



Family Times at OLG



OUR LADY OF GUADALUPE CATHOLIC PARISH

June 2021

"A Parish with open arms and caring hearts!"



June 6, 2021

Solemnity of the Most Holy Body and Blood of Christ

We hear in the Gospel of Mark 14: 12-16, 22-26, that the disciples are asked to prepare for the Passover meal, and they actively do so. When we receive the body and blood of Christ at Communion, we imitate that Passover meal Jesus shared with his disciples.

We welcome Christ not only into our presence, but also into our bodies in a very intimate way. But just like the disciples, we need to prepare ourselves and our surroundings for Christ's presence and we need to prepare our bodies and our souls for Christ's presence. How full of wonder and thanksgiving we should be to welcome him into our lives in such a way!

For family discussion:

How would you serve Jesus if he was coming to your home for dinner? What conversations would you like to have with him if he were present?

Discuss as a family, how you might help at Mass in the future if you have never assisted: hospitality, usher, lector, or sacristan? Think of other ways to serve.

Share with us your thoughts, questions and your experiences as family.

Family Activity Corner

Family Faith Sunday is a multi-generational program where parents/guardians and their children (K-8th) gather to pray, play and share their faith in community with other families in a fun way!



"For God has commanded, 'honor your father and mother'...Matthew 15:4

Sonora Smart Dodd of Spokane, Washington, was the catalyst in setting aside a day to honor fathers. The story goes that after hearing a sermon in church regarding Mother's Day, Sonora thought that there needed to be a Father's Day too. She was especially proud of her own father who had raised his six children alone after his wife had died. Sonora promoted the holiday for about a year and in 1910 the city of Spokane celebrated the first Father's Day in the United States. In 1924 the idea was supported by President Calvin Coolidge but was not made an official national holiday until 1972 when President Nixon signed it into law.

Celebrated on the Third Sunday of June

Happy Father's Day!



You can read and hear Sunday readings at any time!
Get them on your smart device!



*Read them at Pflaum.org [Here](#)
or listen to them at [daily readings](#)*

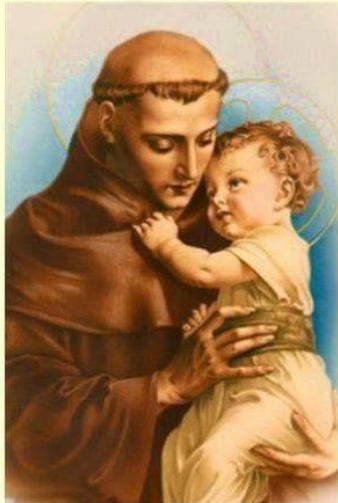


Live-stream daily mass at 9:00 and Sunday at 10:00 [HERE](#)

Saint Anthony of Padua

Anthony was a child who grew up with riches, but he chose to live as St. Francis did: in poverty, or poorness, helping others and loving God. One of the gifts God gave Anthony was the ability to teach and give talks and when he preached, the church was overflowing with people.

Many people ask St. Anthony to help them find something they have lost. Why? One story tells of Anthony's work on a book of psalms. For years he had been writing it. One day, one of his students, a restless, unhappy young man, took it and ran away as he planned to sell it. St. Anthony prayed as he wanted the book back, but he was more concerned about the young man. The young man came back with the book and Anthony helped him to decide what God was calling him to do with his life. Everyone in the monastery felt that Anthony's prayers had found the lost book and the lost young man. They asked him to pray whenever they lost something. Soon people outside of the monastery asked for Anthony's help. And, today, many people still pray to him when they lose something.



“Actions speak louder than words; let your words teach and your actions speak. We are full of words but empty of action, and therefore are cursed by the Lord since He Himself cursed the fig tree when He found no fruit but only leaves.”

-St. Anthony of Padua

*Feast Day:
June 13*



Pray for us!



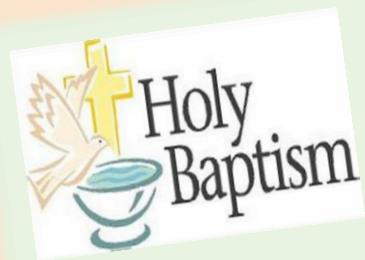
June 21 – First Day of Summer

Yours is the day and yours is the night: You fashioned the moon and the sun. You fixed all the limits of the land: summer and winter you made. Psalm 74:16,17



Ball Toss

Use a beach ball to praise God. As a family, toss the beach ball back and forth to one another. As each person tosses the ball to someone else, he or she adds a prayer of thanksgiving. To add to this game, draw a picture of a category of items on each panel of the ball. For example, foods, family, friends, fun etc. When a family member receives the ball, they offer a prayer of thanksgiving for an item in the category facing them.



