



# Family Times at OLG



OUR LADY OF GUADALUPE CATHOLIC PARISH

January 2022

"A Parish with open arms and caring hearts!"



## A New Year Family Prayer

Loving God, thank you for a New Year. May everyone in our family be willing to begin anew, with a clean slate. We know that you are always ready to forgive us, help us to be willing to forgive ourselves and one another.

As we begin a New Year, remind us of our truest values and deepest desires. Help us to live in goodness that comes from doing what you want us to do. Help us to put aside anxiety about the future and the past, so that we might live in peace with you. We pray this in Jesus' name. Amen

### For family discussion:

As a family, discuss what your New Year's goals are?

Why is it important to set goals?

In this New year, how do you want to deepen your prayer life individually and as a family?

Share with us your thoughts, questions, and your experiences as family.

## Family Activity Corner

**Family Faith Sunday** is a multi-generational program where parents/guardians and their children (K-8<sup>th</sup>) gather to pray, play, and share their faith in community with other families in a fun way!



### **Solemnity of the Epiphany of the Lord** **January 3, 2022**

*"When they saw the star, they rejoiced exceedingly with great joy; and into the house they saw the child with Mary his mother, and they fell down and worshiped him. Then, opening their treasures they offered him gifts of gold, and frankincense and myrrh. And being warned in a dream not to return to Herod, they departed to their own country by another way." Matthew 2:10-12*

*What gifts will you offer the Christ Child this New Year?*



You can read and hear Sunday readings at any time!

Get them on your smart device!



Read them at [Pflaum.org](http://Pflaum.org) [Here](#)  
or listen to them at [daily readings](#)



Live-stream daily mass at 8:30 am [HERE](#)

## Saint Thomas Aquinas

Patron Saint: Students and Schools

Thomas Aquinas was a very quiet student. Some of the other students thought that he was stupid because he did not talk in class. But they were completely wrong?

Thomas was brilliant and became a very important teacher and writer. He wrote about God and Jesus, and about what is true in life and what is not. Thomas loved God very much, and felt it was important to study write and teach about God and his love.

**The things that we love  
tell us what we are.**

Thomas Aquinas

Feast Day:  
January 28th



Pray for us!



Looking for a Baptism Preparation class for parents/guardians and godparents?

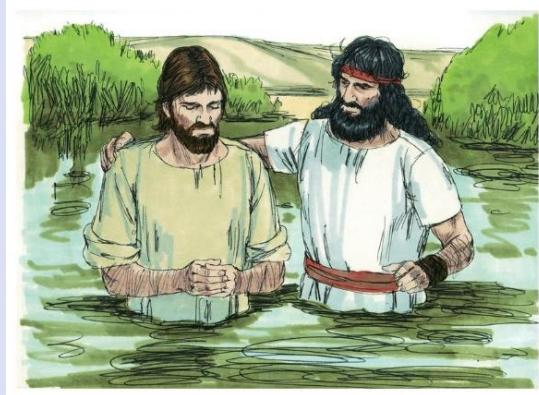
Visit our website and contact us with your questions!

[sarahr@olgseattle.org](mailto:sarahr@olgseattle.org)

## Pineapple Welcome

The pineapple has long been a symbol of welcome for Americans. Purchase a whole pineapple for your prayer table as a sign of welcome in the New Year. To add to this tradition, write a blessing or a short prayer for each family member on an 18" length ribbon with gold marker. Tie a gold jingle bell to one end of the ribbon and place the other end of the ribbon under the pineapple. After sharing your New Year Prayer, have the children take turns pulling one ribbon from the pineapple. Reach family members blessing or prayer to one another.

Another tradition can be to make pinecone pineapples. Gather pinecones for each family member, place the pinecone on its bottom and tape a green piece of gathered tissue paper about 2" by 6" to the top of it. Add a brief explanation of the pinecone's symbol and give to other family members during the New Year!



