

Regional QI Hub



Advancing Quality Together: Regional QI Hub Update: January 2026

The Regional QI Hub is a statewide collaboration that brings together Ohio's Colleges of Medicine, healthcare providers, researchers, patients, and community organizations to improve care delivery and outcomes. Our newsletter will share successes, outcomes, and promote learning across project partners.

New Regional QI Hub Website Coming Soon!

The Regional QI Hub website is coming soon! Designed as Ohio's go-to destination for clinical tools, educational materials, and data-informed strategies, the platform supports quality improvement efforts that drive meaningful change across the state. It also strengthens collaboration by sharing insights among project partners and accelerating the spread of innovative practices identified by Cardi-OH, ensuring that proven solutions reach providers and communities more quickly and effectively.

Collaborative QI in Action: Ohio's Regional QI Hub Shares Scalable Solutions at IHI Forum

As an annual learning event that attracts healthcare and improvement professionals from around the world, the [2025 IHI Forum](#) in Anaheim, CA, was an ideal opportunity to showcase Ohio's collaborative Regional QI Hub work. Representatives from GRC and the OSU CoM Regional Hub presented findings from wave 1 project activities, demonstrating early success of the model in population health improvement efforts across Ohio.



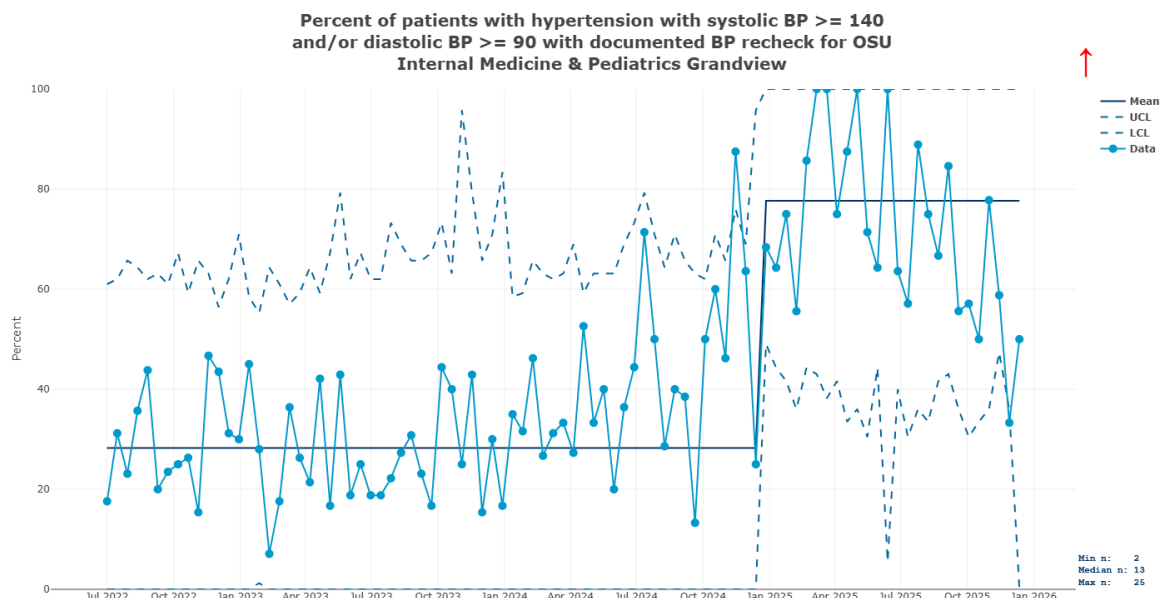
Members of the GRC Regional QI Hub project presented a session titled [*Ohio's Regional QI Hub Model: A Shared Responsibility to Support Ohioans Managing Chronic Disease*](#).

Session attendees engaged to learn about Ohio's collaborative QI approach to improve patient outcomes in hypertension (HTN) and type 2 diabetes mellitus (T2DM); the benefits of multi-stakeholder engagement to reduce health system barriers; and apply learnings from specific Plan, Do, Study, Act (PDSA) cycles ready for scale-up or spread.

