

MAY NEWLETTER

Counselor's Corner

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Dear Parents,

And just like that the year is over! This month, we continued to learn about conflict resolution with second graders, classroom guidance for K, and school transitions and this year's accomplishments in first grade.

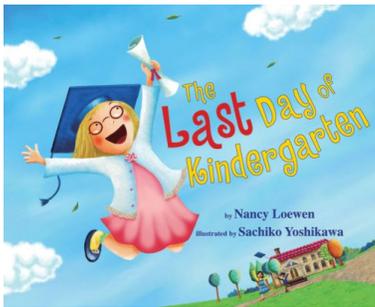
This year was again an amazing one that gave me many memories with your kiddos. I was able to get to know them and watch them grow in all aspects. It was a pleasure being their counselor, and I am looking forward to next year.

I hope you enjoy reading about what we did this month and hopefully have already seen some of it from things the students have brought home. As always, feel free to contact me with any questions or concerns.

Warm Regards,

Cristina Green, M.S.

Lower School Counselor



KINDERGARTEN

We read the book "The Last Day of Kindergarten" by Nancy Loewen. In the book, a little girl is sad that kindergarten is coming to an end. She wishes it was the first day again, when everything was exciting and new and there was such a fun year ahead. But then she realizes that graduating is exciting, too, and

maybe first grade won't be so bad, after all! This book help students open up a little bit, and some of them expressed that they feel a little anxious about first grade. After discussing their concerns, we finished our lesson with a small last day of kindergarten booklet. Your child also had a chance to tour the first grade classrooms and meet the first grade teachers. They were so excited and were already speculating who their teacher might be.

UPCOMING EVENTS

JUNE 7

National Donut Day

JUNE 8

National Best Friend Day

JUNE 16

Father's Day

JUNE 21

World Music Day

IMPORTANT ANNOUNCEMENTS



[10 Books That Teach Kids To Be Mindful Of Themselves And Others](#)

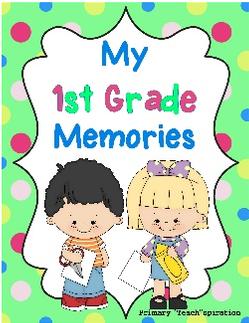
[Car and Boat Safety in Alabama](#)

[Summer Bucket list](#)

[Kids Going to Camp, How Not to Worry](#)

[2019 Summer Assignments](#)

1ST GRADE



For our last meeting, we worked on our school memories. Children created a memory flip/flap activity. The activity highlighted the most memorable events for this academic year. They also had a chance to draw themselves at school and write what made this school year so special.



2ND GRADE



problem.

During the first week of May, we finished our conflict resolution series by learning several calming strategies. During the lesson, I introduced different strategies and had them set as centers. All students got to try them, and if the calming station activity was one that they enjoyed they got to collect a “drop.” The students selected their top 5 calming strategies and added the drops to their calming cloud. My hope after this series is that they are able to identify a conflict and their feelings toward the conflict, as well as to react appropriately and be able to solve the

At the beginning of our second lesson, Intermediate School Counselor Andi Millsap joined the class to introduce herself to your child. She reminded them that she will be their school counselor for the next 4 years and that they can reach out to her if they ever need someone to talk to. She also created some awesome bookmarks for them to keep and use this summer.



Our second lesson for May (and final lesson of the year) was “Have a Ball this Summer.” We focused on ways to stay safe this summer. Your child created a safety beach ball with tips to stay safe this summer. I encourage you to help your child memorize your phone number in case of emergency. During the lesson, we found out most of the students only knew one parent's number, and some knew none. At the end of the activity, students received a bouncy ball to remind them to have a ball this summer. Some students were also able to create a safety bracelet.

Finally, I wanted to share what an honor it has been to be your child's school counselor this year. As your child moves into third grade, he/she will have Mrs. Millsap as their counselor, but be sure to let your child know that they can always reach out to me if they need to.