## Feast of the Baptism of the Lord

The baptism of Jesus reminds each of us of our own baptisms. The people gathered heard with words, *"You are my beloved Son."*

At baptism, we are filled with the Holy Spirit and become beloved children of God. After his baptism, Jesus began his ministry to bring about the kingdom of God. Receiving God's own life has lit an unquenchable fire in each of us, God's beloved children and kindled our desire to know God and spread his Good News.

### Pray as a Family:

Just as Jesus was baptized with water into the family of God by his cousin John, we too have been baptized with water into our community of faith. Today we are grateful for the new life we have in Jesus through our baptism. Help us to live every day as children of God. Amen

# Ten January Activities for Catholic Families



1. **Celebrate New Year's Day (or Eve) with your family.** Make it a memorable day with fun activities, treats (maybe even sparkling juice), and family togetherness.
2. **Attend Mass on the solemnity of Mary, Mother of God (January 1<sup>st</sup>).** It's a Holy Day of Obligation. Here's a coloring page for the day of Mary with Baby Jesus: <https://www.reallifeathome.com/mary-and-baby-jesus-coloring-page/>
3. As the new year begins, **reminisce with your family about the past year and talk about plans and goals for this year.**
4. **Make a beautiful, decorative sign or piece of art work with Jesus' name on it to honor the Most Holy Name of Jesus (January 3rd).** If you prefer, here is a Holy Name of Jesus coloring page: <https://www.reallifeathome.com/most-holy-name-of-jesus-coloring-page/>
5. **Do an Epiphany Home Blessings by writing 20+C+B+M+18 above your front door in chalk (using the current year).** You can search for more details about this tradition or use those shared in this wonderful post from Joyfilled Family: <http://joyfilledfamily.blogspot.com/2012/01/feast-of-epiphany.html>
6. **Go star gazing to celebrate Epiphany.** Have the children to find the brightest stars in the sky. Discuss how the wise men might have felt while they were traveling to meet the new King, Jesus.
7. **Make or buy a King Cake to mark Epiphany.** If your kids are old enough for it to be safe, hide a coin, bean, or baby Jesus figure inside. The one who finds it can wear a crown that you buy or make. Here's a 20 minute version: <https://www.reallifeathome.com/easy-king-cake-20-minutes/>
8. **To celebrate the Baptism of Our Lord (Sunday after Epiphany), share pictures and keepsakes of your children's baptisms with them.** Tell them about the events and emotions of that day.
9. Many January saints taught others, such as St. John Bosco, St. Elizabeth Ann Seton, St. Angela Merici, and St. Thomas Aquinas. In their honor, **learn a Bible verse, prayer, or activity to teach others about your faith.**
10. **Try to learn to juggle like Saint John Bosco (January 31st) did to entertain people.**



# January

WORD SEARCH

G	R	Q	E	T	T	C	H	W	R	D	M	A	R	H
E	Z	F	O	E	R	Q	A	P	E	J	P	D	X	N
K	I	T	K	C	N	P	P	F	Z	N	E	W	Y	B
J	R	C	S	N	M	Z	P	W	D	X	L	V	L	L
O	U	U	Y	U	Q	L	I	O	M	F	A	E	L	N
B	F	A	M	I	L	Y	N	I	A	M	S	M	B	M
Z	T	O	Z	Q	S	O	E	B	H	S	Y	M	E	Z
Y	B	I	N	P	E	E	S	E	I	E	H	J	L	W
J	R	D	W	R	H	H	S	N	Y	Q	A	T	L	Y
Z	O	A	M	R	S	K	G	E	R	E	S	L	S	D
D	Y	C	U	C	I	S	A	T	S	I	L	Z	T	G
T	S	X	R	N	W	R	G	C	F	U	E	T	C	H
L	H	M	H	F	A	E	R	Z	O	L	H	B	S	A
T	I	L	R	O	P	J	M	G	D	L	L	Y	O	D
S	E	I	R	O	M	E	Y	Y	Y	S	A	J	B	

NEW YEAR  
WISHES  
BELLS  
MEMORIES

JANUARY  
BUCKET LIST  
FAMILY  
HAPPINESS

HEALTH  
BLESSINGS