



RAIN STICK



What is a rain stick?

The first rain sticks were believed to be created by the Aztecs. They would dry out a piece of cactus in the sun, remove the spines, then drive them into the cactus-like nails. Small stones or pebbles were then placed inside, and the ends were sealed. When tilted vertically, the pebbles would cascade down to the other end hitting the spines and the sound would resemble rainfall. They were played in the belief they would bring rain.

MATERIALS NEEDED:

- paper towel rolls
- construction paper or aluminum foil
- 1 1/2 inch brass fasteners
- masking tape
- macaroni, beans, rice, or popcorn kernels
- exacto knife (adults only)
- stickers and/or crayons (optional)

HOW TO MAKE YOUR OWN RAIN STICK:

STEP 1: Seal one end of the paper towel tube with masking tape.

STEP 2: Make small slits along the seams of the paper towel roll to make it easier for the children to insert the brass fasteners.

STEP 3: Allow campers to insert the 1 1/2-inch brass fasteners in the slits.

STEP 4: Tape one end closed.

STEP 5: Have the campers add either macaroni, beans, rice, or popcorn kernels to the open end. They can experiment with the sound – adding as much or as little as they like. The heavier macaroni and beans will create a louder rainfall sound than the rice and popcorn kernels.

STEP 6: Children can add as much or as little as they like until they reach a “rain sound” of their liking (have them hold the open end closed with their hand and tilt the tube to hear the rain sound).

STEP 7: Once they have the desired amount of objects in the towel roll, tape the other end closed.

STEP 8: There are two options for decorating the rain stick. Option 1 is to cover it tightly with aluminum foil.

STEP 9: Seal both ends. Option 2 is to cover it with construction paper. First, cover the ends by cutting 2 circles that are a little larger than the opening of the paper towel roll. Place on each end and seal with tape.

STEP 10: Then roll the tube tightly with construction paper and glue or tape.

STEP 11: Children can decorate their tubes with fun stickers or draw pictures! ENJOY!





Arts & Crafts

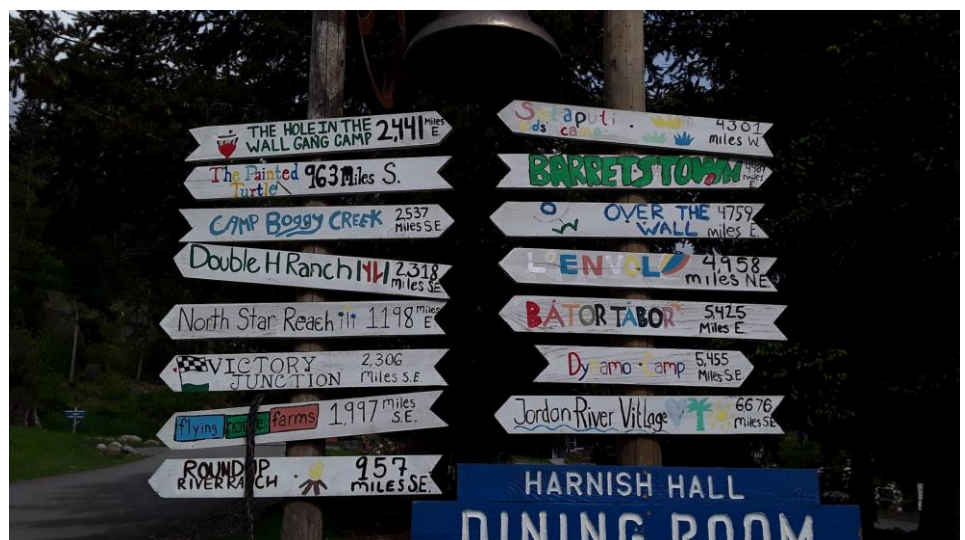


DIRECTIONAL SIGN

Have you ever wondered how far things are from each other? Have you ever wondered just how far it is to travel from your house to your dream destination, or your favorite vacation location, or where your cousins live? Well here is your chance to have a little fun and measure where you are in the world!

Materials needed:

- Cardboard box
- Paint
- Map



CHECK OUT MORE FROM OUR FRIEND PAUL IN IRELAND!

For this activity, I'm going to make a signpost that shows how far away some cool landmarks of the world are from me! For your own, pick out some cool places that you've visited or some new places you would like to visit some day! It can be somewhere far away like the North Pole or somewhere nearby like your best friend's house! You can mix and match and be creative!

I, Paul, chose 7 landmarks from every continent for my directional sign! But you can choose as many as you want! Here are the ones that I chose, as well as how far away they are from my house! I used Google Maps to help us get exact distances, so you can ask a caregiver to help you get the right numbers with Google!



**CHRIST OF THE REDEEMER
RIO DE JANEIRO, BRAZIL
(6,270 MILES)**

**SPHINX
EGYPT
(7,585 MILES)**



**EIFFEL TOWER
PARIS, FRANCE
(5,643 MILES)**



**MT. FUJI
JAPAN
(5,561 MILES)**

**SYDNEY OPERA HOUSE
SYDNEY, AUSTRALIA
(7,507 MILES)**



**SOUTH POLE
ANTARCTICA
(7,730 MILES)**

**CAMP KOREY
WA., USA
(1,223 MILES)**

