



Prayer to Our Lady, Undoer of Knots

Holy Mary, full of the presence of God, during your life you accepted with great humility the Holy Will of the Father and the legacy of your Son, Our Lord Jesus Christ. Evil never dared to entangle you with its confusions.

Since then you have interceded for all of our difficulties. With all simplicity and patience, you have given us examples on how to untangle the knots in our complicated lives. By being our Mother forever, you arrange and make clear the path that unites us to Our Lord.

Holy Mary, Mother of God and ours, with your maternal heart, untie the knots that upset our lives. We ask you to receive into your hands (*mention here for whom and/or for what you are requesting help*) and deliver us from the chains and confusions that have us restrained.

Blessed Virgin Mary, through your grace, your intercession, and by your example, deliver us from evil and untie the knots that keep us from uniting with God, so that once free of every confusion and error, we may find him in all things, have him in our hearts and serve him always in our brothers and sisters. Amen.

I always add the following:

Holy Mary, Mother of God, pray for us.
Our Lady, Undoer of Knots, pray for us.
Our Lady of Guadalupe, pray for us.

The names of other saints can also be added, as you may be drawn to do. Here would be a good place add the name of St. Corona—the virus is NOT named for her—who is one of the saints invoked for protection and rescue from plagues and pandemics.