



**Parent Education Resources and Events  
presents**

# **Screens & Memes: Understanding Your Child's Digital Life**

**RSVP: [bit.ly/KidsDigitalLife](http://bit.ly/KidsDigitalLife)**

**Admission is Free!**

**Tuesday, October 9, 2018**

**7:00 - 8:30pm**

**Raymond Fisher Middle School**

**Multi Purpose Room MPR**

**19195 Fisher Ave, Los Gatos, CA 95032**

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Topics include the evolving digital landscape and current trends

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Emotional and psychological responses to technology and social media

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Responding to challenging issues, such as techno-perfection, digital distraction, sleep, and sexting

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Strategies to engage your child with constructive conversation and promote media balance for the entire family



**Gloria Moskowitz-Sweet,**  
PPSC, LCSW was a university lecturer for 20 years and has over 30 years of experience as a school social worker, specializing in the social emotional well being of children and teens.

**My Digital TAT2** has worked with over 20,000 Bay Area students, parents, and educators, facilitating discussions about the role of social media in their lives.

**My Digital TAT2** is a non-profit organization. Learn about our mission and how to support our work: [www.mydigitaltat2.org](http://www.mydigitaltat2.org)

**The Parenting Continuum** is a community alliance empowering parents to nurture the whole child and the whole family; focusing on providing parent education and resources to parents of children in grades K-12. We are a group of volunteer parents who care and who want to bring awareness, support, and resources to support the navigation of our parenting journeys. [www.parentingcontinuum.org](http://www.parentingcontinuum.org)