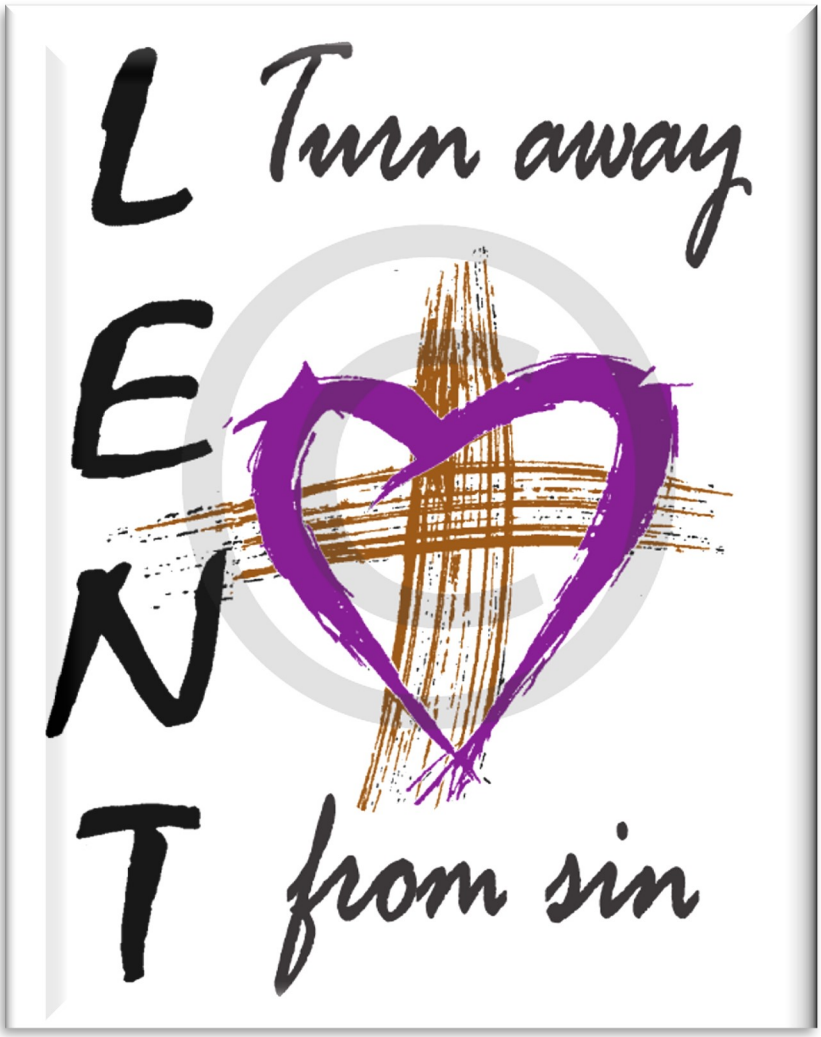
Our Lady of Guadalupe

A parish with open arms and caring hearts

March 7th and 14th, 2021



Fast from HURTING WORDS and say KIND WORDS.

Fast from SADNESS and be filled with GRATITUDE.

Fast from ANGER and be filled with PATIENCE.

Fast from PESSIIMISM and be filled with HOPE.

Fast from WORRIES and TRUST IN GOD.

Fast from COMPLAINTS and contemplate SIMPLICITY.

Fast from PRESSURES and be PRAYERFUL.

Fast from BITTERNESS and fill your heart with JOY.

Fast from SELFISHNESS and be COMPASSINATE to others.

Fast from GRUDGES and be RECONCILED.

Fast from WORDS and be SILENT so you can listen.

