



Healing on the Sabbath

January 31, 2021  
Luke 6:1-16

Use this resource at home to guide your household's daily devotions.



**Pray:** Light a candle. Open your devotion with prayer.

**Mighty God, you gave the law to free your people, not sink us further into bondage. May we seek your Spirit of truth in all that we do, that our lives may glorify you always, for the sake of Jesus our Lord. Amen**



**Read:** Read the key verse from Sunday's reading.

**Then Jesus said to them, "I ask you, is it lawful to do good or to do harm on the sabbath, to save life or to destroy it?" (Luke 6:9)**



**Reflect:** Reflect on the scripture summary.

**Jesus ruffled feathers by eating and healing on the Sabbath. But he knew the laws had outgrown their purpose. It was time for God's laws to serve people, and not the other way around.**



**Connect:** Connect in conversation with others in your household.

- What was a high point of your day? What was a low point?
- Which laws give you peace? Which laws give you anxiety? Why?
- Do you honor the Sabbath? Why or why not?
- For the littles: What's the hardest rule to follow? Why?



**Bless:** Close your devotion with a blessing.

**May God give you rest. Amen.**



**Do:** By acting on what we learn, we make God's word come alive. Do the following activity this week.

**Take a Sabbath day. Use the day to refresh and recharge, and to reconnect with God. Avoid letting the day of rest become a burden, and allow it to fill you with God's healing.**



**Go Deeper:** Visit [clergystuff.com/daily-devotions](http://clergystuff.com/daily-devotions).

- Monday: *Jesus Teaches and Heals*, Luke 6:17-26
- Tuesday: *Love for Enemies*, Luke 6:27-30
- Wednesday: *Love for Enemies*, Luke 6:31-38
- Thursday: *Love for Enemies*, Luke 6:39-42
- Friday: *A Tree and Its Fruit*, Luke 6:43-49
- Saturday: *Jesus Speaks in Parables*, Luke 8:1-3