



What: Support groups for children ages 5-18 and adult caregivers who are coping with the death of someone important to them.

How: Our groups are set up to co-create a safe space for caregivers, children, and families so that they can share their thoughts, feelings, and reactions to the loss. We provide activities centered around play, art, reflective sharing, and coping.

Provider: Uplift Center for Grieving Children

**Site: Church of the Holy Trinity
1904 Walnut Street, Philadelphia**

Group Day: Thursdays, every other week

Time: 5:00 p.m. to 6:30 p.m.

Cost: Free

**When: Groups will begin in January 2020 and will be held
every other week**

Please contact Uplift for intake and registration:

Nicholas O'Meally

nicholas@upliftphilly.org

267-437-3123 x1006

