

# Trinity Church

*The Second Sunday in Lent*

March 1, 2026

8:00 & 10:00 AM



**We are glad you are here today.**

If you are looking for a place to seek God and discover companions for the journey, you are invited to be at home here. If you are new, please complete a pew card and place it in the collection plate. We are happy to tell you about life at Trinity.

*The altar party enters in silence. Please stand.*

A PENITENTIAL ORDER

Presider: Bless the Lord who forgives all our sins.

People: *God's mercy endures forever.*

*All kneeling as is comfortable for you.*

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

*Amen. Lord have mercy.*

You shall not make for yourself any idol.

*Amen. Lord have mercy.*

You shall not invoke with malice the Name of the Lord your God.

*Amen. Lord have mercy.*

Remember the Sabbath Day and keep it holy.

*Amen. Lord have mercy.*

Honor your father and your mother.

*Amen. Lord have mercy.*

You shall not commit murder.

*Amen. Lord have mercy.*

You shall not commit adultery.

*Amen. Lord have mercy.*

You shall not steal.

*Amen. Lord have mercy.*

You shall not be a false witness.

*Amen. Lord have mercy.*

You shall not covet anything that belongs to your neighbor.

*Amen. Lord have mercy.*

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8,9*

Let us confess our sins against God.

*Silence may be kept.*

*Presider and People – Together*

*God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.*

ABSOLUTION

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

KYRIE

8:00 am

Lord have mercy.

*Christ have mercy.*

Lord have mercy.

*Kyrie S91*

*Sung at 10:00am*

Lord, have mer - cy up - on us. Lord, have mer - cy up -

on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -

on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -

on us. Lord, have mer - cy up - on us.

Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

Setting: From *Missa de Sancta Maria Magdalena*, Healey Willan (1880-1968)

## THE COLLECT OF THE DAY

The Lord be with you.

*And also with you.*

Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

## THE LESSONS

### GENESIS 12:1-4a

The LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the LORD had told him; and Lot went with him.

Hear what the Spirit is saying to God’s people.

*Thanks be to God.*

### PSALM 121

- 1 I lift up my eyes to the hills; \*  
from where is my help to come?
- 2 My help comes from the LORD, \*  
the maker of heaven and earth.
- 3 He will not let your foot be moved \*  
and he who watches over you will not fall asleep.
- 4 Behold, he who keeps watch over Israel \*  
shall neither slumber nor sleep;
- 5 The LORD himself watches over you; \*  
the LORD is your shade at your right hand,
- 6 So that the sun shall not strike you by day, \*  
nor the moon by night.

7 The LORD shall preserve you from all evil; \*  
it is he who shall keep you safe.

8 The LORD shall watch over your going out and your coming in, \*  
from this time forth for evermore.

ROMANS 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Hear what the Spirit is saying to God’s people.

*Thanks be to God.*

SEQUENCE HYMN 440 *Blessed Jesus, at thy word*

THE GOSPEL      John 3:1-17

The Holy Gospel of our Lord Jesus Christ according to John.

*Glory to you, Lord Christ.*

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very

truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?”

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. “Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

The Gospel of the Lord.

*Praise to you, Lord Christ.*

THE SERMON

The Reverend Susan Wrathall

THE NICENE CREED

(EOW53)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. Who with the Father and the Son is worshiped and glorified. Who has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Form IV (BCP388)

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. In the Diocesan Cycle of Prayer, we pray for St. David's on-the-Hill, Cranston.

*Silence*

Lord, in your mercy *Hear our prayer.*

Guide the people of this land, and of all the nations, in the ways of justice and peace, especially in Ukraine and the Holy Land, that we may honor one another and serve the common good.

*Silence*

Lord, in your mercy *Hear our prayer.*

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

Lord, in your mercy *Hear our prayer.*

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. For those celebrating birthdays and anniversaries this week: Vickie Ancona (3/3); Vance Morgan (3/6); Barbara Curry (3/7); and those others we name silently or aloud (*significant pause*).

