

## Disaster Aid Canada - Emergency Preparedness Questionnaire



In the event of a disaster or emergency there may be NO POWER due to downed power lines/damaged transformers by wind storm, NO WATER due to breaks in water line or contaminated water supply, NO ACCESS TO MEDICAL FACILITIES OR STORES due to damaged/blocked roads. Most people survive disasters, but major disasters, such as an earthquake or extreme weather event, may disrupt the normal function of society and seriously affect infrastructure and public services.

A. Emergency Preparedness Specialists stress that we each need to be able to take care of ourselves for AT LEAST 72 HOURS = 3 FULL DAYS, and recommend that you have the following on hand.

**ARE YOU PREPARED?** Do you have these items to survive for 72 hours?

		YES	NO
1	At least 4 litres of water per day per person = at least 12 litres for 3 days		
2	Food that requires no refrigeration, cooking or preparations, are compact and lightweight (e.g. Ready-to-eat canned meals, freeze-dried foods, canned milk, juice, cereals etc.) – including a manual can opener.		
3	Prescription drugs and other medications		
4	Money in small bills and coins (ATMs and credit card processing may not be available)		
5	First aid kit and pocket first aid book		
6	Flash light and spare batteries and/or hand cranked flashlight		
7	Transistor radio and/or hand cranked radio		
8	Warm clothing, outer ware, hat gloves etc.		
9	Candles, matches		
10	Camp stove or barbeque (only to be used outside – never inside)		
11	Water purification tablets, a portable water filter or chlorine bleach (water can be made safe to drink with 1 drop of liquid chlorine bleach to 1 litre of water or 3 drops per litre of cloudy water)		
12	“Grab-and Go bag” or supplies in your vehicle of appropriate foot wear, warm & rainproof clothes, water, snacks, first aid kit, flashlight and batteries, small denominations of cash, in case you must walk home or to a shelter.		
13	Have you prepared a contact list and provided it to an out of province person you can contact via text message or email to advise if you are OK or not in event of emergency?		
14	Have you considered where in your home you can DROP/COVER/HOLD ON in an earthquake?		

B. In the event of a fire, earthquake or some other emergency, you may need to evacuate your home and not be able to return for some time. You may not be able to re-enter your home to get items such as the following.

**ARE YOU PREPARED?** Can you quickly and easily pick up these things as you exit your home?

		YES	NO
15	Shoes, socks and flashlight by your bed (in case of night time evacuation)		
16	Purse/wallet with identification, driver’s license, credit/debit cards, money		
17	Cell phone		
18	Car keys		
19	Warm sweater or coat		
20	Shoes – heavy enough to protect feet from broken glass and other debris (not just slippers)		
21	Prescription drugs, prescription eye glasses		

22	List of names & phone numbers of key family members, and other important contacts such as doctor, insurance agent etc. (this may be in your cell phone contact info)		
23	Copies of important documents, e.g. passports, insurance policies, credit card numbers etc.		
24	Are you physically able to exit you home safely? (do NOT use the elevator)		
25	If you require assistance do you know who will provide that assistance AND are they aware of this?		

C. Previous earthquakes show that you have a better chance of surviving and minimizing damage to your home if you take the following preventive measures now.

**ARE YOU PREPARED?** Have you minimized these home hazards?

		YES	NO
26	Tie down your washer and dryer (water line could break if they topple)		
27	Secure top-heavy furniture and shelving units. Keep heavy items on lower shelves		
28	Affix mirrors, painting and other hanging objects securely, so they won't fall off hooks		
29	Have ABC fire extinguisher and know how to use it		

D. In the event of a major earthquake or storm, your home may be severely damaged and not safe to live in. Other emergency community services, such as emergency responders and hospitals may be overwhelmed. **This doesn't just happen in poor third world countries, as evidenced by the Bahamas and New Zealand.** We need to be able to look after ourselves outside, as individuals and as a community.

Many Emergency Preparedness Committees are considering locating **Emergency Container(s)** to contain shared emergency supplies and equipment – things that as individuals we are not likely to have in our individual emergency supplies but that are needed for outdoor survival. Items may include, but not limited to, emergency shelters (tents, awnings etc.), additional water or water purification ability, generator, gas powered cut-off saw, additional first aid supplies such as a stretcher or camp beds, buckets and shovel for building latrines.

		YES	NO
30	Are you in favour of a shared community Emergency Container? <b>THIS IS NOT A VOTE TO APPROVE ANY SPENDING AT THIS TIME. IT IS SIMPLY AN EXPRESSION OF INTEREST IN FINDING OUT MORE INFORMATION, INCLUDING COST INFORMATION</b>		
31	Do you have first aid or other medical training?		
32	If you do not have first aid training, are you interested in taking this training in order to assist your neighbours in the event of an emergency?		

E. Comments or suggestions

F. Please return this questionnaire to \_\_\_\_\_