



Family Times at OLG

OUR LADY OF GUADALUPE CATHOLIC PARISH

September 2021

"A Parish with open arms and caring hearts!"



Back to School: Prayer for the Start of the School Year

Loving God,

Our creator, our savior, our compassion,

Bless this journey of a new school year that we are about to undertake.

Refresh our souls

and renew our spirits

as we embrace the beautiful ministry you have called us to.

We welcome those who are new to this community and

ask that you strengthen them to share the wonderful

gifts you have given them.

Lord, make our hearts pure as we prepare for the return of students to this school,

And may you guide them to return with open hearts and minds eager to learn.

We ask this in Your name,

Amen

For family discussion:

As a family, discuss what are the things you look forward to when returning to school?

What do you feel grateful for at the start of the school year?

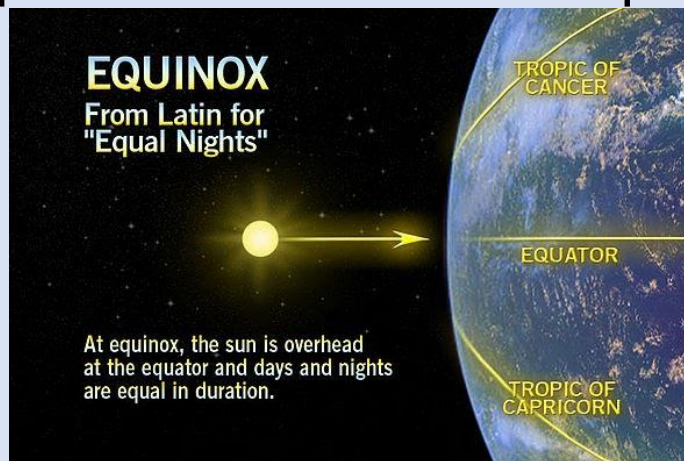
What are some personal goals that each member of the family has for this new school year?

Share with us your thoughts, questions and your experiences as family.

Family Activity Corner

Family Faith Sunday is a multi-generational program where parents/guardians and their children (K-8th) gather to pray, play and share their faith in community with other families in a fun way!

September 23 – Autumn Equinox



This day marks the official change of seasons. Using a globe or map, discuss as a family that now, the Northern Hemisphere, the nights will be longer than the days. This is autumn. The opposite is true for the Southern Hemisphere where spring is beginning. The full moon closest to the autumn equinox is called the “harvest moon.” Long ago, the wonderful light from this moon helped farmers work into the night to harvest crops. This is the perfect time to give thanks to God’s awesome awe-inspiring creation!

Family Activity: Make autumn moon pictures with construction paper (dark blue or black) for the sky and (orange) full moon.



You can read and hear Sunday readings at any time!
Get them on your smart device!

*Read them at Pflaum.org [Here](#)
or listen to them at [daily readings](#)*



Live-stream daily mass at 8:30 am [HERE](#)

Saint Vincent de Paul

The de Paul family were poor, hard-working people in France. Vincent had five brothers and sisters. Seeing how intelligent Vincent was his parents sold their much-needed ox so they had enough money to send Vincent to school.

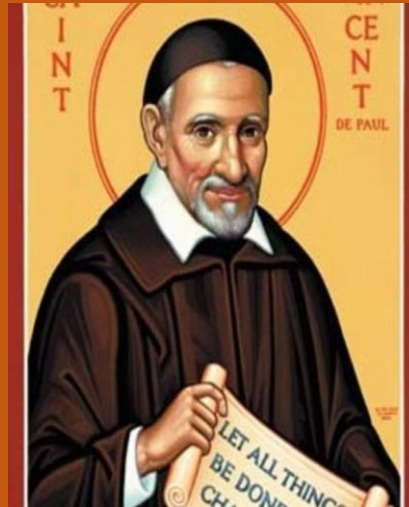
Vincent became a priest. At that time in France, there were extremely rich people and many, many more very poor people. Vincent knew he could have an easy life by working for the rich people. It didn't take him long to see that God was calling him to other work. Vincent began to work for the poor and hungry people of this country. He set up places for food to be made and given to anyone who needed it. He found recipes for very nutritious food. He built homes for orphaned children, for people too disabled and handicapped or too old to take of themselves.

St. Vincent turned to his many rich friends for help and he asked them for money, and he asked them to work too. Many people rich and poor, began to do the work Vincent did. Now, more than three hundred years later, there are still people doing Vincent's good work.

