 9:16-19, 22-23

Gospel: Mark 1:29-39

Upcoming Sacramental Celebrations In Our Parish

- **Confirmation Celebration with Bishop Mueggenborg** will take place on **Saturday, February 6** at the 5:30 p.m. Mass. This mass will not be open to the public but will be live streamed. We have 20 youth who have been preparing for this sacrament for many months.
- **First Reconciliation Celebration** will also take place on **Saturday, February 6**. We have 25 children preparing for this special sacrament of mercy.

**Please keep our young people
in your prayers!**

Ash Wednesday Schedule (February 17)

The Archbishop has given parishes permission to distribute ashes this year, but with modifications due to COVID-19. Ashes will be sprinkled over a person's head in silence. Below is the schedule for our parish's services. Please note that registration is required for the public celebrations.

Here is the sign up link:

<https://www.signupgenius.com/go/9040544A4AB2FA6F49-ashwednesday>

Liturgy of the Word with Distribution of Ashes - 6:30 a.m.
(registration required)

Public Mass & Distribution of Ashes - 9:00 a.m.
(registration required)

Liturgy of the Word with Distribution of Ashes
-12:00 Noon (registration required)

Live Stream Mass with a Special Lenten Blessing - **no**
Distribution of Ashes - 7:00 p.m.

Pastoral Care



Family Faith Formation

Home Ministries

Have you ever wanted to serve the Homebound in our community? If you feel called by the Holy Spirit, we have a place for you as a Eucharistic Minister! For more information, please call Marion Kari at 206-935-0358, Ext. 113 or email marionk@olgseattle.org.

Sharing Loving Kindness To One Another Through Prayer

There is an article entitled *"The Power of Kindness"* by Elizabeth Peale Allen where she quotes from Proverbs: 'Anxiety weighs down the heart, but a kind word cheers it up.' We live in a world where kindness is needed. There are many ways to show kindness through word, deed and through prayer. Here is a model in which to pray **"A Loving Kindness Prayer"** for yourself, a spouse, a partner, family member, friend or a co-worker. Picture the person in your mind and begin.

May (I, they) know the love of God and live with a joyful heart.

May (I, they) feel the presence of the Spirit and have a body that gives, me, them) energy.

May (I, they) experience the presence of Christ that sustains life.

May (I, they) be connected to community and live with the ease that comes from well-being.

Identify someone with whom you have a conflict or some unresolved tension. Offer forgiveness and ask for it in return. Repeat the prayer.

Conclude by offering this prayer for the whole world of living beings, and then again for yourself.

"Those who are kind benefit themselves," Proverbs 11:17. The person offering a kindness gets as much or more out of the deed as the recipient. Spread kindness in deed and in prayer!



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"The kingdom of God is at hand.
Repent, and believe the gospel."

Sheepish Question:

When do I need courage to fully believe and live by God's way?

This Week's Readings at Mass Leave Our Jobs? For What?

- **Jonah** 3:1-5, 10 - Conversion of Ninevah
- **1 Corinthians** 7:29-31 - Encouragement within a hostile world
- **Mark** 1:14-20 - Call of the first disciples

Questions of the Week

1. Do you know anyone who made a life-changing decision so radical that no one saw it coming? Why do you think that person had the courage to change?
2. What words would you need to hear from Jesus to convince you to give up a known future in order to follow him into an unknown future?

MORE SESSIONS SCHEDULED!

"The Fireside Chat with Fr. Kevin, as well as meeting other members of our OLG Family, was quite gratifying. I found that the Q&A session was very informative. It would be well worth your time to attend at least one of the Chats." Pam Olson



Thank you to the 40 parishioners who have attended one of the listening sessions! We want to hear from more of you!

- What do you value most about OLG?
- How can we, as a parish, continue to support each other?
- As we think about life post COVID, what should our focus be for the near and longer-term future of OLG?

Upcoming Dates:

1/30 @ 9:00am

2/10 @ 6:30 pm

3/4 @ 6:30 pm

Sign Up Now!

<https://www.signupgenius.com/go/9040544A4AB2FA6F49-olgfireside>

"I found the fireside chat most interesting. It was a delightful way to find out how my fellow parishioners felt about the pandemic and other areas of the parish. Being I am not married with children, I do not understand what all that means and this was a way to find out. As a sister of Providence this helped me see the life of a family".