- Pope Francis

Mass Times

Saturday Vigil - 5:30 PM - Registration Required at https://www.signupgenius.com/go/9040544a4ab2fa6f49-ourlady

Sunday Mornings - 10:00 AM - Live Streamed - www.vimeo.com/olgseattle or www.facebook.com/olgparishseattle

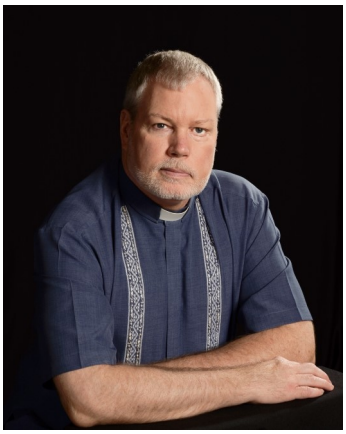
Weekday Mass - Wednesday, Thursday, and Friday - 9:00 AM - Live Streamed

Sacrament of Reconciliation - by Appointment through the Parish Office

OLG Parish - 7000 35th Avenue SW, Seattle, WA 98126
www.olgseattle.org - parishoffice@olgseattle.org - Phone: 206-935-0358

OLG Parish School - 3401 SW Myrtle, Seattle, WA 98126 - www.guadalupe-school.org
Phone: 206-935-0651

Pastor's Page



Dear Brothers and Sisters in Christ,

On January 11th, 2021, Pope Francis issued a "motu proprio"—an act of legislation undertaken on his own authority and initiative as the Roman Pontiff. This motu proprio, entitled ***Spiritus Domini*** (*The Spirit of the Lord*), changed Canon Law to allow both men and women to be formally installed or "admitted on a stable basis through the proscribed liturgical rite to the ministries of lector and acolyte".

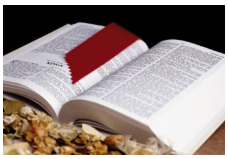
Lector and acolyte are two of the minor orders that until now have been reserved only to men (males) who were undergoing preparation for the Sacrament of Holy Orders as priests or permanent deacons. The Holy Father's initiative now permits qualified and worthy laity, both men and women, to undergo formation and training to be installed into these two minor orders. Lectors and acolytes are more than simply readers, altar servers, sacristans or Eucharistic ministers, even though they perform many of the duties that pertain to these other roles.

The Pope's motu proprio has granted permission for this change to begin to be enacted, but it will still take a while for each of the Bishops' conferences, and the dioceses in the countries they serve, to prepare for this change. Ritual books and the language they use will have to be amended, programs for training and formation will need to be designed and developed, and standards for discerning qualifications and vocation will have to be worked out. I ask you all to please pray that matters pertaining to this new development will proceed in a timely and effective manner, for the glory of God and for the good of God's people.

Grace and peace,

Fr. Kevin

Prayer & Liturgy



Let Us Pray For…

We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Joan Bateman
Sharon Briggs
Audrey Buyer
Michael Chiles
Mel Dennis
Jean DiRado
Marty DiRado
Neil Flores
Alexander Guzman
John Keaveney
Jenny Korducki
Barb Lagozzino
Estella Mangaliman
Wilma Miller
Anthony Narancic
George Nizansky
Jack Padon
Marie-Claude Ravel
Bill Robinson
Daniel Ocasio Gonzales Salinas
Haley Shelland
John Sullivan
Virginia Sullivan
Carolina Torrez

...for all those who are sick and suffering from COVID-19

REST IN PEACE - We remember Bob Patten who recently passed away. Eternal rest grant unto him, O Lord, and let perpetual light shine upon him.

Memorial Mass for Louis Poth - **Wednesday, March 10th**
Special Intention Mass for Michelle Stark - **Thursday, March 11th**
Memorial Mass for Efren Belleza - **Friday, March 12th**
Memorial Mass for Arthur & Dorothy Jones-**Wednesday, March 17th**
Special Intention Mass for Michelle Stark - **Friday, March 19th**

HOLY WEEK SCHEDULE

PALM SUNDAY OF THE LORD'S PASSION, March 27-28
5:30 pm Vigil Mass (Public Mass—**REGISTER HERE**),
10:00 am (**livestream**)



HOLY THURSDAY, April 1
Evening Mass of the Lord's Supper, 7:00 pm (**livestream**)

GOOD FRIDAY, April 2
Quiet Meditation, 12:00-3:00 pm *(Church open for prayer during this time)*
Liturgy of the Passion of the Lord, 3:00 pm (public—**REGISTER HERE**)
Liturgy of the Passion of the Lord, 7:00 pm **(livestream)**

THE EASTER VIGIL, Saturday, April 3, 8:30 pm**: (livestream)**
On this holiest of nights, we celebrate the resurrection of our Lord. The Easter Vigil is the undisputed high point of the entire liturgical year, the "mother of all vigils," as St. Augustine called it.

