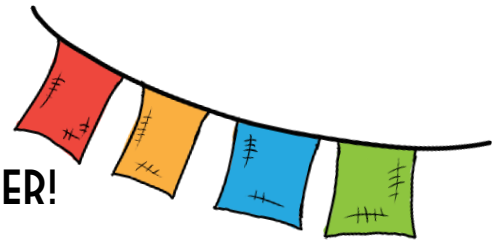


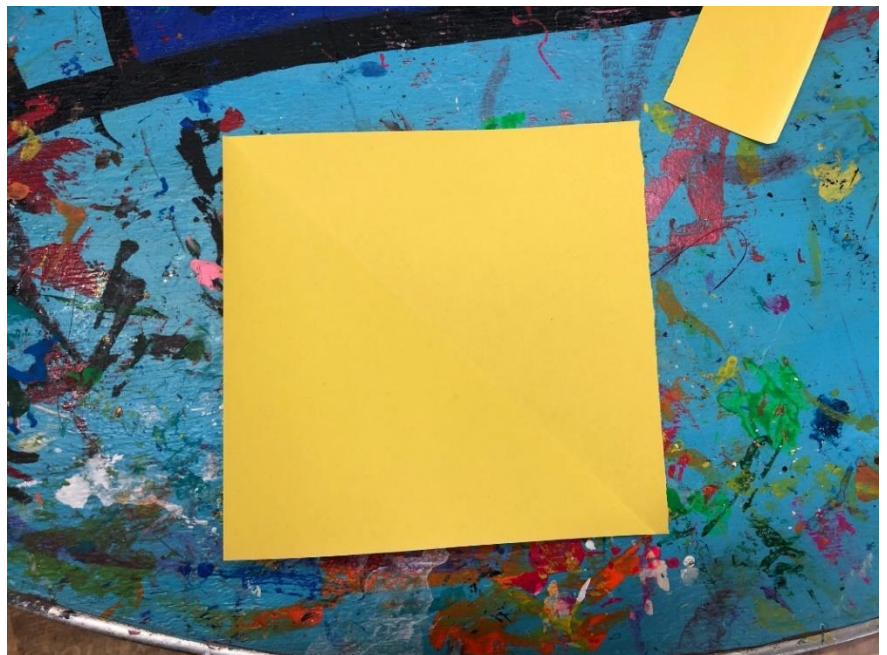
# CHILD LIFE CORNER COPING FORTUNE TELLER!



Hey Camp Korey!

Join us to learn how to make a fortune teller. Start by creating a list of your top 8 coping mechanisms. Creating a healthy level of coping strategies can help manage challenging emotions and can teach us the importance of practicing healthy coping mechanisms.

After you make your list of coping strategies, grab a piece of paper. Make this paper into a square. I did this by folding the paper diagonally and tearing off the rectangle piece.



Next fold the corners in.



Then flip the paper over





Now fold the corners in again.



Now fold in half both ways!

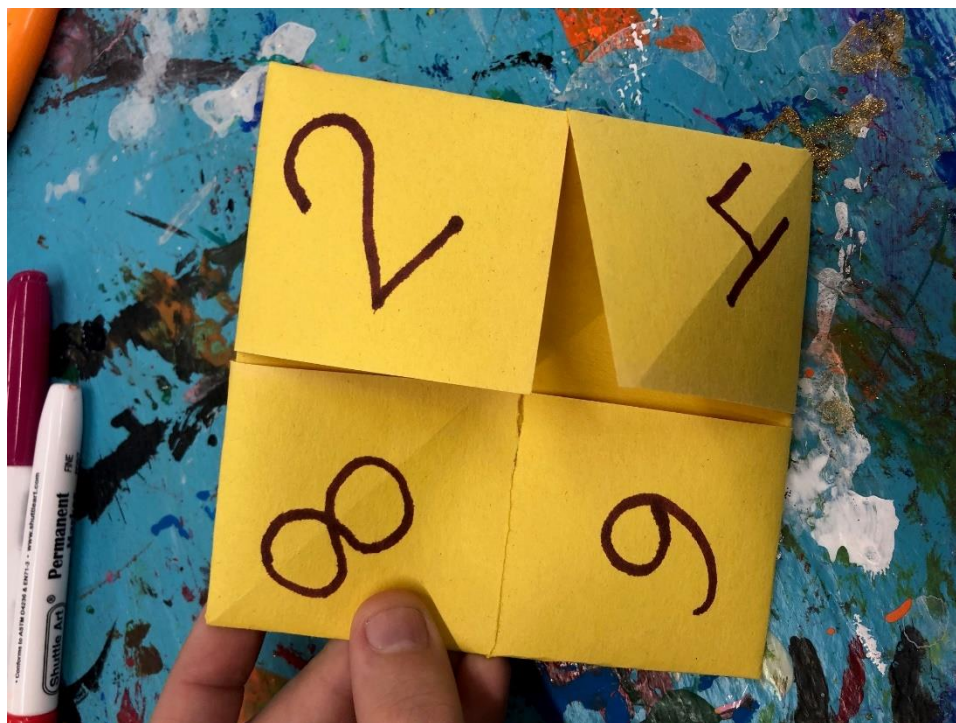




Now you can add decorations! On the inside of the fortune teller you can add different themes. I choose colors and camp activities.

