



# Wellness Center Opening on Monday, June 22

## Available Exclusively to Members (no drop-ins or guests)

*We've missed you!*

We are so excited to be opening our Wellness Center and we are looking forward to seeing you. Your health, safety, and well-being are our top priority.

In order to maintain the healthiest environment possible, comprehensive safety protocols have been developed **including:**

- Limit on the number of people in the Wellness Center at one time (maximum: 12 people).
- One hour limit per visit.
- Equipment is limited in order to maintain social distancing.
- Masks are required to be worn when entering/exiting the Recreation Center, in hallways, and in bathroom/changing areas.
- Masks are not required while exercising in the Wellness Center and in the Wellness Center Lobby with 12 feet of social distancing.
- Staff members are required to wear masks.
- Clean sneakers (not street shoes) must be worn in the Wellness Center.
- All gear must be brought in the building in one bag. The bag will be placed in a designated space in the Wellness Center lobby.
- Whirlpool, sauna, and steam room are NOT available.
- The deluxe locker room and showers are NOT available, but alternative bathrooms and changing areas remain open.
- There will be continuous disinfected cleaning by staff of all areas utilized by members.
- Members are expected to sanitize before and after using any equipment with wipes that are available.
- Personal Training is available. Inquire at the Front Desk.
- Please bring plenty of water (water fountain is not available).
- Child sitting is NOT available.

**Members must register for the Wellness Center either online or by calling (203) 431.2755.** Reservations are available 24 hours before and there is a limit of one reservation per person each day. **Please adhere to the scheduled time. *If you have a problem logging in, please call us to assist you.***

