Housing/ Shelter

Company name**:**
UNION MISSION

Address:	383 Poplar Ave. Memphis Tn 38106
Phone number:	901 526 8434
Notes:	For Men

Company name:
8TH STREET MISSION

Address:	717 East Broadway West Memphis , AR. 72303
Phone number:	870 735 6010
Notes:	Men Food and Clothes

Company name**:**
SALVATION ARMY SINGLE WOMEN'S LODGE

Address:	696 Jackson Ave Memphis. Tn 38107
Phone number:	901 543 8586
Notes:	Women emergency shelter

Company name**:**
MIFA

Address:	910 Vance Ave Memphis Tn 38126
Phone number:	901 529 4545
Notes:	www.mifa.org; important documentation required to be summited (Ss card, income, address proof, loss proof

Company name**:**
YWCA ABUSED WOMEN'S SERVICES

Address:	766 S. Highland Memphis, TN 38111
Phone number:	901 725 4277

	Notes:	Emergency shelter for women with/without children due to domestic violence
Company name**:** **DISABILITY CONNECTIONS**	Address:	111 S. Highland St. #358 Memphis Tn 38111
	Phone number:	901 726 6404
	Notes:	People with disabilities assistance
Company name**:** **OASIS OF HOPE**	Address:	245 Guthrie Avenue, Memphis Tn 38107
	Phone number:	901 354 2778
	Notes:	Low-cost rental in community https://oohmememphis.com/outreaches/housing
Company name**:** **MERGE MEMPHIS (CLARE'S HOUSE)**	Address:	1755 Eldridge Memphis. Tn 38108
	Phone number:	901 207 4652
	Notes:	Women only 8-5Pm, Mon-Sunday Sherrc63@icloud.com
Company name**:** **SOUTH MEMPHIS ALLIANCE**	Address:	1048 South Bellevue Boulevard Memphis Tn 38106
	Phone number:	901 777 9582
	Notes:	Housing assistance and rent program (Family in need)
Company name**:** **SHIELDS INC.**	Address:	2552 Poplar Ave
	Phone number:	901 454 9755
	Notes:	Parents w/ sons over age of 11

Medical/Mental Health

Company name: **INNOVATIVE COUNSELING**	Address:	
	Phone number:	
	Notes:	
Company name**:** **FAMILY SAFETY CENTER** **(DOMESTIC VIOLENCE)**	Address:	1750 Madison Ave (6th floor) Memphis Tn 38104
	Phone number:	901 222 4400
	Notes:	Hours: 8-4:30pm Dv hotline 24 hours
Company name: **CHRIST COMMUNITY HELATH SERVICES** **(MEDICAL/ DENTAL)**	Address:	Varies
	Phone number:	901 271 6000
	Notes:	Appt only www.christcommuntiy health.org
Company name**:** **THE EXCHANGE CLUB FAMILY CENTER** **(*DOMESTIC/ TRAUMATIC COUNSELING*)**	Address:	2180 Union Ave Memphis Tn 38104
	Phone number:	901 276 2200
	Notes:	8:30- 4:30pm Dv services, classes for anger mgmt, healthy relationships
Company name**:** **REGIONAL ONE**	Address:	880 Madison Ave Memphis, Tn 38103
	Phone number:	901 545 7185
	Notes:	www.uthsc.edu/gim/medplex/clinc -info-html

