

# Trinity Church

Third Sunday in Lent

March 3, 2024

9:00 am



**We are glad you are here today.**

If you are looking for a place to say your prayers, seek God, and discover companions for the journey, you are warmly welcome here. If you are new, please complete a pew card and place it in the collection plate. We are happy to tell you about life at Trinity.

## A Penitential Order

Presider: Bless the Lord who forgives all our sins.

**People: God's mercy endures forever.**

*All kneeling as is comfortable for you.*

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

**Amen. Lord have mercy.**

You shall not make for yourself any idol.

**Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.

**Amen. Lord have mercy.**

Remember the Sabbath Day and keep it holy.

**Amen. Lord have mercy.**

Honor your father and your mother.

**Amen. Lord have mercy.**

You shall not commit murder.

**Amen. Lord have mercy.**

You shall not commit adultery.

**Amen. Lord have mercy.**

You shall not steal.

**Amen. Lord have mercy.**

You shall not be a false witness.

**Amen. Lord have mercy.**

You shall not covet anything that belongs to your neighbor.

**Amen. Lord have mercy.**

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. 1 John 1:8,9

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

**Kyrie Eleison**

**Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.**

**The Word of God**

**The Collect of the Day**

**Presider:** God be with you.

**People:** And also with you.

**Presider:** Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

**The Lessons**

**Exodus 20:1-17**

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Reader: Hear what the Spirit is saying to God's people.

**People: Thanks be to God.**

## **Psalms 19**

- 1 The heavens declare the glory of God, \*  
and the firmament shows his handiwork.
- 2 One day tells its tale to another, \*  
and one night imparts knowledge to another.
- 3 Although they have no words or language, \*  
and their voices are not heard,
- 4 Their sound has gone out into all lands, \*  
and their message to the ends of the world.
- 5 In the deep has he set a pavilion for the sun; \*  
it comes forth like a bridegroom out of his chamber;  
it rejoices like a champion to run its course.

- 6 It goes forth from the uttermost edge of the heavens  
and runs about to the end of it again; \*  
nothing is hidden from its burning heat.
- 7 The law of the LORD is perfect  
and revives the soul; \*  
the testimony of the LORD is sure  
and gives wisdom to the innocent.
- 8 The statutes of the LORD are just  
and rejoice the heart; \*  
the commandment of the LORD is clear  
and gives light to the eyes.
- 9 The fear of the LORD is clean  
and endures for ever; \*  
the judgments of the LORD are true  
and righteous altogether.
- 10 More to be desired are they than gold,  
more than much fine gold, \*  
sweeter far than honey,  
than honey in the comb.
- 11 By them also is your servant enlightened, \*  
and in keeping them there is great reward.
- 12 Who can tell how often he offends? \*  
cleanse me from my secret faults.
- 13 Above all, keep your servant from presumptuous sins;  
let them not get dominion over me; \*  
then shall I be whole and sound,  
and innocent of a great offense.
- 14 Let the words of my mouth and the meditation of my  
heart be acceptable in your sight, \*  
O LORD, my strength and my redeemer.

### **1 Corinthians 1:18-25**

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to

save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader: Hear what the Spirit is saying to God's people.

**People: Thanks be to God.**

**Sequence Hymn: #518**

*Christ is made the sure foundation*

**Gospel**

**John 2:13-22**

Presider: The Holy Gospel of our Lord Jesus Christ according to John.

**People: Glory to you, Lord Christ.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Presider: The Gospel of the Lord. **People: Praise to you, Lord Christ.**

**The Sermon**

The Reverend Susan Wrathall

**The Nicene Creed**

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from**

the Virgin Mary, and was made truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. Who with the Father and the Son is worshiped and glorified. Who has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

### **The Prayers of the People** *(Form I)*

Presider: Let us pray for the Church and for the world.

With all our heart and with all our mind, let us pray to the Lord, saying,  
“Lord, have mercy.”

For the peace of the world, especially for the Ukraine and the Holy Land, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

**Lord, have mercy.**

For our Bishop, and for all the clergy and people. We join with congregations throughout the Diocese to pray for the Episcopal Church Women. Let us pray to the Lord.

**Lord, have mercy.**

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

**Lord, have mercy.**

For this city of Cranston, for every city and community, and for those who live in them, let us pray to the Lord.

**Lord, have mercy.**

For those celebrating birthdays, especially Vickie Ancona (3/3); Barbara Curry (3/7), and those celebrating anniversaries. *(Please name your petitions aloud.)* Let us pray to the Lord.

**Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

**Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering. For Tim, Barbara, Toufic, Peg, Janet, Elena, Marcia, and all on the parish prayer list. (*Please name your petitions aloud.*) Let us pray to the Lord.

**Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

**Lord, have mercy.**

For all who have died in the hope of the resurrection, and for all the departed. (*Please name your petitions aloud.*) Let us pray to the Lord.

**Lord, have mercy.**

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

**Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

**Lord, have mercy.**

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God.

**To thee, O Lord our God.**

Presider: O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

### **The Peace**

Presider: The peace of the Lord be always with you.

**People: And also with you.**

### **The Holy Communion**

**Offertory Hymn: #149**

*Eternal Lord of love, behold your church*



## Doxology

**Praise God from whom all blessings flow, Praise God all creatures here below, Praise God above ye heavenly host, Praise Father, Son and Holy Ghost. Amen.**

## The Great Thanksgiving (EOW *Eucharistic Prayer 1*)

*Presider:* The Lord be with you.

**People: And also with you.**

*Presider:* Lift up your hearts.

**People: We lift them to the Lord.**

*Presider:* Let us give thanks to the Lord our God.

**People: It is right to give our thanks and praise.**

*Presider:* It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to the fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing (say):

*Presider and People*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely

to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

**Lamb of God, you take away the sins of the world.**

**Have mercy on us, Lamb of God.**

**Lamb of God, you take away the sins of the world.**

**Have mercy on us, Lamb of God**

**Lamb of God, you take away the sins of the world.**

**Have mercy on us, grant us peace.**

Presider: The gifts of God for the people of God. Take them in remembrance that Christ died and rose for you and feed on him in your hearts by faith with thanksgiving.

### **Communion**

*All the baptized are welcome to receive communion in the Episcopal Church.*

*You are warmly invited to come forward to receive communion or to receive a blessing. You may intinct the wafer (dip the wafer into the wine), or should you wish to receive directly from the cup, please let the chalice bearer know so that you may receive from the chalice reserved for that purpose. Those who are unable to come forward for communion are served first, then the congregation is invited to come forward. Gluten-free wafers are available.*

**Communion Hymn: #676**

***There is a balm in Gilead***

### **Post Communion Prayer**

Presider: Let us Celebrant: Let us pray.

**Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.**

### **Final Prayer**

Presider: Bow down before the Lord.

*The people kneel*

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. **Amen.**

### **Announcements**

### **Dismissal**

Go in peace to love and serve the Lord.

**People: Thanks be to God.**

### **Participants**

**Concelebrant:** The Reverend Canon Dena Cleaver-Bartholomew

**Altar Guild:** Angela Butler, Wayne Barnes, Kelley Elderkin, Dawn O'Hara

**Chalice:** Margaret Thomas

**Lector:** Amy Umstadter

**Acolytes:** Rob Duncanson; Kevin Cliff

**Ushers:** Donna Blue-Tobin

**Video:** Cathi Beattie

Marge O'Hara

**For routine communication, please email Mother Susan**

**at [rector@trinitycranston.org](mailto:rector@trinitycranston.org)**

**For pastoral emergencies, contact Mother Susan at 401-617-0380.**

*Sunday School (ages 5-11) in the education room  
& childcare provided in the nursery for the 10:00 am service.*

*Please join us for coffee & conversation in the Bay room following each service.*

**Prayer List:** Becca, Cindy, Daniel, Billy, Bruce, Eric, Gabi, Corey, Henry, Sandy, Jenny, Manny, Tim, Barbara, Toufic, Peg, Janet, Elena, Marcia, Richard R., Cathi, Richard C., Paul

*Names are kept on our prayer list for eight weeks. Should you wish to add someone to the prayer list, or should you wish for someone for whom you've requested prayer to be on longer than eight weeks, please email the office at [office@trinitycranston.org](mailto:office@trinitycranston.org).*

### This week

Sun 3/3	Sunday School, education room, 9:00 am Parish meeting, parish hall, 10:30 am
Mon 3/4	Christian Meditation on Zoom, 6:00 pm AA Meeting, parish hall, 7:30 pm
Tues 3/5	Men's Group, Education room, 9:00 am Knitting Group, Bay room, 10:00 – Noon The Village, parish hall, 5:30 pm
Wed 3/6	Pawtuxet Rangers, parish hall, 6- 8:00 pm
Thurs 3/7	Music Together, parish hall, 10:00 am AA Big Book, parish hall, 7:00 pm AA women's Big Book, Bay room, 7:00 pm
Fri 3/8	Stations of the Cross, 6:00 pm
Sat 3/9	Pathways to Healing, church, 10:00 am

## Trinity Church

139 Ocean Avenue | Cranston, Rhode Island 02905 | (401) 941-4324

The Reverend Susan Wrathall, Interim Priest-in-Charge

Dr. Michael Kelly, Minister of Music

Margaret Thomas, Senior Warden | Robert Duncanson, Junior Warden

Carl Hurtubise, Sunday School Superintendent

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