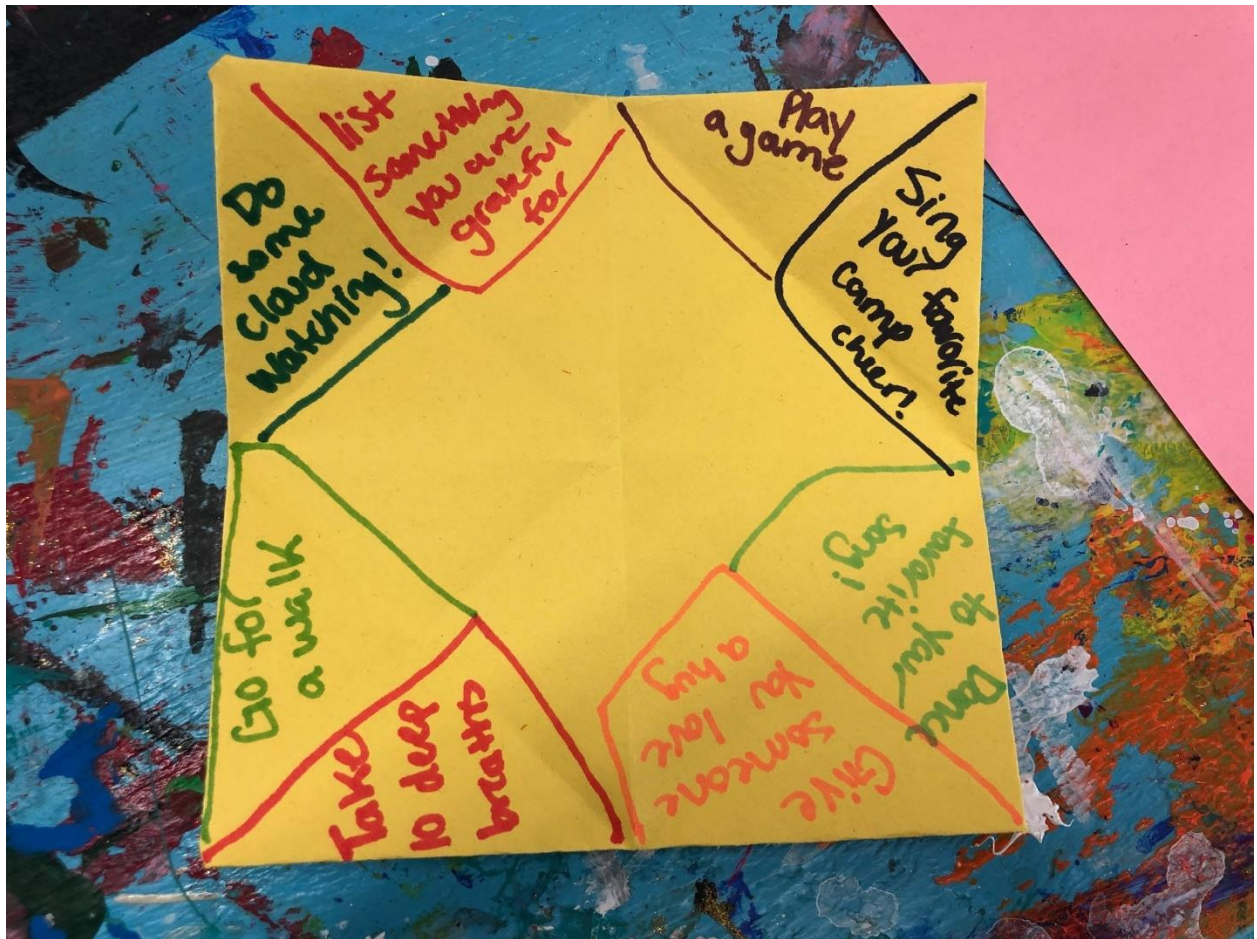


Add numbers on the front of the fortune teller.



Unfold the inside and add your 8 coping strategies.





Finally you can play with your fortune teller!

Thanks for joining!