Family discussion:

What can you do as a family to continue the work of St. Vincent?

*Feast Day:
September 27*



Pray for us!

September 29th – Feast of the Archangels

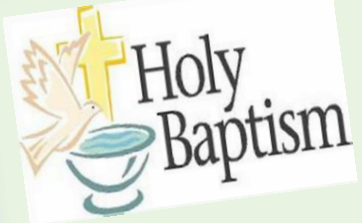


The days between The Feast of the Archangels on September 29th and October 2nd, Feast of the Guardian Angels are known by children as “the angel days.”

Angels are signs of God’s care and love. They remind us how God knows each of us. When we say the Nicene Creed, we say we believe

in one God “maker of all that is seen and unseen.”

God created the angels, whether we see them or not, and they are most wonderful to contemplate! There are nine classes of these angels, as listed in Colossians 1:16, and Romans 8:38. Archangels are one of these. Names of three are given in the Bible – Michael, Gabriel, and Raphael – and they are the ones celebrated on this feast day. There are others who are named in traditional sources and from Jewish books: Uriel, Jophiel, Chamael, Zadkiel, and Jophkiel.



Looking for a Baptism Preparation class for parents/guardians and godparents?

Visit our website and contact us with your questions!

sarahr@olgseattle.org

10 September Activities for Catholic Families



- ☐ 1. **Labor Day is the first Monday in September.** Take time to write a note or give a small gift to someone who works hard for your community (or for your family).
- ☐ 2. **Learn about Saint Teresa of Calcutta.** Saints can seem like people from long ago to children. Talk to them about Saint Teresa of Calcutta (including when she lived and died), her work, and her writings as a way to show children that even modern day people can be saints. Her feast day is September 5th. Here are printables you can use: <http://www.reallifeathome.com/saint-teresa-of-calcutta-printables/>
- ☐ 3. **Grandparents Day is the first Sunday after Labor Day.** Help your children do something special for their grandparents or plan to spend the day with them, if possible.
- ☐ 4. **Decorate wooden or paper letters spelling out MARY.** Be as colorful and creative as you want to celebrate the Most Holy Name of Mary (September 12th).
- ☐ 5. **Find your favorite cross craft** to create on September 14th for the Exaltation of the Holy Cross.
- ☐ 6. **September 22nd marks the beginning of Autumn!** Try one of these fall crafts to celebrate: <http://thechaosandtheclutter.com/archives/easy-fall-crafts>
- ☐ 7. **Donate to the less fortunate.** Look around your room, house, or pantry for items or food to donate in honor of the feast day of St. Vincent de Paul on September 27th.
- ☐ 8. **Be a peacemaker.** Do something nice for someone that you sometimes argue with in honor of the feast day of St. Wenceslaus, which is on September 28th.
- ☐ 9. **Learn a prayer or short phrase** (such as Ora Pro Nobis, which means "pray for us") **in Latin.** Saint Jerome translated the Bible from Hebrew to Latin, and his feast day is September 30th.
- ☐ 10. **Make bread.** Jesus is the Bread of Life. Pick out your favorite bread recipe and have your children help you make it.



Fall Family Nature Walks - Can Create Fun Art!

Fall is a fun time of the year to notice the seasonal changes and family walks can be full of discovery. Collecting leaves, twigs, small rocks, and a variety of pinecones can become a wonderful time to express your creativity. You can make leaf people or a leaf family, to making a fall wall hanging. Also, don't forget about making a special fall arrangement for your prayer table. This can be a simple arrangement of pinecones on a plate with a candle in the middle.





September 8 – The Birthday of Mary

We have no definite record of Mary's birthday. September was chosen by the Eastern Churches back in the sixth century. In some parts of Europe, her birthday is combined with harvest blessings and processions.

Young children are quick to appreciate a birthday. What better way to help them feel close to our mother than by celebrating her birth?

As a family, if you have a statue of Mary, make a cake with candles and perhaps some flowers from your garden or balloons. You can make cards or a poster. This can also be a wonderful time to make Mother Mary cards and mail them to relatives or friends. Talk about how much Mary loves us and prays in intercession for us.

Back - To - School Word Search

Find the hidden words going up, down, left and right.



G L O E F A N H Q M B G I R F B Z
 F K I N N H C H A L K B O A R D H
 Q R J M M O Q P E N C I L S L E J
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