Company name**:** **CHURCH HEALTH CENTER** ***MEDICAL/DENTAL***	Address:	1210 Peabody Ave Memphis, Tn 38104
	Phone number:	901 272 0003
	Notes:	www.churchhealthcenter.org
Company name**:** **MEMPHIS HEALTH CENTER** **(*MEDICAL/ OB- GYN / PODIATRY)***	Address:	360 E.H Crump BLVD Memphis, Tn 38126
	Phone number:	901 261 2000
	Notes:	http://www.memphishealthcenter .org/
Company name**:** **Case Management** **(*Mental health)***	Address:	4041 Knight Arnold, 38118 14 N. Bellevue: 38104 3171 Directors Row; 38116
	Phone number:	901 821 5600
	Notes:	
Company name**:** **ALLIANCE HEALTHCARE SERVICES (AHS)** ***(COUNSELING, SUBSTANCE ABUSE*, HIV/ AI*DS EDUCATION)***	Address:	3628 Summer Ave; 901-452-6941 Memphis 38122 2578 Douglas Ave; 901-369-1480 Memphis 38106 3810 Winchester; 901-369-1400 Memphis 38118 2150 Whitney Ave; 901 353-5440 Memphis 38127
	Phone number:	Above
	Notes:	
Company name**:** **PROFESSIONAL CARE SERVICE OF WEST TN** **(*COUNSELING, SUBSTANCE ABUSE, CASE MGM***	Address:	5281 Navy St. Millington, Tn 38053
	Phone number:	901 873 0305
	Notes:	

Substance-
DRUG ABUSE

Company name**:** **NARCOTICS ANONYMOUS**	Address:	
	Phone number:	901 276 5483
	Notes:	Call for time/location; www.na-wt.org
Company name**:** **COCAINE AND ALCOHOL AWARENESS PROGRAM(CAAP)** ***(AA AND COCAINE)***	Address:	3375 Winbrook Ave Memphis, Tn 38116
	Phone number:	901 360-0442
	Notes:	Extended residential treatment (homeless) www.caapincorporated.com
Company name**:** **ALCOHOLIC ANONYMOUS** **(*AA*)**	Address:	1835 Union Ave. Ste 302 Memphis Tn 38104
	Phone number:	901 726 6750
	Notes:	12 step program: www. memphis-aa.org
Company name**:** **GRACE HOUSE** ***(Women only no kids)***	Address:	329 North Bellevue Memphis, Tn 38105
	Phone number:	901 722 8460
	Notes:	Long term residential women www.gracehousememphis.org

Company name**:**
HARBOR HOUSE

Address:	1979 Alcy Rd. Memphis Tn 38114
Phone number:	901 743 1836
Notes:	Men's residential Center www.harborhousememphis.org

Company name**:**
MORIAH HOUSE

(YEAR LONG DRUG/ALCOHOL/ TREATMENT)

Address:	Not revealed
Phone number:	901 526 8403
Notes:	3 day screening process

Company name**:**
SHELBY COUNTY JOBS

Address:	
Phone number:	
Notes:	https://shelbycountytn.gov/jobs.aspx

LEGAL

Company name**:** **IMPACT AMERICA** ***(TAX PREPARATION*****)**	Address:	Varies
	Phone number:	844- Taxes – TN (829-3786)
	Notes:	Hours-varies
Company name**:** **MEMPHIS AREA LEGAL SERVICES** **(*NON CRIMINAL MATTER*)**	Address:	22 N.Front St (11th floor) Memphis, Tn 38103
	Phone number:	901-523 -8822
	Notes:	Hours-varies Low income or elderly www.malsi.org
Company name**:** **COMMUNITY LEGAL CENTER** **(*NON CRIMINAL)***	Address:	910 vance Ave Memphis, TN 38126
	Phone number:	901 543 3395
	Notes:	www.clcmemphis.org
Company name**:** **WEST TENN LEGAL SERVICES :** **(*NON CRIMINAL*)**	Address:	210 W. Main Street Jackson, Tn 38301
	Phone number:	731 423 0616
	Notes:	Serve 17 counties (www. wtls..org)

Education

Company name**:** **BRIDGES**	Address:	477 N. 5th Street Memphis, Tn 38105
	Phone number:	901-452-5600
	Notes:	www.bridgeusa.org

Company name**:** **LITERACY MID SOUTH** ***(LITERACY , ENGLISH CLASSES)***	Address:	2158 Union Ave. Memphis, Tn 38104
	Phone number:	901 327 6000
	Notes:	www.literacymidsouth .org

