



Serving Chicago's North Side Neighborhoods

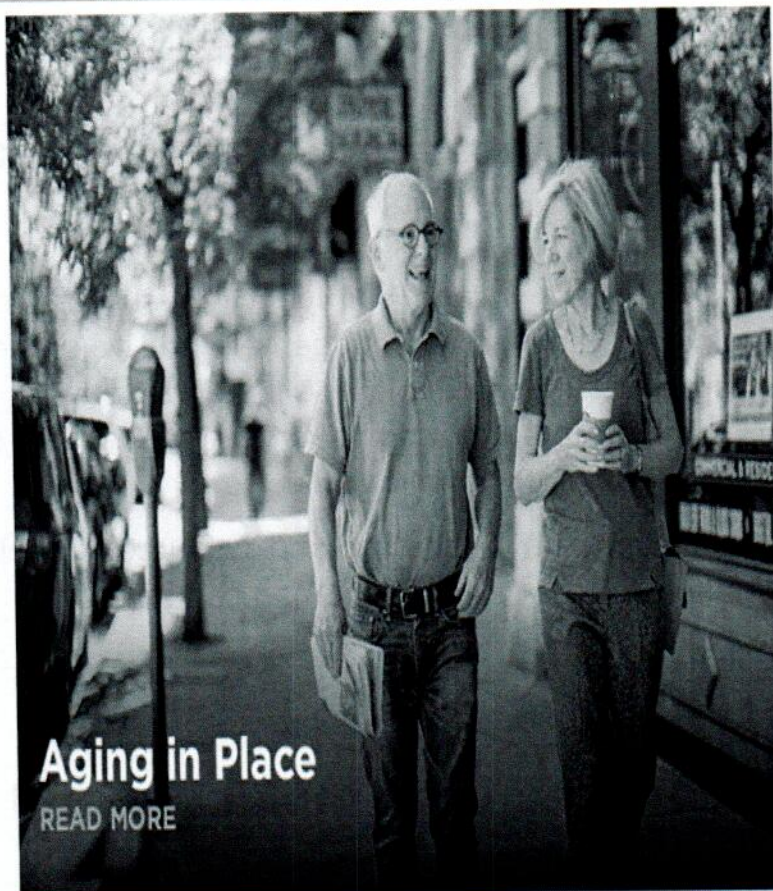
Leading the nationwide
Village movement

Connecting neighbor to
neighbor

Trusted resources
lending a helping hand

Reframing aging

Join us



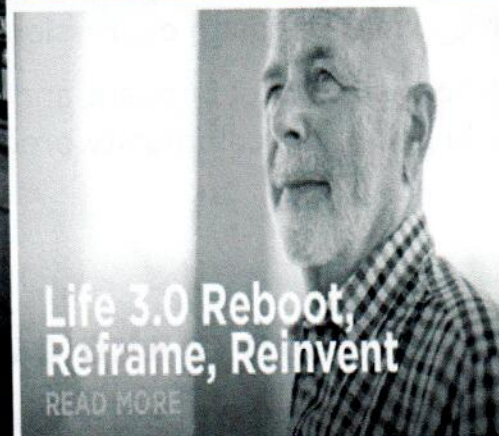
Aging in Place

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The New Longevity

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**Life 3.0 Reboot,
Reframe, Reinvent**

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Building Community

How does the Village model work?

The Village model builds community by leveraging the talents, wisdom and skills of older adults. It works by connecting members to each other and to the trusted resources that support vibrant secure later lives.

- Volunteer-based; responsive to each member's interests and needs.
- Offers member-created programs, activities and live-long learning
- Provides the security of knowing someone is there to help
- Member Plus program enables all neighbors regardless of income to participate fully in Village life.
- Multiplies impact through partnerships and collaborations.

Why does building community for and with seniors matter?

1. Scientific studies support the value of what the Village is influencing—such as regular exercise, learning new things, cultivating resiliency, civic engagement and volunteerism, and making new friends –in relation to aging well and quality of life. For example, people who are socially connected, live longer, maintain better cognitive health, counters social isolation which leads to depression and serious functional decline.
2. Seniors are a pool of talent and wisdom who have the time and resources to help solve building and community problems. We're a windfall of human capital!

How can we make our communities inclusive and supportive for all our residents?

1. Create a deeper sense of community among people who live near each other, through organizing activities of all sorts.
2. *Marshal our resources:* Our community at large contains an army of talent. What do we all need? We can be inclusive by marshaling that talent to work on problems that also improve quality of life for all residents. Examples: a) improving our schools; b) broken sidewalks. What others could we target together?