EASTER SUNDAY, Sunday, April 4 10:00 am, (Public Mass—**REGISTER HERE**)

BUSINESS OF THE WEEK

Emmick Family
FUNERAL & CREMATION SERVICE
206-935-2207
3243 California Ave. S.W.
www.emmickfunerals.com
LOCAL - AFFORDABLE - FAMILY-OWNED

Scripture Readings

March 7th Third Sunday of Lent
Reading 1: **Exodus** 20:1-17
Reading 2: **1 Corinthians** 1:22-25
Gospel: **John** 2:13-25

March 14th Fourth Sunday of Lent
Reading 1: **2 Chronicles** 36:14-16, 19-23
Reading 2: **Ephesians** 2:4-10
Gospel: **John** 3:14-21

March 21st Fifth Sunday of Lent
Reading 1: **Jeremiah** 31:-34
Reading 2: **Hebrews** 5:7-9
Gospel: **John** 12:20-23

Lenten Reconciliation Service

Thursday, March 18th, at 7:00 p.m. You can participate in public (*registration required*) or by livestream. Opportunities for individual confessions will be available after the service. For more information about this sacrament, , CLICK HERE.

Baptism Preparation Class

Wednesday, March 17th, from 6:30 p.m. to 8:00 p.m. by Zoom for parents, guardians and godparents in preparation for the baptism of young children. For more information, contact Helen, 206-935-0358, **helen-no@olgseattle.org**.

Stations Of The Cross

Will be **livestreamed** on Tuesday afternoons during Lent at 3:00 p.m. Led by Marion and Helen, there will be different versions each week.

Traveling The Lenten Path Together
Evenings Of Word & Song

Thursdays of Lent beginning, 7:00-7:30 p.m. **(live stream)** Join us for a quiet evening of music and reflections from fellow parishioners as we journey through Lent together. "My Lord God…I know that if I do this you will lead me by the right road, through I may know nothing about it." *(Thomas Merton)*



Pastoral Care

Family Faith Formation

Home Ministries

Have you ever wanted to serve the Homebound in our community? If you feel called by the Holy Spirit, we have a place for you as a Eucharistic Minister! For more information, please call Marion Kari at 206-935-0358, Ext. 113 or email marionk@olgseattle.org.

Attention Seniors & Homebound Who Need Assistance Scheduling Your Vaccine Appointment

If you do not have family support and live in a facility where you have administrative support and are having difficulty scheduling your appointment, please call the parish. We have volunteers who might be able to provide assistance. Please call 206-935-0358 and ask for Marion Kari or email at marionk@olgseattle.org.



Faith Formation Calendar March 2021

March 7th - Virtual Classes 9:00 a.m. to 9:45 a.m.
Sac Prep One and Two, Ventures, 3rd - 5th grades

March 14th - Virtual Classes 9:00 a.m. to 9:45 a.m.
Sac Prep One and Two, Visions, 6th - 7th grades

March 21st - Virtual Classes 9:00 a.m. to 9:45 a.m.
Sac Prep One and Two, Ventures, 3rd - 5th grades

March 28th - Virtual Parent and Guardian Session - 9:00 a.m. to 9:45 a.m.

Palm Sunday, Holy Week and The Easter Season



© Jean Denton flock.pastoralcenter.com

"The foolishness of God is wiser than human wisdom."

Sheepish Question:

Which of God's commandments are hardest for me to swall...uh...follow?

This Week's Readings at Mass
Reasoning Won't Work

- **Exodus** 20:1-17 - The Ten Commandments
- **1 Corinthians** 1:22-25 - The wisdom and folly of the cross
- **John** 2:13-25 - Cleansing of the temple

Questions of the Week

1. What would you think or how would you react if someone came into your church and did what Jesus did in the Temple?
2. Are there ways in which your parish has strayed from its mission of preaching Jesus' way of life? Has it become a "marketplace" in any respect? How so?