The Ohio State University College of Medicine Regional Hub, represented by [Gabriel Alain DP, PT, PhD](#), [Jennifer Eramo MSN, BS, RN](#), and [Riley Summers, MPH](#), also held two poster presentations showcasing their hub's regional work titled [Learning Health System Implementation: Building a Hub-and-Spoke Model for Hypertension Management through the QI Hub](#) and [Improving Collaborative Interventions for Medicaid Patients with Hypertension: Remote Physiologic Monitoring and Managed Care Organizations](#), respectively.

Clinical Vignette: Blood Pressure Rechecks

Last fall, the OSU Spoke Site Grandview GIM Team identified blood pressure re-checks as a key area for improvement. To address this need, they engaged the site practice manager to provide comprehensive staff education on the importance of re-checks, ensuring the entire team understood why this would be a priority.



The team then engaged two providers in a PDSA process to test different workflows over the course of a week. One provider used a magnetic timer placed on the patient's room door, and when a patient presented with an initial elevated blood pressure reading, the MA set the timer for ten minutes. When the timer went off, the MA returned and performed the re-check. The second provider trialed using patient room flags as reminders for patients needing a re-check. After reviewing the results of several PDSA cycles, the team agreed that the timer system worked best for their staff.

As an additional PDSA ramp, providers wanted to ensure re-checks occurred before the visit was completed. The team tested a new workflow authorizing MAs to enter the patient room as soon as the timer went off, even if the provider was still with the patient.

This allowed providers to make real-time clinical decisions based on more accurate blood pressure readings, while also giving MAs the confidence to enter patient rooms while the provider was present. After rolling out this process to the entire team, they saw improvement from 23.24% to 7.67% in their re-check process measure and are now focused on sustaining these gains.

Meet the Team: Ohio University SE Ohio Regional Hub Leadership Team

[Elizabeth Beverly, PhD](#) is Principal Investigator of the SE Ohio Hub. She holds a PhD in Biobehavioral Health from Pennsylvania State University and is an expert in diabetes, rural health and virtual reality. Her research has focused on understanding the linkages among psychosocial issues, self-care, and health outcomes. She currently serves as a section leader for the American Diabetes Association's (ADA) Professional Practice Committee (PPC) to establish the national Standards of Care in Diabetes.



[Sarah Adkins, PharmD](#) is a Clinical Lead and Quality Coach for the SE Ohio Hub. She is an experienced clinical pharmacist and Associate Clinical Professor in the Heritage College of Osteopathic Medicine. She is passionate and dedicated to her communities in Appalachia, Southeast Ohio, and Athens, and serves as Founder and Executive Director of Rising Suns Nonprofit Pharmacy. She has a 20-year track record of working in pharmacy, healthcare of uninsured or underinsured, diabetes care, clinical pharmacology, pharmacy benefit management, patient



counseling, and academia. She is board certified in Ambulatory Care Pharmacy (BCACP) with a Doctor of Pharmacy (PharmD) and Residency focused in Pharmacy from The Ohio State University.

[Lori Lammert, MA](#) is Strategic Outcomes Manager for SE Ohio Hub. She is a strategic and collaborative project leader who directs the day-to-day implementation, administration, and coordination of quality improvement initiatives for the Hub, supporting diabetes care advancement across twenty healthcare sites in the region. She also coordinates the NIH-funded Diabetes Institute Summer Interprofessional Research Experience. She holds a Master of Arts in Spanish, a Bachelor of Science in Journalism, and is currently pursuing a Master of Public Health at Ohio University.



Make a Measurable Impact—Join the MedTAPP Inventory!

Academic faculty, staff, and clinical professionals are encouraged to join the [MedTAPP Inventory](#) as experts in their field, allowing ODM and the GRC to easily identify potential research and evaluation partners. Project topics include **maternal, infant, and family health; behavioral health and substance use disorder; chronic conditions; and Medicaid population assessments.**

As an academic partner, you can provide expertise in areas such as data analytics, survey analysis, evaluation, and quality improvement science. Visit grc.osu.edu/MedTAPP to learn more and join today!