



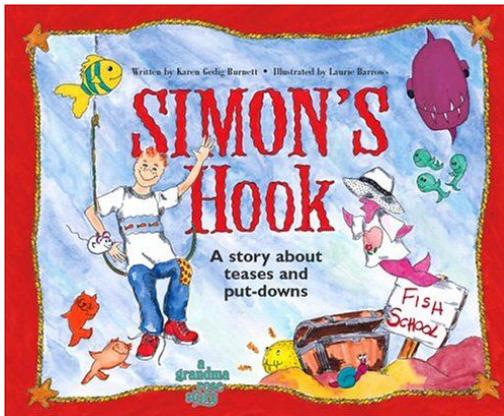
WE ARE A CORNERSTONE SCHOOL

The 2018-2019
Cornerstone focus is:
Growing UPstanders!

Cornerstone Corner

Spotlight on October's Character Trait

Leadership



In October, ABC Readers are reading *Simon's Hook* by Karen Gedig Burnett. This empowering book teaches us how to react to teases and put-downs, which we can think of as bait on hooks.

While you cannot control other people's behavior, you can control how you react!

In the book, Simon's neighbor, Grandma Rose, teaches him five strategies to avoid *taking the bait* and being a target of his friends who are exhibiting *bucket dipper* behaviors.

DO LITTLE OR DON'T REACT

- It's no big deal unless you make it a big deal.
- Look at them, then go back to what you were doing.
- Say things like: "Whatever..." "Really?" "That's interesting." "Thank you for telling me."

AGREE

- Say: "You're right, I am." "It's true."
- You can agree that it happens *sometimes*.
- Kind-of agree: "That could be." "Maybe I am." "You're *probably* right."

When you are being TEASED, learn to SWIM FREE.

DISTRACT & CHANGE THE SUBJECT

- Point to something else.
- Ask them a question.
- Talk on and on and on about something.

LAUGH & MAKE A JOKE

- Tease or make a joke out of the hook.
- Laugh at yourself.
- Make sure you don't laugh at or make a joke about them.

STAY AWAY/SWIM AWAY

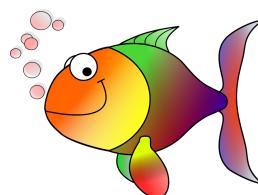
- Stay away from people who throw hooks.
- Find something else to do. Keep busy.
- Leave.

To learn more about how to handle teases and put-downs, visit www.grandmarose.com.

When you discuss teasing and bullying at home, use these terms and remind children they have choices and power in a teasing situation!

Don't take the bait!

Swim Free!



For additional information about Project Cornerstone please visit:

www.projectcornerstone.org

Questions? Please contact Jessie Geis and Michele Grancell,

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