



## PREVENTING SUBSTANCE ABUSE



# Preventative Parenting & Substance Use in Children and Adolescents at Northeast Cobb Y

What can I do to help prevent my child from using? How do genetics play into the abuse equation? What can parents do in the younger years to promote resiliency against drugs, peer pressure, etc?

If you are curious about the answers to these questions and more, please come and join Ann Wilson, LPC, CADC II, CCS, CEAP and Keeley Baily, MSW, LCSWM, RPT for an evening of discussion and learning.

### Topics will include:

- How quality time impacts prevention and what quality time looks like
- How a person's genetics impacts addiction and experimentation
- Understanding the stages of substance abuse and addiction in children and teens
- What to do if you need help

**TUESDAY, NOVEMBER 14 • 6:30-8:00 PM**

**FREE Seminar for members & the community**

Please register in person or at [ymcaregistration.com](http://ymcaregistration.com) using Class ID: 428797

**QUESTIONS?** Contact Katie Block Furlough at [KatieB@ymcaatlanta.org](mailto:KatieB@ymcaatlanta.org)