Thank you, Sister Sharon Fitzpatrick



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NORTHWEST
CATHOLIC



Outreach Ministry

GATHER

Mardi Gras Scavenger Hunt For Families

All 7th-12th graders and their families are invited to a Mardi Gras Family Scavenger Hunt on **Saturday, February 13 at 1:00 p.m.** Families will meet in person, socially-distanced, to receive their packet of clues. The hunt will take you around the greater West Seattle area, then we'll all gather to award prizes. Join us for some fun! To sign up, go to our website or visit: <https://forms.gle/eQDcsTq7ZPqwQjuR7> **Register by Wednesday, February 10.**

National Alliance on Mental Health: Family-to-Family Education Program

NAMI offers a free, 8-session education program for family, friends, and significant others of adults with mental health conditions (anxiety, depression, bipolar disorder, etc.). The program covers various conditions, communication, problem solving, treatment and recovery. It is designed to increase understanding and advocacy skills while helping participants maintain their own well-being. For more information, contact Aislin at aislin@namiseattle.org

The Nonviolent Shift: The Catholic Church and the Growing Call to Gospel Nonviolence

Seattle University invites all to their winter Catholic Heritage Lecture on **Thursday, January 28 at 4:00 p.m.** via Zoom. "The Nonviolent Shift" features Ken Butigan, PhD, senior lecturer in the Peace, Justice, and Conflict Studies Program at DePaul University. The lecture will focus on nonviolence as a spiritual journey, a way of life, a method for social change, and a universal ethic. It will explore how the Church is responding to this call and how we can all be part of this nonviolent shift. RSVP to ICTC@seattleu.edu for Zoom link and details.

SERVE

2021 Day of Service: Save The Date

Save the date! The 2021 Day of Service is **Saturday, April 24**. In its 8th year, the Day of Service provides an opportunity for parishioners and friends of all ages to serve at a variety of sites on the same day. Many sites provide essential services to neighbors in need and have found ways to continue serving safely. Look for more information soon and signups starting in February! Interested in helping to plan this year's event? Our next meeting is on **Monday, February 8 at 4:00 p.m.**

Contact Karen (fittonkaren@gmail.com) for more information. Learn more at olgseattle.org/day-of-service.

SERVE (Continued)

Soldiers' Angels: Valentines For Veterans

Soldiers' Angels invites all to help spread the love this Valentine's Day. Send a Valentine's Day card, along with \$1, to them and they'll share it with a deployed service member or veteran. Learn more at www.soldiersangels.org

Northwest Immigrant Rights Projects: Volunteers Needed

NWIRP is a local nonprofit that promotes justice by defending and advancing the rights of immigrants through direct legal services, systemic advocacy, and community education. They are looking for pro bono attorneys, law students and/or grads, translators and interpreters, and bilingual English/Spanish volunteers for their Rapid Response Hotline (1-844-RAID-REP). Find out more about all these roles at www.nwirp.org

LEARN

Catholic Relief Services: Ending Hunger Around The World

Catholic Relief Services recently celebrated the 10th anniversary of their "Feed the Future" program. Through the "Feed the Future" program, we are hopeful that we can help end hunger in our lifetime. The project helped 52,000 vulnerable households in Nigeria to increase their agriculture production and incomes. Visit www.crs.org for more information and to see the impact Rice Bowl funds can have on the well-being of people across the globe!

A Matter Of Spirit

The Intercommunity Peace and Justice Center (IPJC) is a local nonprofit sponsored by 22 religious communities that acts for justice in the church and the world. They publish a quarterly journal called *A Matter of Spirit* with analysis, theological reflection and action on justice issues. The two most recent quarterlies focus on COVID-19 and Economic Justice. You can read the articles or listen to them at www.ipjc.org/a-matter-of-spirit or at IPJC Podcasts.

GIVE

Support The Welcome Table Meal Program

The Welcome Table serves lunch to neighbors in need in White Center every Saturday at noon at The Body of Christ Church (1320 SW 102nd St). In addition, food and supplies are handed out. Support the meal by donating non-perishable food (cereal, shelf-stable milk, tuna, canned foods, pastas, granola bars, etc.) and fresh produce. They also need hygiene items (tp, deodorant, size large Depends, etc.), cleaning items, men's clothing, backpacks and blankets. Drop off donations between 11:00-11:30 a.m. in the back parking lot before guests arrive. Volunteers will unload it for you!



OLG Community

St. Vincent de Paul

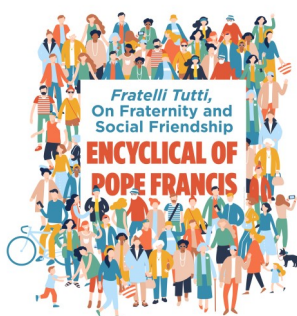
Undergoing one of the most challenging years in our Parish history, your support meant so much to moving forward in our St Vincent de Paul mission. In 2020, our Conference delivered an overall total assistance value of \$245,000 to over 3,000 neighbors in need. These 2020 numbers represent a staggering increase over the \$175,000 delivered and 1,900 neighbors helped in 2019. Drilling deeper into the 2020 numbers, your kind generosity enabled the following support to be given:

Rent assistance - 381 families
Move-in deposits - 19 families
Mortgage payments - 4 families
Utility payments - 116 families

Assistance to many in the form of:

- Donated food, hygiene, furniture items, bus tickets, Safeway cards and Thrift Store vouchers for clothing and other living essentials
- Payment of medical, dental, vehicle and other miscellaneous expenses
- Referrals to COVID relief program and other public resources, including arrangement of case manager support for those unable to navigate the system
- Support to our immigrant population during these hard times

On behalf of our Vincentians, and the many served within our community, we thank you for making a difference, and for being there for us as we continue to navigate these times together. Your prayerful and generous support enabled our St. Vincent de Paul Conference to serve as a beacon of hope to the marginalized and the poor in our midst.