From The Beginning

Jesus,

You have known us from the beginning of time. You have known us in the depths of our dreams and in the darkness of our shame. You know us as your beloved.

Help us to own that core identity more, and more in the season of repentance and mercy. Give us the rock-solid assurance of your unwavering faith in us, as we seek the same in you.

Traveling the Lenten Path Together:

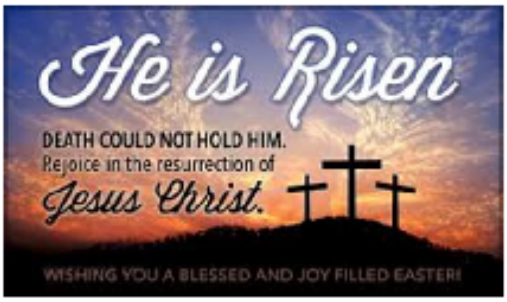
Thursday Evenings in Word and Song



February 17	7:00 p.m.	Ash Wednesday
February 25	7:00 p.m.	Discernment
March 4	7:00 p.m.	Anticipation and Preparation
March 11	7:00 p.m.	Distractions and Temptations
March 18	7:00 p.m.	Reconciliation Service for Reflection and Repentance
March 25	7:00 p.m.	Finding Strength in Jesus' Journey

Join us online: https://olgseattle.org/livestreaming-at-olg

Young Ladies Institute – Carmelita 226
Frozen Lumpia
Easter 2021 Pre-Order



Pre-Order deadline: March 20, 2021

By email only to *arabellac@comcast.net*

Pre-order pick-up: March 28, 2021
At OLG Walmesley Center Parking Lot 11:30AM -1PM
35th Ave SW & SW Myrtle St

Last Name:	**First Name:**
Email:	
Phone #:	

Type of Lumpia	Set(s) of Lumpia	Quantity	Price (Set * Price)	Total
Beef and vegetable			**$20.00**	
Chicken and vegetable			**$20.00**	
Shanghai (all pork)			**$20.00**	
TOTAL				

(1) TWENTY lumpias = $20.00

To ensure your lumpia order, please submit this order form to arabellac@comcast.net

March 20, 2021

We will accept check or cash
If check, make checks payable to: YLI – Carmelita 226

ALL PRE-ORDERS ARE FINAL
QUESTIONS: EMAIL: arabellac@comcast.net

NOTE: Safety Protocol Pick Up ~ Upon confirmation of order you will be given a Phone# to call when you arrive in the parking lot! We will bring your order to your window just like grocery pick up!!!

Outreach Ministry

GATHER

Middle School Encounter

The annual Middle School Encounter, hosted by the Archdiocese of Seattle Youth Ministry is scheduled for **Saturday, March 13**. 6th-8th graders are invited to an experience of worship, encounter, and fellowship. Livestream options will be available. Learn more at archseattle.org/for-parishes/for-parishes-youth-ministry/

Catholic Relief Services Rice Bowl Meatless Meal Kits and Presentation

With our Fish Fry Fridays and Rice Bowl Simple Suppers on hold this year, we need to find creative ways to gather! We invite all to *order a meatless meal kit* to cook on **Friday, March 19** and to *join us online at 6:00 p.m. for a shared dinner and presentation* by Cecilia Suarez, head of CRS's Mexico Office. The kits (similar to Blue Apron or Hello Fresh) will include the ingredients you need to make the Timor-Leste Rice Bowl recipe and will be available for pickup at OLG on **Sunday, March 14 from 1:00-3:00 p.m.** for a suggested donation of $20. Cook the meal at home then join us online to learn more about Catholic Relief Services, how they are responding to COVID-19, and how your Rice Bowl donations change lives around the world! To order a kit and/or RSVP for the presentation, contact Jennifer at jibach@olgseattle.org by **Monday, March 7 and Monday, March 14, respectively.**

Catholic Advocacy Day: Catholics For Equity And Life

Catholic Advocacy Day is going virtual this year and will be held on **Tuesday, March 23 from 8:00 a.m. to 4:00 p.m.** In this time of COVID and the call for economic and racial equity, join with Catholic parishes and organizations in a day of advocacy for a society in which all people and the Earth can thrive. The day will include Mass with Archbishop Etienne, a keynote with Governor Inslee, briefings on issues, legislative Zoom meetings by District, and a social media campaign. Participate in all or some of the day's activities as your schedule allows. **Register by March 9** at ipjc.org/cad if you want to be part of legislator meetings.

