



# SELF DEFENSE WORKSHOP

**THURS**

**OCTOBER  
9TH**

**3-6  
PM**

**SIGN UP  
HERE**

**Class Limit - 20**



**WRESTLING ROOM  
LOWER LEVEL OF  
MASSARI ARENA**

Contact 719.549.2210 with any  
questions

**STEEL  
CITY  
SELF  
DEFENSE**



OFFICE OF INSTITUTIONAL EQUITY  
COLORADO STATE UNIVERSITY PUEBLO