



"SHOEBOXES OF JOY"

Put Together Holiday Care Packages for Seniors and Adults with Disabilities Who Are Served by Catholic Community Services!

Mix and match from the lists below or add your own special touch. Feel free to theme your boxes for a male, a female, or use neutral items that can be given to anyone. Place items in a wrapped shoebox (lid and box individually wrapped) or in a Christmas gift bag. **Better yet, reusable plastic shoebox-sized bins are very popular!**

BRING YOUR BOXES/BAGS TO MASS THE WEEKEND OF **NOVEMBER 27-28** FOR A SPECIAL BLESSING

Due to the variety of clients we serve, please keep in mind the following rules:

- New items only. (Please do not add hotel samples.)
- Many clients are diabetic. Please limit the amount of sugar items in your box or consider sugar free items and healthy snacks.
- Our clients come from many different faiths, out of respect for their personal beliefs, we ask that you do not include holiday or religious items.
- To help ensure the health and safety of our clients, please do not include candles, matches, or homemade food items.

Toiletries

Unscented Lotions
Powders
Soaps
Deodorant
Shaving Cream
Nail Care Kit
Moist Towelettes
Washcloth / Towel

Cozy Items Lap

Blanket Scarf
Gloves
Winter Socks (non-slip soles)

Food Items

(non-perishable & in original packaging)

Spiced Teas and Flavored Coffees
Canned or instant soup
Packaged baked goods
Cheeses
Hot Chocolate and Cider
Pickled Vegetables
Canned Tuna, Chicken or Salmon
Mixed Nuts

Useful & Fun Items

Reacher/grabber
Flashlight
Batteries
Small First Aid Kit
Whistle to signal help
Novels
New Pack of playing cards
Inexpensive games (crosswords,
Word puzzles)
Stationary / Cards
Grocery gift cards
Prepaid phone cards
Postage stamps
Magnifier
Medi-sets

Cleaning Supplies

Sponges
White vinegar
All purpose,
unscented cleaner
Gloves
Bleach-free cleanser (Bon Ami)
Mop, toilet
brush, or
vacuum cleaner
Microfiber
cleaning cloths
Dish cloths
Air freshener
(natural)
Dish soap
Dusting tools (Swiffer)

WHAT ABOUT COVID-19?

Here are the guidelines for safely collecting items and putting them into a box:

- Thoroughly wash your hands and wear gloves and masks when putting together the package
- We strongly encourage plastic containers to easily sanitize if needed. (They can also be reused)
- Whenever possible, please wipe down items with sanitizing wipes before placing them in the container.