“FRATELLI TUTTI, On Fraternity and Social Friendship”—A Lenten Journey Through Pope Francis’ Recent Encyclical, Tuesday evenings, **February 9-March 30, 6:30-7:45 p.m.** by Zoom. On the feast of St. Francis of Assisi, the Holy Father, Pope Francis, released the third encyclical letter of his papacy. The encyclical

articulates a call for all human persons to recognize and live out our common fraternity. It starts with a consideration of what is holding humanity back from the development of universal fraternity and moves to an expression of hope that peace and unity will be achieved through dialogue among peoples of faith. Join us as we read and reflect upon Pope Francis’ words of wisdom and inspiration, especially during these uncertain times. Pre-registration required. Helen Oesterle, heleno@olgseattle.org



Considering Separation or Divorce?

Wait! There is an alternative. Retrouvaille (Pronounced retro-vi) has brought healing to tens of thousands of troubled marriages worldwide. Your situation may seem hopeless, but here is always hope, and you are not alone in your struggle. For confidential information about Retrouvaille, or to register for our upcoming VIRTUAL program on **February 25-28, 2021**, call Mark and Ronnie at 206-706-2608 or go to www.helpourmarriage.org.

Northwest Catholic Collection

The **NORTHWEST CATHOLIC** Collection will be taken up the weekend of **January 30th/31st**. Through **NORTHWEST CATHOLIC** magazine, **NWCatholic.org** and social media, the Church is able to enter every home with a message of hope that the world so desperately needs, especially in this time of social separation. For this reason, **NORTHWEST CATHOLIC** is sent free of charge to every registered Catholic household in Western Washington. Your donation is a great way to share the gift of faith with others. Thank you for your past and continued support of this annual collection.

Looking For Volunteers

As interest in public Mass increases, we are looking for more volunteers to assist in ushering and registration check in. Volunteers are essential for us to provide the safest possible environment for our public masses. If you are interested, please contact Michelle Scheving., michelles@olgseattle.org. Our next training will be **Thursday, February 11th** at 6:30 p.m.

**For more “Community Events”,
please visit our website at www.olgseattle.org**

Thank You

Thank you to Fr. Kevin, the parish staff, and all of you as part of my Our Lady of Guadalupe Family! You ARE my family since I’ve been part of this parish since the very beginning. Thank you for your kindness and caring concerns. Thank you for your phone calls. Thank you for helping me stay connected. Thank you for the honor of the notice in the bulletin. And most of all, thank you for your prayers and your continued prayers....all this gives me strength. Thank you. Amen! - Wilma Miller



From The Pastoral Center

A MESSAGE TO ONLINE GIVERS

Did you know almost 60% of Sunday giving is received through the online donation portal? This is a 25% increase from last year.

If you pay by credit or debit card, now is a good time to verify that your card information is up to date.

We thank you for giving online! The regularity of your giving helps the parish immensely.

Special Note

Tax Letters confirming your donations to the parish in 2020 are now in preparation. They should arrive in home by email or mail by January 31st. Thank you for your faithful stewardship.

Pastoral Center

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Safe Environment Coordinator

Bulletin Editor

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Our Lady Of Guadalupe School - Anton Kramer, Principal

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We Are The Bread Of Life

Catholic Schools Week - January 31st to February 5th

Thank you OLG Parish!

We would like to take this special time as we honor Catholic Schools to also appreciate our parish community for all the gifts you extend to the school. We are blessed to have such a supportive faith family. **Please join us Sunday, Jan 31st 10:00 a.m.** virtually for our All-School Mass which will *live-stream* from the parish links. Share the news as well that at **1:00 p.m.** we are holding our *virtual open house* for new families interested in joining our school (links on West Seattle Blog, our school facebook page, and website).

You are invited to our 49th Annual School Auction "An Evening at the Seat with OLG"

Registration is now open for this virtual event: www.guadalupe-school.org/fundraising/auction. If you have new items to donate, we will need them by Feb 1st. Please email rarcarese@guadalupe-school.org. Special thanks to Parish member Cynthia Tewes for starring in our promo video!

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