*Silence*

Lord, in your mercy *Hear our prayer.*

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray together for those on our parish prayer list: *Angela, Vanessa, Cliff, Emily, Ben, Bev, Cameron, Marge, Katie, Carl, Lee-Ann, George, Ginny, Becca, Bruce, Cory, Gabi, Sandy*, and for those others we now name (*significant pause*);

*Silence*

Lord, in your mercy     *Hear our prayer.*

We commend to your mercy all who have died, especially Beverly Dugan and Jeff Compton, and those whom we name silently or aloud, (*significant pause*), that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Lord, in your mercy     *Hear our prayer.*

*The Presider adds a concluding Collect.*

THE PEACE (*Please stand*)

The peace of the Lord be always with you.

*And also with you.*

## THE HOLY COMMUNION

OFFERTORY HYMN WLP 756     *Lead me, guide me*

***All loose offerings in the plate today will go to the Rector's Discretionary Fund to help our neighbors in need. Thank you for your generosity.***

THE DOXOLOGY

(8:00 am said)

All things come of thee O Lord.

*And of thine own have we given thee. Amen.*

(10:00 am sung)

All: Praise God from whom all blessings flow, Praise God all creatures here below, Praise God above ye heavenly host, Praise Father, Son and Holy Ghost. Amen.

THE GREAT THANKSGIVING (EOW *Eucharistic Prayer 1*)

The Lord be with you.

*And also with you.*

Lift up your hearts.

*We lift them to the Lord.*

Let us give thanks to the Lord our God.

*It is right to give our thanks and praise.*

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to the fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing (say):

*Presider and People*

8:00 am said

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

10:00 am sung

Sanctus S130

Ho - ly, ho - ly, ho - ly Lord, God of power and  
might, Ho - ly, ho - ly, ho - ly Lord,  
God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -  
 san - na in the high - est. Ho - san - na  
 in the high - est. Bless - ed is he who comes  
 in the name of the Lord. Ho - san - na  
 in the high - est. Ho - san - na in the high - est.

*Setting: From Deutsche Messe, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)*

*The Presider continues*

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith: *(together)*

Christ has died. Christ is risen. Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are say,

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as it is in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

# THE BREAKING OF THE BREAD

8:00 am said:

Lamb of God, you take away the sins of the world.

*Have mercy on us.*

Lamb of God, you take away the sins of the world.

*Have mercy on us.*

Lamb of God, you take away the sins of the world.

*Grant us peace.*

10:00 am Sung:

S 164

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

Setting: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

The gifts of God for the people of God. Take them in remembrance that Christ died for you and feed on him in your hearts by faith with thanksgiving.

## COMMUNION

*All Christians are welcome to receive communion. No one will be turned away. Please come to the communion rail as you are able and kneel or stand to receive. You may sip from the chalice or the eucharistic minister can intinct for you. If you prefer to receive a blessing, cross your arms over your chest. If you cannot come to the rail, communion will be brought to the pavement or to your seat as needed. Gluten free wafers are available.*

COMMUNION HYMN WLP 825

*Bless the Lord my soul*

POST COMMUNION PRAYER

Let us pray.

*Presider and People*

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

SOLEMN PRAYER OVER THE PEOPLE

Bow down before the Lord *(please kneel as you are able)*

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. *Amen.*

ANNOUNCEMENTS

DISMISSAL *People: Thanks be to God.*

*The altar party departs in silence.*

PARTICIPANTS

Altar Guild: Wayne Barnes, Kelley Elderkin, Dawn O'Hara, Linda Whittaker

Presider: The Reverend Susan Wrathall

8:00 AM

Euch Min: Colleen Burg  
Reader: Delight Bucko  
Acolyte: Delight Bucko  
Usher: Donna Blue-Tobin

10:00 AM

Chalice: Delight Bucko  
Reader: Ann Walter  
Acolyte: Rob Duncanson  
Margaret Thomas  
Usher: Anthony Morganti  
Marge O'Hara  
Video: Linda Deming

For routine communication, please email Mother Susan Wrathall  
at [rector@trinitycranston.org](mailto:rector@trinitycranston.org)

For pastoral emergencies, contact Mother Susan at 401-617-0380.