Young Adult Trivia Night

Calling all Young Adults (ages 18-39)! Join us for our first official YA event, a virtual Trivia Night, on **Thursday, March 25 at 7:00 p.m.** We'll play four rounds and award prizes for the winning team. You can sign up on your own or with others if you have a team. Come have a little fun and meet others in the parish. RSVP to Gina (ginalongmire@gmail.com) by **Monday, March 22** to be added to a team and receive the link with instructions.

SERVE

Welcome Table Service Opportunity For Youth and Families

All 7th-12th graders and their families are invited to a Lenten service opportunity at the Welcome Table meal program in White Center on **Saturday, March 20**. The Welcome Table serves a free lunch every Saturday to neighbors in need and also offers clothes, food, hygiene items, and cleaning supplies. We will need a lot of help to provide food for 150+ people. You can join the effort by signing up to volunteer (youth only), drop off a homemade or store-bought meal, or donate needed items. For more details and to sign up, visit our website or our SignUpGenius at: https://www.signupgenius.com/go/9040544A4AB2FA6F49-welcome by **Sunday, March 14.**

2021 Day of Service: Tri-Parish Food Bank

Signups are open for the Day of Service on **Saturday, April 24!** Over the next month we will feature project sites to help you decide where to serve. There is something for everyone! Venture to St. Charles in Burlington to help at the Tri-Parish Food Bank, used by migrant workers and others experiencing food insecurity. See where our youth serve each summer on the Youth Migrant Project and learn a little about the realities of migrant life. Due to COVID, volunteers will help load boxes directly into people's cars instead of the usual indoor serving line. See detailed descriptions of all projects and signup today at: olgseattle.org/day-of-service

Volunteer at the AIDNW Welcome Center

Aid for Immigrants in Detention Northwest (AIDNW) is looking for friendly people to greet immigrants at the Welcome Center. When immigrants are released from the Detention Center, volunteers assist them in contacting their families and arranging onward travel. Help out twice a month between 3:00 p.m. to 7:00 p.m. in Tacoma. On-call drivers are also needed to give rides from the Welcome Center to local hotels, bus/train stations, and/or the airport once a week between 4:00 p.m. to 7:00 p.m. To learn more and apply, visit https://aidnw.org All roles require and background check and will include training.

LEARN

Catholic Relief Services

Rice Bowl Lenten Program: Better Meals in Madagascar

In Madagascar, half of all children are undernourished. That means 50% of kids won't grow to reach their full potential. But communities are changing this by focusing on improving health and nutrition. What role has food played in your life? How can you help those who lack access to enough nutritious food? Visit crsricebowl.org to learn more and to find a meatless recipe from Madagascar that you can cook on a Friday during Lent!

OLG Community

SUPPORT THE CATHOLIC RELIEF SERVICES COLLECTION

HELP Jesus IN DISGUISE



The weekend of **March 13/14** our parish will take up The Catholic Relief Services Collection (CRSC) to help Jesus in disguise. Through this collection, six Catholic agencies are able to provide struggling communities with relief and support, and to work for peace and reconciliation among our marginalized brothers and sisters around the world. Through your generosity they are able to provide services for immigrants, humanitarian aid in the wake of natural disasters, refuge for the displaced, and advocacy for peace and justice around the world. You may make a donation through our parish website or send to the parish office. Let us join together in this collection to support those suffering at home and abroad. Your contributions make a difference!

Men On Fire—Men's Conference

Mary, Queen of Peace Parish in Sammamish is hosting a conference for Catholic men on **Friday and Saturday, May 7th and 8th**. The "Men on Fire" Conference will feature Bart Schuchts [pronounced SHOOTS] of the John Paul 11 Healing Center. The Conference includes inspirational presentations and music offered in person and via livestream. Men of every age are welcome and encouraged to invite a friend. For details and registration visit MQP.org.