Looking for a Baptism Preparation class for parents/guardians and godparents?

Visit our website and contact us with your questions!

heleno@olgseattle.org

10 June Activities for Catholic Families

Plan a **treasure hunt** in your house or yard to celebrate St. Anthony's feast day. (June 13)

Have prayer time near a fountain or body of water and talk about the gift God has given us in the **Sacrament of Baptism**. (Feast day of St. John the Baptist - June 24)

Invite friends over and enjoy fellowship with them during an **outdoor get together on the first day of Summer**. Once the sun finally sets, turn on outdoor party or twinkling lights and keep the party going.

Check if any local parishes will be having a procession for the **feast of Corpus Christi**. (June 2)

Have a **snack with honey**, such as bread and honey to remember honey being part of St. John the Baptist's diet. If possible, use locally produced honey available at many Farmers Markets. (June 24th)

Cut out a large heart and write Jesus on it to symbolize Jesus' heart. Have each family member cut out a smaller heart with their own names on it and paste it onto the larger heart to show **our hearts belong to Jesus**. (June is dedicated to the Sacred Heart of Jesus.)

Put out art supplies so kids can make **homemade, heartfelt cards for Dad for Father's Day**. Mom should make one for him too!

Use felt and buttons to make an **Immaculate Heart of Mary craft**
<http://bit.ly/10BvRll>

Share a story about Jesus with others, just like Sts. Peter and Paul did.



Do something special for your **parish priest** for Father's Day to thank him for his leadership role to your parish family.



June 24 – St. John the Baptist Feast Day

St. John the Baptist was a prophet, a person who understands what God wants and tells others so they will know too. Long before Jesus and John the Baptist were born, the prophet Isaiah spoke of him, *“See, I am sending my messenger who will prepare you. Listen for the voice of one crying out in the wilderness: ‘Prepare the way of the Lord’”* Years and years later, that person, John, did come to prepare the way for Jesus, the Lord.

Traditions in other parts of the world celebrated in different countries in different ways:

French Canadians have a large festival with street fairs and parades with music and dancing. The streets are decorated with flowers and images of John.

The Portuguese celebrate with pageants, parades, bullfights, and fireworks.

In England, “Saint John’s Tide” is combined with a midsummer celebration. Instead of the date of the summer solstice, they chose June 24. This may be because of the Baptist’s words, “He must increase, I must decrease” (John 3:30) John, was of course, referring to Jesus. John’s day comes at the time when the sun is beginning to decrease; and six months later, Christmas comes at the time when the sun is beginning to increase. St. John’s Tide is a pleasant time of picnics, bonfires, and a general appreciation of the gentleness of summer weather and the long daylight hours.

In Mexico, the connection between John’s work as a baptizer is made with the festivities. *“Día de San Juan”* is a significant holiday in Mexico. People decorate wells and fountains with flowers and candles.



Camping Wordsearch

Y	M	I	A	E	R	I	F	P	M	A	C
D	Y	S	K	Y	P	V	U	U	G	A	F
H	J	L	R	T	T	B	H	B	M	H	S
T	C	E	U	Z	O	O	F	P	M	Z	Z
F	H	E	C	M	C	R	S	C	I	O	G
U	U	P	K	H	S	I	C	P	T	N	T
Z	S	I	S	E	T	N	S	H	I	R	E
D	E	N	A	E	V	P	W	N	T	H	N
W	S	G	C	S	L	O	W	E	C	V	T
V	P	B	K	C	A	A	T	W	W	O	D
O	E	A	T	V	F	O	J	S	U	R	W
P	K	G	X	K	N	H	K	U	Y	X	S

awning

campfire

campsite

rucksack

sleeping bag

stove

tent

torch





Summer Ideas for Catholic Families

Reconnect with Nature: This is a great opportunity to talk about Holy Scripture and read from the Book of Genesis discussing the wonders of the gift of God's creation to us. You can visit a park, go camping, canoeing, nature hike, visit a nature center, have a family picnic, go birdwatching, visit the zoo.

Reconnect with your faith: Visit a shrine, make a family faith time capsule, create a scavenger hunt, or make a family retreat together.

Create some summer service projects: set up a collection for food to deliver to our St. Vincent de Paul pantry, hold a lemonade stand and provide donations to a specific ministry at Our Lady of Guadalupe parish, send cards that are hand made to senior centers to be delivered to residents.

Invite Fr. Kevin to dinner: Get to know your pastor and invite him to dinner at your home with other fellow parishioners.

Summer is the season that heralds barbecues and all-day swimming, but many Catholic families aren't entirely sure how to encourage old-fashioned family bonding time without the intrusion of technological devices. The above ideas hopefully will assist in engaging your family with quality faith based time together!