*For online giving, please scan the QR code with your smartphone's camera. Thank you*

*Altar flowers ♦ Golden Gate Stud*

### THIS WEEK

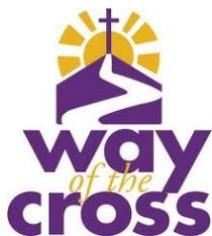
Sunday, 3/1	Lenten Program, Parish Hall, 6:00 pm
Monday, 3/2	Education for Ministry, Education room, 9:30 am Guitars 4 Vets, Music room, 4:00 pm Christian Meditation, on Zoom, 6:00 pm AA, Parish Hall, 7:30 pm
Tuesday, 3/3	Men's Group, Education Room, 9:30 am Knitters, Bay room, 9:30 – Noon Perspectives, Parish Hall, 11:00 am
Wednesday, 3/4	Pawtuxet Rangers, Parish Hall, 6:00 pm
Thursday, 3/6	Gospels of Holy Week, Education room, 9 am & 6 pm Perspectives, Parish Hall, Noon to 3:00 pm AA, Big Book, women's group, Bay room, 7:00 pm AA, Big Book, men's group, Parish Hall, 7:00 pm
Friday, 3/7	Way of the Cross, Church, 6:00 pm

## ***JOURNEY THROUGH LENT WITH TRINITY CHURCH***

Mondays: 6 pm Meditation on ZOOM

Tuesdays: 9:30 am Men's Group with Bible Study

Third Sundays: 8:45 am Living Stones in the Education Room



THE WAY OF THE CROSS – FRIDAYS AT 6 PM

Using Trinity's lovely stations, walk in Jesus' footsteps as he makes his way to the Cross through readings and prayer. This 30-minute service can be a meaningful addition to your Lenten journey.



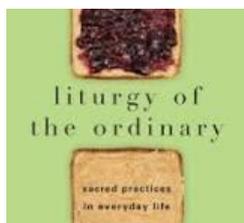
Join Mother Susan and

**EXPLORE THE HOLY WEEK GOSPELS**

Thursdays in March 5, 12, 19, 26

9 am AND 6 pm

In the Education room



LITURGY OF THE ORDINARY

FIVE SUNDAY EVENINGS IN LENT

6-8:30 PM

*Childcare provided*

We begin with soup and salad supper, followed by video and discussion, and finally Compline.

In the overlooked moments and routines of our day, we can become aware of God's presence in surprising ways. How do we embrace the sacred in the ordinary and the ordinary in the sacred?

Framed around one ordinary day, this course explores daily life through the lens of liturgy, small practices, and habits that form us. Each session looks at something—making the bed, brushing her teeth, losing her keys—that we do every day. Drawing from the diversity of her life as a campus minister, Anglican priest, friend, wife, and mother, Tish Harrison Warren opens up a practical theology of the everyday. Each activity is related to a spiritual practice as well as an aspect of our Sunday worship. Come and discover the holiness of your every day.

# Trinity Church

139 Ocean Avenue | Cranston, Rhode Island 02905 | (401) 941-4324

The Reverend Susan Wrathall, Priest-in-Charge

Alan Cotnoir, Music Director

Carl Hurtubise, Sunday School Superintendent



Vestry Members

Robert Duncanson, Senior Warden

Ann Walter, Treasurer, Ginny Simms, Clerk

Alyson Aharonian, Vickie Ancona, Cindy Castellone,

Kevin Cliff, Carol Deming, Jeannette Hogan, Robert Whittaker

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