COVID Shot Appointment Hotline

www.covidwa.com

1-800-525-0127

Retrouvaille of Seattle

Considering Separation or Divorce?

Wait! There is an alternative. Retrouvaille (Pronounced retro-vi) has brought healing to tens of thousands of troubled marriages worldwide. Your situation may seem hopeless, but here is always hope, and you are not alone in your struggle. For confidential information about Retrouvaille, or to register for our upcoming VIRTUAL program on **February 25-28, 2021**, call Mark and Ronnie at 206-706-2608 or go to www.helpourmarriage.org.

Girls Scout Troop 45305

Our Lady of Guadalupe Girl Scout Troop 45305 has been busy earning badges, giving back, and leading the way in 2020-2021! We have collected food and paper grocery bags for our local food bank. We got to meet National Guard men and women when we dropped off our donations there - so cool! Our girls, in grades 2-7, have earned badges in pet care, bugs, trees, CPR, healthy friendships, flag etiquette, dance, eco camping, animal habitats, helping homeless, automotive design, and many more! We hope to use our cookie sale earnings to do more hiking and maybe even go camping as the weather and pandemic improve.

We are staying safe and selling our cookies via orders only this year. To support our Girl Scouts order at: https://DigitalCookie.GirlScouts.org/scout/troop45305-688 or email us at gswwtroop45305@gmail.com to have one of our Girl Scouts provide FREE, contactless delivery to your porch. **Deliveries begin 2/20 and run through 3/20.**

For more "Community Events",
please visit our website at www.olgseattle.org

Pastoral Council Members - Matt Prociv: Chair - Princess Ayers, Anne-Marie Herron, Jason Pankow, Liz Santos

Finance Council Members - Maryann Crissey: Chair - Colleen Hardy, Dan Merlino, Rachelle Snyder, Benjamin Reilly

From The Pastoral Center

ONLINE GIVING

If you haven't tried Online Giving….
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- You can cancel or change at anytime

FAQ's

When will my donation be debited?

On the date you decide.

How are my donations automatically deducted from my account?

When you complete the online profile, the amount you specify will be transferred from your bank account to the church's bank account.

To set up an online giving account, just visit our website at olgseattle.org and follow instructions to create an online profile

Pastoral Center
Phone: 206-935-0358 - Fax: 206-935-1230

Parish Staff

Fr. Kevin Duggan
frkevin@olgseattle.org - **X107**

Helen Oesterle - Pastoral Associate
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Anton Kramer - OLG School Principal
akramer@guadalupe-school.org

Michelle Scheving - Parish Administrator
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Marla Petronzio - Administrative Asst.
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Sal Pagan - Facilities Supervisor
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Marion Kari - Pastoral Care/Family Faith
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Jennifer Ibach - Pastoral Asst. for Outreach
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Ann Sager - Music
sager206@msn.com

Gail Neudorfer - Bookkeeper
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Sandy Plummer
Safe Environment Coordinator
Bulletin Editor
sandyp@olgseattle.org - **X111**

Our Lady Of Guadalupe School - Anton Kramer, Principal

akramer@guadalupe-school.org 206-935-0651 - X102

We Are The Bread Of Life

March 6th is the big day for our "Live Virtual" Auction 7pm-8pm and Silent Auction wrap up. All bidding closes at 9pm. Join us!

www.guadalupe-school.org/fundraising/auction

If you missed the auction, there is still time to make a donation to our Fund-A-Need to renovate bathrooms in the school including the parish hall. Simply click *Donate Now* from the home page of the school web site (https://www.guadalupe-school.org/), or contact Rebecca (rarcarese@guadalupe-school.org) 206-935-0651

Our Preschool to 8th grade students are back in person in early March. Enrollment is currently underway and looking strong for next school year. Please contact the school office 206-935-0651 for more.

Join us at **March 18th's All-School Mass,** led by 4th grade at 9:00 a.m.

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Call, text, email, or visit my website for information on how I can help you buy or sell a home.
I love West Seattle and my OLG family. For 20 years I have made this my home. Contact me today for your personalized home price analysis.
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