Company name**:** **HOLMES ROAD CHURCH OF CHRIST** **(*13 WEEK PERSONAL AND CAREER DEVELOPMENT PROGRAM)***	Address:	1930 Union Ave. Memphis Tn 38104
	Phone number:	901 272 3700
	Notes:	3 times a year and meets full time Mon-Fri https://www.whyhopeworks.org/students/personal-career -development-classes

Company name**:** **DENEUVILLE LEARNING CENTER** **WOMEN DEVELOPMENT)**	Address:	190 S. Cooper St. Memphis . TN 38104
	Phone number:	901 726 5902
	Notes:	www.deneuevillecenter.org

Company name**:** **HOLMES ROAD CHURCH OF CHRIST** **(ADULT LITERACY)**	Address:	1187 East Holmes rd Memphis Tn 38116
	Phone number:	901 396 8800
	Notes:	6 hours for 8-14 weeks
Company name**:** **:EXCEL CENTER**	Address:	1490 Norris Rd. Memphis Tn 38106
	Phone number:	901 726 3100
	Notes:	2 year completion Based on high school record Free education 18+
Company name**:** **HOPE WORKS:**	Address:	3337 Summer Ave
	Phone number:	901 396 8800
	Notes:	13 wks; M-F 9-4 and have a GED
Company name**:** **RISE MEMPHIS:**	Address:	2650 Thousand Oaks Blvd Ste 2400
	Phone number:	901 507 6644
	Notes:	Financial Literacy

Clothing

Company name**:** **LONGVIEW HEIGHTS SEVETH DAY ADVENTIST CHURCH**	Address:	671 East Mallory Ave Memphis Tn 38106
	Phone number:	901 774 5431
	Notes:	Tuesday; 1-2pm
Company name**:** **CHRIST MISSIONARY BAPTIST CHURCH**	Address:	494 South Parkway East Memphis Tn 38106
	Phone number:	901 948 9786
	Notes:	Saturday; 10am -noon
Company name**:** **Catholic Charities** **:**	Address:	1325 Jefferson Ave Memphis, Tn 38104
	Phone number:	901 722 4700
	Notes:	Mon/Tues/ Wed ; 9am-noon (1visit a year)
Company name**:** **FIRST PRESBYTERIAN CHURCH**	Address:	166 poplar Memphis, Tn 38103
	Phone number:	901 525 5619
	Notes:	1st and 3rd Sunday
Company name**:** **Brinkley Height Baptist Church** **:**	Address:	3287 Rosamond Ave Memphis, Tn 38122
	Phone number:	901 458 0617
	Notes:	Tues-Thurs; 10am-noon
Company name**:** **Manna house** **:**	Address:	1268 Jefferson Ave Memphis Tn 38104
	Phone number:	901 334 5832
	Notes:	Clothing for men and women (Thursday evening) Monday and Thursday 8-11:30am

Employment

Company name**:** **THE ARC MID SOUTH**	Address:	3485 poplar Ave Ste 210 Memphis, TN 38111
	Phone number:	901 327 2473
	Notes:	

Company name**:** **LÖWENSTEIN HOUSE**	Address:	821 S. Barksdale St Memphis, Tn 38114
	Phone number:	901 274 5486
	Notes:	

Company name**:** **LSI staffing** **:**	Address:	741 N White Station Rd, Memphis, TN 38122
	Phone number:	901 526 1189
	Notes:	

Company name**:** **RANDSTAD STAFFING**	Address:	7210 Winchester Rd Memphis Tn 38125
	Phone number:	901 624 7789
	Notes:	www.randstaffing .com (Available all day Monday)

Company name**:** **MEMPHIS URBAN LEAGUE** **:**	Address:	413 North Cleveland Memphis Tn 38104
	Phone number:	901 272 2491
	Notes:	http://ul - memphis.iamepowered.com/

Company name**:** **EXPRESS EMPLOYMENT PROFESSIONAL**	Address:	6100 Primacy Pkwy Ste 111
	Phone number:	901 666 1737

