

# THRIVING WITH PRIDE: An Inclusive Online Cafe



**Join AgeOptions and our Thrive with Pride Cafe for an interactive conversation with Paula Basta, Director of the Illinois Department on Aging, and Diane Slezak, AgeOptions President and CEO, for a conversation about the challenges facing older LGBT+ adults in Illinois, and hear how the aging network is prepared to help us all thrive as we age.**

**LIVE On Zoom  
Tuesday, July 28th  
11am - Noon**

(A segment of our conversation with Director Basta will be recorded & archived on our website.)

**Join on Zoom: <https://zoom.us/j/96661294106>  
Or by phone: (312) 626 6799 (enter meeting ID 966 6129 4106 at prompt)**

Thrive with Pride Cafes provide safe and affirming spaces for all older adults. Join a Thrive with Pride Cafe in your area for a follow-up discussion where you can share and receive support, learn more about local services and resources, and discuss topics that matter.

**Visit the Thrive with Pride Cafe website to view plenaries, find a Cafe near you, and see resources for LGBT+ inclusive aging in Chicagoland**  
**[AgeOptions.org/gallery/ThriveWithPride/](https://AgeOptions.org/gallery/ThriveWithPride/)**  
**or email [kate.spelman@ageoptions.org](mailto:kate.spelman@ageoptions.org)**



AgeOptions is the Area Agency on Aging for suburban Cook County. We are now proud recipients of the SAGECare platinum credential, signifying our commitment to LGBT+ inclusivity.