	Notes:	www.sememphistn.expresspros.com
Company name**:** **PARAMOUNT STAFFING**	Address:	5888 Distribution Dr Memphis Tn 38141
	Phone number:	901 367 8888
	Notes:	www.paramountstaffing.com
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Company name**:** **HOPEWORKS INC**	Address:	3337 Summer Ave Memphis Tn 38122
	Phone number:	901 272 3700
	Notes:	www.whyhopeworks.org
:		
Company name**:** **RANDSTAD STAFFING**	Address:	300 West Services Rd Ste 97210 West Memphis, AR 72301
	Phone number:	870-702-7700
	Notes:	Create account at www.randstadstaffing.com Call avail all Monday
Company name**:** **RANDSTAD STAFFING**	Address:	5118 Park Ave #240 Memphis 38117
	Phone number:	901- 794 4411
	Notes:	Create account: www.randstadstaffing .com. Call avail Tues 9am-10am
Company name**:** **RANDSTAD STAFFING**	Address:	460 Church st Southaven Ms 38671
	Phone number:	662-349-1825
	Notes:	Create account www.ranstadstaffing.com
Company name**:** **Randstad Staffing**	Address:	7780 Hwy 64 Ste 105 Bartlett, TN 38133
	Phone number:	901 973 0387

:	Notes:	Create account www.randstadstaffing .com; Call Monday-Fri 8:30am-9:30am
Company name**:** **RANDSTAD STAFFING**	Address:	5050 Popular Ave Ste 1940 Memphis Tn 38157
	Phone number:	901 766 9305
:	Notes:	Create account: www.randstadstaffing .com; Appt only

Food

Company name**:** **CALVARY EPISCOPAL CHURCH**	Address:	102 North Second Street Memphis Tn 38103
	Phone number:	901 525 3036
	Notes:	
Company name**:** **First United Methodist Church**	Address:	204 North Second Street Memphis Tn 38015
	Phone number:	901 527 8362
:		

	Notes:	Tues at , wens 7 and thur 4/5 pm
Company name**:** **FIRST PRESBYTERIAN CHURCH**	Address:	166 poplar Ave Memphis Tn 38103
	Phone number:	901 525 5519
	Notes:	Sundays; 2-4pm
Company name**:** **ST. MARY'S CATHOLIC CHURCH** **:**	Address:	155 Market st Memphis Tn 38126
	Phone number:	901 522 9420
	Notes:	Mon-sat 7-10 am
Company name**:** **ST. LUKE'S UNITED METHODIST CHURCH**	Address:	480 South Highland St Memphis Tn 38111
	Phone number:	901 452 6262
	Notes:	Meal: Sat; 4:30-Sun; 8:30am Food Pantry: Thurs;9:30-noon
Company name**:** **First Congregational Church** **:**	Address:	1000 South cooper st. Memphis tn 38104
	Phone number:	901 278 6786
	Notes:	Mon-Fri; 11:30-1:00pm
Company name**:** **ST. JOHN'S UNITED METHODIST**	Address:	1207 Peabody Ave Memphis Tn 38104
	Phone number:	901 726 4104
	Notes:	Friday meals, Tues/Sat; 4:30pm
Company name**:** **Catholic Charities** **:**	Address:	1325 Jefferson Ave Memphis Tn 38104
	Phone number:	901 722 4700
	Notes:	Varieties of service

Company name**:** **RALEIGH ASSEMBLY OF GOD**	Address:	3683 Austin Peay Hwy Memphis Tn 38128
	Phone number:	901 386 5055
	Notes:	Tues=meals
Company name**:** **Generous House(Life church)**	Address:	1790 N. Germantown PkWy Ste 1 Memphis Tn 38016
	Phone number:	901 751 0095
	Notes:	Mon and Wed;9:30am
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Company name**:** **CHRIST MISSIONARY BAPTIST CHURCH**	Address:	494 South Parkway East 38106
	Phone number:	901 948 9786
	Notes:	Food boxes – Wensday

Furniture Assistance

Company name**:** **OASIS OF HOPE**	Address:	1294 Thomas Street Memphis Tn 38107
	Phone number:	901- 577 0013
	Notes:	Low cost appliances will drop off. http://oohmemphis.com/outreach/appliance-home